

# 2024

## **Cambridge Public Schools Teen Health Survey**

High School Executive Summary

---



In partnership with JSI Research & Training Institute, Inc.

## Background

The Cambridge Teen Health Survey was administered in May 2024 to high school students in grades 9, 10, 11, and 12. Overall, 1,512 student surveys were included in the final analysis, representing 77.1% of the total high school population. The following are the leading findings organized by key topic areas. Note that statically significant differences are highlighted. In these instances, a positive or negative result (percentage) is unlikely to be explained solely by chance or random factors

## Summary

The table below shows a summary of the 2024 findings by topic area in comparison to prior years.

- A green dot represents an improvement compared to prior years
- A red dot represents a worsening compared to prior years
- A gray dot represents no change compared to prior years

Mental Health	Protective Factors	Discrimination in School	
General	● Family support	● Race or ethnicity	●
Stress	● Friend support and friendship	● Sex or gender identity	●
Depression	● Teacher/school adult support	● Sexual orientation	●
Self-harm	● Sleep	●	
Suicidal ideation	●		
Suicide Attempts	●		
Bullying	Substance Use	Violence & Safety	
In school	● Lifetime use	● Sexual violence	●
Electronically	● Current use	● Safety traveling to/in school	●
		Emotional dating violence	●
Physical Activity	Nutrition		
Activity per day	● Food insecurity	●	

The findings for each topic area are broken down in more detail on subsequent pages.

## Mental Health (depression, stress, self-harm, and suicide)

● **General.** The percentage of high school students who reported that their mental health was not good sometimes, most of the time, or always in the past 30 days decreased from 63% in 2022 to 54% in 2024.

- There were several statistically significant differences between demographic groups:
  - *Grade:* Students in 9th grade (45%) were significantly less likely and students in 12th grade (66%) were significantly more likely than the average high school student to report that their mental health was not good sometimes, most of the time, or always in the past 30 days,
  - *Gender:* Female students (72%) and transgender or gender diverse (TGD) students (81%) were significantly more likely and male students (36%) were significantly less likely than the average high school student to report that their mental health was not good sometimes, most of the time, or always in the past 30 days,
  - *Sexual Orientation:* Heterosexual students (45%) were significantly less likely and LGBTQ+ students (80%) were significantly more likely than the average high school student to report that their mental health was not good sometimes, most of the time, or always in the past 30 days,

● **Stress.** The percentage of high school students who reported that they worried fairly or very often about school issues in the past 30 days, decreased slightly from 65% in 2022 to 62% in 2024.

- There were several statistically significant differences between demographic groups:
  - *Gender:* Female students (76%) were significantly more likely and male students (50%) were significantly less likely than the average high school student to worry fairly often or very often about school issues in the past 30 days.
- While not statistically significant, 84% of Hispanic/Latino (H/L) students and 72% of LGBTQ+ students reported that they worried fairly or very often about school issues in the past 30 days.

● **Depression.** In 2024, the percentage of high school students who reported experiencing depression in the past 12 months (26%) decreased for the first time since 2014.

- There were several statistically significant differences between demographic groups:
  - *Gender:* Female students (35%) were significantly more likely and male students (17%) were significantly less likely than the average high school student to experience depression in the past 30 days.
  - *Sexual Orientation:* Heterosexual students (20%) were significantly less likely and LGBTQ+ students (42%) were significantly more likely than the average high school student to experience depression in the past 30 days.
- While not statistically significant 41% of TGD students and 34% of multi-racial students reported that they experienced depression the past 12 months.

● **Self-Harm.** The percentage of high school students who engaged in self-harm during the past 12 months decreased from 17% in 2022 to 11% in 2024.

- There were several statistically significant differences between demographic groups:
  - *Gender:* TGD students (33%) were significantly more likely and male students (6%) were significantly less likely than the average high school student to engage in self-harm in the past 30 days.

- *Sexual Orientation*: Heterosexual students (6%) were significantly less likely and LGBTQ+ students (23%) were significantly more likely than the average high school student to engage in self-harm in the past 30 days.
- *Race*: Black students (6%) were significantly less likely and multi-racial students (20%) were significantly more likely than the average high school student to engage in self-harm in the past 30 days.
- While not statistically significant, 16% of students with an IEP engaged in self-harm.

● **Suicidal Ideation**. The percentage of high school students who considered attempting suicide in the past 12 months decreased from 20% in 2022 to 13% in 2024.

- There were several statistically significant differences between demographic groups:
  - *Gender*: TGD students (34%) were significantly more likely than the average high school student to make a consider attempting suicide in the past 30 days.
  - *Sexual Orientation*: Heterosexual students (8%) were significantly less likely and LGBTQ+ students (27%) were significantly more likely than the average high school student to consider attempting suicide in the past 30 days.
- While not statistically significant, 20% of multi-racial students, 19% of students with an IEP, and 18% of H/L students considered attempting suicide in the past 12 months.

● **Suicide Attempts**. The percentage of high school students who attempted suicide increased from 2% in 2022 to 3% in 2024.

- There were several statistically significant differences between demographic groups:
  - *Grade*: Students in 12th grade (0%) were significantly less likely than the average high school student to attempt suicide in the past 12 months.
  - *Race*: Asian students (1%) were significantly less likely than the average high school student to attempt suicide in the past 12 months.
  - *Ethnicity*: H/L students (7%) were significantly more likely than the average high school student to attempt suicide in the past 12 months.
- While not statistically significant, 9% of TGD students, 7% of students of another race<sup>1</sup>, and 6% of LGBTQ+ students attempted suicide in the past 12 months.

## Protective Factors

The percentage of high school students with social supports continued to increase since 2021 when students spent the majority of the school year in remote learning

● **Family**. The percentage of high school students who reported that they had a family adult to talk to about a problem increased from 57% in 2021 to 66% in 2022 to 82% in 2024.

● **Friends**. The percentage of high school students who reported having a friend of similar age to talk to about a problem increased from 70% in 2021 to 78% in 2022, to 85% in 2024. The percentage of high school students having three or more close friends has increased from 59% in 2021 to 63% in 2022 to 67% in 2024.

---

<sup>1</sup> "Another race" is defined as students whose race does not fall into the Asian, Black or African American, White, or multi-racial categories.

● **Teacher or Other Adults in School.** The percentage of high school students who reported having a teacher or other adult at school to talk to about a problem increased from 34% in 2021 to 51% in 2022 and 70% in 2024.

- Students in 12<sup>th</sup> grade were significantly more likely than the average high school student to have a teacher or other adult in school to talk to about a problem.
- While no statistically significant, students of another race (61%), students in 9<sup>th</sup> grade (64%), and Black students (64%) were least likely to have a teacher or other adult in school to talk to about a problem.

● **Sleep.** The percentage of high school students who reported sleeping 8 or more hours on a regular school night increased from 26% in 2018 to 34% in 2024. (2021 and 2022 data are not available).

- There were several statistically significant differences between demographic groups:
  - **Grade:** Students in 12<sup>th</sup> grade (20%) were significantly less likely than the average high school student to get 8+ hours of sleep on a regular school night while students in 9<sup>th</sup> grade (43%) were significantly more likely than the average student to get 8+ hours of sleep.
  - **Race:** Black students (24%) were significantly less likely than the average high school student to get 8+ hours of sleep on a regular school night while White students (42%) were significantly more likely than the average student to get 8+ hours of sleep.

## Discrimination in School

In this section we define discrimination as being treated badly or unfairly sometimes, most of the time, or always in the past 12 months.

● **Race/Ethnicity.** The percentage of high school students that reported experiencing discrimination because of their race/ethnicity decreased from 14% in 2022 to 10% in 2024.

- While not statistically significant, 16% of Asian students, 15% of students of another race, and 13% of Black students reported experiencing discrimination because of their race/ethnicity. White students (5%) were significantly less likely than the average high school student to experience discrimination because of their race/ethnicity.

● **Sex/Gender Identity.** The percentage of high school students that reported experiencing discrimination because of their sex/gender identity decreased from 17% in 2022 to 10% in 2024.

- There were several statistically significant differences between demographic groups:
  - **Gender:** Female students (15%) and TGD students (24%) were significantly more likely and male students (5%) were significantly less likely than the average high school student to experience discrimination because of their sex/gender identity.
  - **Sexual Orientation:** Heterosexual students (6%) were significantly less likely and LGBTQ+ students (21%) were significantly more likely than the average high school student to experience discrimination because of their sex/gender identity.

● **Sexual Orientation.** The percentage of high school students that reported experiencing discrimination because of their sexual orientation decreased from 6% in 2022 to 4% in 2024.

- There were several statistically significant differences between demographic groups:
  - **Gender:** TGD students (14%) were significantly more likely than the average high school student to experience discrimination because of their sexual orientation.

- *Sexual Orientation*: Heterosexual students (1%) were significantly less likely and LGBTQ+ students (11%) were significantly more likely than the average high school student to experience discrimination because of their sexual orientation.

## Bullying

● **Bullying In School**. The percentage of high school students that were bullied on school property in the past 12 months remained unchanged from 2022 to 2024 (9%, respectively).

- While not statistically significant, 21% of students of another race, 15% of students with an IEP, and 11% of LGBTQ+ students reported being bullied on school property in the past 12 months.

● **Electronic Bullying**. The percentage of high school students that were electronically bullied in the past 12 months decreased from 9% in 2022 to 7% in 2024.

- While not statistically significant, 12% of TGD students, 10% of LGBTQ+ students, and 10% of multi-racial students reported that they were electronically bullied in the past 12 months.

## Substance Use

● **Lifetime Substance Use**. High school students were asked if they had ever used a variety of substances. Overall, 39% reported ever drinking alcohol, 21% reported ever using electronic vapor products, 24% reported ever using marijuana, and 15% reported ever smoking cigarettes.

- Alcohol use, EVP use, and marijuana use have remained consistent or decreased since 2022. However, cigarette smoking increased from 10% in 2022.

● **Current Substance Use**. High school students were asked if they used a variety of substances in the past 30 days (currently). Overall, 19% reported currently drinking alcohol, 21% reported currently binge drinking, 15% reported currently using marijuana, and 6% reported currently smoking cigarettes.

- Current alcohol and marijuana use decreased since 2022, while current EVP use and cigarette smoking increased.

## Violence and Safety

● **Sexual Violence**. The percentage of high school students who reported ever experiencing sexual violence decreased from 15% in 2022 to 9% in 2024.

- There were several statistically significant differences between demographic groups:
  - *Gender*: Female students (15%) were significantly more likely and male students (4%) were significantly less likely than the average high school student to have ever experienced sexual violence.
  - *Sexual Orientation*: Heterosexual students (5%) were less likely and LGBTQ+ students (19%) were significantly more likely than the average high school student to have ever experienced sexual violence.
  - *Race*: Asian students (4%) were significantly less likely than the average high school student to have ever experienced sexual violence.
  - *Ethnicity*: H/L students (16%) were significantly more likely than the average high school student to have ever experienced sexual violence.

- Improvement
- Worsening
- No change

● **Emotional Dating Violence of Control.** The percentage of high school students who experienced emotional dating violence or control in the past 12 months increased from 4% in 2022 to 10% in 2024.

- While not statistically significant, 15% of H/L students, 13% of students with an IEP, 13% of LGBTQ+ students, and 12% of female students reported experiencing emotional dating violence or control in the past 12 months.

● **Safety.** The percentage of high school students who reported skipping school for fear of their safety decreased from 12% in 2022 to 8% in 2024.

- H/L students (15%) were significantly more likely than the average high school student to skip school because they felt unsafe in the past 30 days.
- While not statistically significant, 12% of students with an IEP, 12% of students of another race, 11% of female students, and 11% of multi-racial students skipped school because they felt unsafe in the past 30 days.

## Physical Activity and Nutrition

● **Physical Activity per Day.** The percentage of high school students who engaged in 60 or more minutes of physical activity on at least 5 of the past 7 days increased from 46% in 2022 to 52% in 2024.

- There were several statistically significant differences between demographic groups:
  - **Gender:** Male students (59%) were significantly more likely than the average high school students to engage in 60+ minutes of physical activity on 5 of the past 7 days.
  - **Race:** Black students (44%) were significantly less likely and White students (61%) were significantly more likely than the average high school students to engage in 60+ minutes of physical activity on 5 of the past 7 days.
- While not statistically significant 39% of TGD students and 44% of students in 12<sup>th</sup> grade engaged in 60 or more minutes of physical activity on at least 5 of the past 7 days.

● **Food Insecurity.** Overall, 7% of high school students that went to bed hungry sometimes, most of the time, or always in the past 30 days because there was not enough food in their home. This is the first time this question was asked so there is no trend data.

- White students were significantly less likely than the average high school student to be food insecure in the past 30 days.
- While not statistically significant, 12% of students with an IEP, 11% of Black students, and 10% of students of another race reported that they were food insecure in the past 30 days.

# 2024

## **Cambridge Public Schools Teen Health Survey**

Upper Grades Executive Summary

---



In partnership with JSI Research & Training Institute, Inc.



## Background

The Cambridge Teen Health Survey was administered to five of Cambridge Upper Schools: Amigos, Cambridge Street, Putnam Ave., Rindge Ave., and Vassal Lane. Overall, 1,102 student surveys were included in the final analysis, representing 83% of the total upper grades population. The following are the leading findings organized by key topic areas. Note that statically significant differences are highlighted. In these instances, a positive or negative result (percentage) is unlikely to be explained solely by chance or random factors

## Summary

The table below shows a summary of the 2024 findings by topic area in comparison to prior years.

- A green dot represents an improvement compared to prior years
- A red dot represents a worsening compared to prior years
- A gray dot represents no change compared to prior years

Mental Health	Protective Factors	Discrimination in School	
General	● Family support	● Race or ethnicity	●
Stress	● Friend support and friendship	● Sex or gender identity	●
Depression	● Teacher/school adult support	● Faith or religious belief	●
Self-harm	● Sleep	●	
Suicidal ideation	●		
Suicide Attempts	●		
Bullying	Substance Use	Violence & Safety	
In school	● Lifetime use	● Sexual violence	●
Electronically	●	Safety traveling to/in school	●
Physical Activity	Nutrition		
Activity per day	● Food insecurity	●	

The findings for each topic area are broken down in more detail on subsequent pages.

## Mental Health (depression, stress, self-harm, and suicide)

● **General.** The percentage of upper grades students who described their mental health as not good sometimes, most of the time, or always in the past 30 days decreased slightly from 45% in 2022 to 44% in 2024. The 2024 rate is still higher than in 2021, when it was at 40%.

- There were several statistically significant differences between demographic groups.
  - *Gender:* Transgender or gender diverse (TGD) students (82%) were significantly more likely than the average upper grades student to describe their mental health as not good sometimes, most of the time, or always in the past 30 days.
  - *Sexual Orientation:* LGBQ+ students (71%) were significantly more likely and heterosexual students were significantly less likely than the average upper grades student to describe their mental health as not good sometimes, most of the time, or always in the past 30 days.

● **Stress.** The percentage of upper grades students who worried fairly or very often about school issues in the past 30 days increased from 36% in 2022 to 46% in 2024.

- Male students were significantly less likely than the average upper grades student to worry fairly or very often about school issues in the past 30 days.
- While not statistically significant, 64% of TGD students, 63% of LGBQ+ students, and 57% of female students reported that they worried fairly or very often about school issues in the past 30 days.

● **Depression.** The percentage of upper grades students that reported experiencing depression in the past 12 months decreased slightly from 22% in 2022 to 21% in 2024.

- There were several statistically significant differences between demographic groups.
  - *Gender:* TGD students (41%) were significantly more likely than the average upper grades student to experience depression in the past 12 months.
  - *Sexual Orientation:* Heterosexual students (17%) were significantly less likely and LGBQ+ students (35%) were significantly more likely than the average upper grades student experience depression in the past 12 months.
- While not statistically significant, 33% of students of another race<sup>1</sup>, 28% of Hispanic/Latino (H/L) students, and 26% of female students experienced depression in the past 12 months.

● **Self-Harm.** The percentage of upper grades students who engaged in self-harm in the past 12 months remained unchanged from 2022 to 2024 (12%, respectively).

- There were several statistically significant differences between demographic groups.
  - *Gender:* Male students (7%) were significantly less likely and TGD students (42%) were significantly more likely than the average upper grades student to engage in self-harm in the past 12 months.
  - *Sexual Orientation:* Heterosexual students (8%) were significantly less likely and LGBQ+ students (29%) were significantly more likely than the average upper grades student to engage in self-harm in the past 12 months.
- While not statistically significant, 18% of multi-racial students, 17% of H/L students, and 14% of White, female, and students with an IEP engaged in self-harm in the past 12 months.

---

<sup>1</sup> "Another race" is defined as students whose race does not fall into the Asian, Black or African American, White, or multi-racial categories.

● **Suicidal Ideation.** The percentage of upper grades students who have considered attempting suicide remained unchanged from 2022 to 2024 (14%, respectively).

- There were several statistically significant differences between demographic groups.
  - TGD students (40%) were significantly more likely than the average upper grades student to have considered attempting suicide in the past 12 months.
  - LGBTQ+ students (29%) were significantly more likely than the average upper grades student to consider attempting suicide in the past 12 months.

● **Suicide Attempts.** The percentage of upper grades students who attempted suicide has remained unchanged from 2022 to 2024 (2% respectively).

## Protective Factors

The percentage of upper grades students with social supports continued to increase since 2021 when students spent the majority of the school year in remote learning

● **Family.** The percentage of upper grades students who reported that they had a family adult to talk to about a problem increased from 56% in 2021 to 65% in 2022 to 79% in 2024.

● **Friendship.** The percentage of upper grades students who reported having a friend of similar age to talk to about a problem increased from 56% in 2021 to 70% in 2022, to 82% in 2024. The percentage of upper grades students having three or more close friends has increased from 68% in 2021 to 78% in 2022 and 2024, respectively.

● **Teachers or Other Adults in School.** The percentage of upper grades students who reported having a teacher or other adult at school to talk to about a problem increased from 31% in 2021 to 45% in 2022 to 62% in 2024.

- While not statistically significant, Asian students (50%), TGD students (53%) and students in 7<sup>th</sup> grade (50%) were least likely to report having a teacher or other adult at school to talk to about a problem.

● **Sleep.** The percentage of upper grades students who reported sleeping 8 or more hours on a regular school night decreased from 64% in 2018 to 61% in 2024 (2021 and 2022 data are not available).

- There were several statistically significant differences between demographic groups:
  - *Gender:* Male students were significantly more likely than the average upper grades student to sleep 8 or more hours on an average school night.
  - *Sexual Orientation:* LGBTQ+ students were significantly less likely than the average upper grades student to sleep 8 or more hours on an average school night.
  - *Race:* Black students were significantly less likely and White students were significantly more likely than the average upper grades student to sleep 8 or more hours on an average school night.

## Discrimination in School

In this section we define discrimination as being treated badly or unfairly sometimes, most of the time, or always in the past 12 months.

- **Race/Ethnicity.** The percentage of upper grades students who reported experiencing discrimination because of their race/ethnicity increased from 3% in 2021 to 12% in 2022 to 16% in 2024.
  - White students (7%) were significantly less likely than the average upper grades student to have experienced discrimination due to their race/ethnicity.
  - While not statistically significant, 25% of Asian students, 23% of Black students, and 22% of multi-racial students reported experiencing discrimination due to their race/ethnicity.
- **Sex/Gender Identity.** The percentage of upper grades students who reported experiencing discrimination because of their sex/gender identity remained unchanged from 2022 to 2024 (13%, respectively).
  - There were several statistically significant differences between demographic groups.
    - TGD students (46%) were significantly more likely than the average upper grades student to have experienced discrimination because of other sex/gender identity.
    - LGBTQ+ students (30%) were significantly more likely than the average upper grades students to have experienced discrimination because of other sex/gender identity.
- **Faith/Religious Beliefs.** The percentage of upper grades students that reported experiencing discrimination because of their faith/religious beliefs increased from 7% in 2022 to 9% in 2024.
  - While there were no significant differences, 14% of multi-racial and 14% of multi-racial students reported experiencing discrimination because of their faith/religious beliefs.

## Bullying

- **Bullying In School.** The percentage of upper grades students that were bullied on school property in the past 12 months increased from 21% in 2022 to 23% in 2024.
  - There were several statistically significant differences between demographic groups.
    - *Gender:* TGD students (39%) were significantly more likely than the average upper grades student to be bullied on school property in the past 12 months.
    - *Sexual Orientation:* LGBTQ+ students (34%) were significantly more likely than the average upper grades student to be bullied on school property in the past 12 months.
  - While not statistically significant, 29% of students in 6<sup>th</sup> grade, 28% of students of another race, and 27% of multi-racial students reported being bullied on school property in the past 12 months.
- **Electronic Bullying.** The percentage of upper grades students that were electronically bullied in the past 12 months decreased remained unchanged from 2022 to 2024 (12% respectively).
  - While not statistically significant, 17% of students with an IEP, 15% of LGBTQ+ students, and 15% of Black students reported being electronically bullied in the past 12 months.

## Substance Use

● **Lifetime Use.** Upper grades students were asked if they have ever used a variety of substances. Overall, 14% reported ever drinking alcohol, 7% reported ever using electronic vapor products, 3% reported ever using marijuana, and 4% reported ever smoking cigarettes.

- Alcohol use, EVP use, and cigarette smoking increased from 2022 to 2024, while marijuana use remained unchanged.

## Violence and Safety

● **Sexual Violence.** The percentage of upper grades students who reported ever experiencing sexual violence decreased from 7% in 2022 to 4% in 2024.

- H/L students (9%) were significantly more likely than the average upper grades student to have ever experienced sexual violence.
- While not statistically significant, 7% of TGD students, 7% of LGBTQ+ students, 7% of students with an IEP, and 7% of multi-racial students reported ever experiencing sexual violence.

● **Safety.** The percentage of upper grades students who stayed home from school for fear of their safety in the past 30 days has decreased for the first time since 2017 to 10%.

- There were several statistically significant differences between demographic groups.
  - White students (5%) were significantly less likely than the average upper grades student to skip school because they felt unsafe in the past 30 days.
  - Hispanic/Latino students (18%) were significantly more likely than the average upper grades student to skip school because they felt unsafe in the past 30 days.
- While not statistically significant, 16% of students of another race, 14% of Black students, 13% of students with an IEP skipped school because they felt unsafe in the past 30 days.

## Physical Activity and Nutrition

● **Physical Activity per Day.** The percentage of upper grades students who engaged in 60 or more minutes of physical activity on 5 of the past 7 days increased to 56% in 2024, the highest percentage since 2015.

- There were several statistically significant differences between demographic groups.
  - Male students (66%) were significantly more likely than the average upper grades student to engage in 60+ minutes of physical activity on 5 of the past 7 days.
  - Students on an IEP were significantly less likely than the average upper grades student to engage in 60+ minutes of physical activity on 5 of the past 7 days.

● **Food Insecurity.** Overall, 7% of upper grades students that went to bed hungry sometimes, most of the time, or always in the past 30 days because there was not enough food in their home. This is the first time this question was asked so there is no trend data.

- While not statistically significant, 13% of students of another race, 12% of H/L students, 11% of students with an IEP, and 11% of TGD students reported that they were food insecure in the past 30 days.

# 2024

# **Cambridge Public Schools Teen Health Survey Full Report**



In partnership with JSI Research & Training Institute, Inc.

# Table of Contents

---

About the Student Health Survey	3
Reporting on the Youth Health Survey	4
High School Results	5
Upper Grades Results	53

# About the Teen Health Survey

---

Cambridge Public Schools (CPS) has conducted a student health survey to capture vital information related to health status and certain behaviors that have been deemed as putting the health of at-risk. A version of this survey has been administered bi-annually to high school students since 1992 and upper grade students since 1997. The Cambridge Public Health Department (CPHD) engaged JSI Research & Training Institute, Inc. (JSI), a public health consulting firm, to support the 2024 Teen Health Survey. JSI worked with CPHD and CPS to refine the survey instrument based on the United States Centers for Disease Control and Prevention (CDC) Youth Risk Behavior Survey (YRBS) and the Massachusetts Department of Public Health's Youth Health Survey (YHS). These national and State instruments, as well as the CPS survey health survey, are updated every two years in response to emerging health issues.

## SURVEY ADMINISTRATION & CONSENT PROCESS

JSI designed a self-administered, online survey using a nationally recognized, specialized survey platform called Alchemer. In addition to English, the survey was translated into Amharic, Arabic, Bengali, Haitian Creole and Spanish. CPS developed a standard survey administration plan and schedule unique to each upper grades and high school. Survey administration occurred during the students' regular class time.

Prior to administration, Cambridge was provided additional, tailored assistance with respect to implementing the student opt-out process, confidentiality practices, and other procedures to ensure the quality and integrity of the data collection process. Schools obtained passive parental permission. An explanation was provided to parents around the purpose of the survey and they were given the opportunity to have their child "opt out" of taking it. Individual student surveys are never shared, but are combined to create school-specific datasets.

## DATA CLEANING

Online administration of the survey allowed for results to be immediately transferred to JSI's secure computer servers, where the data were aggregated and analyzed using SAS 9.4 (SAS Institute Inc., Cary, NC). The raw data set was reviewed for completeness and the amount of time students took to respond to the questions. Records where a student started but did not complete any of the survey questions, completed less than 50% of the questions, or had a high rate of response but took less than 50% of the average time to complete the survey were marked as incomplete and excluded from the analysis.



# Reporting on the Youth Health Survey

---

The purpose of this report is to highlight key upper grades and high school findings for eight domains: safety, discrimination, violence-related behaviors and experiences, mental health, substance use, sexual behaviors, physical activity and nutrition, and protective factors. Data are reported and analyzed for all students in Cambridge, as well as by grade, gender identity, sexual orientation, race, ethnicity, and IEP Status.

The information provided is meant to highlight key themes and provide a perspective on how the district-specific data compares to the prior year and State benchmark data. Confidence intervals were used to test for the significance of the findings within each demographic category. Of note, while statistical differences are highlighted throughout the report, there are areas where *substantive* differences may exist but were underpowered (i.e., small sample size) to detect and note *statistically significant* differences. Cambridge has been provided detailed data outputs and raw reports that allow them to look more carefully at data from each question on the survey, including information that allows the school districts to analyze their data by specific demographic cohorts.

## KEY TERMS AND ACRONYMS

Term	Description
THS	Teen Health Survey
MA '23	2023 Massachusetts Youth Health Survey
MA '21	2021 Massachusetts Youth Health Survey
MA '19	2019 Massachusetts Youth Health Survey
6	6th grade
7	7 <sup>th</sup> grade
8	8 <sup>th</sup> grade
9	9 <sup>th</sup> grade
10	10 <sup>th</sup> grade
11	11 <sup>th</sup> grade
12	12 <sup>th</sup> grade
M	Male
F	Female
TGD	Transgender and Gender Diverse (non-binary, genderfluid, genderqueer, transgender, questioning, etc.)
HS	Heterosexual
LGBQ+	Lesbian, gay, bisexual, another sexual orientation, questioning, etc.
MR	Multi-Racial
HL	Hispanic or Latino/a
IEP	Individualized education plan
EVP	Electronic vapor product
PD	Prescription drug

# 2024

## **Cambridge Public Schools Teen Health Survey**

High School Results

---

## 2024 High School Sample

In 2024, 1,719 high school students participated in Cambridge Teen Health Survey. Among the students that participated, 207 were marked as incomplete and excluded from the final data set used in the analysis. **This resulted in a sample of 1,512 students.** The table below shows a distribution of accepted survey respondents by grade, gender identity, sexual orientation, race, and ethnicity.

<b>Grade</b>	
9 <sup>th</sup>	474
10 <sup>th</sup>	399
11 <sup>th</sup>	356
12 <sup>th</sup>	279
<b>Gender Identity</b>	
Woman or girl	675
Man or boy	749
TGD	65
Did not understand/Chose not to respond	16
<b>Sexual Orientation</b>	
Heterosexual	989
LGBQ+	405
Did not understand /Chose not to respond	96
<b>Race</b>	
Asian	194
Black	411
White	563
Another race	59
Multi-racial	214
<b>Ethnicity</b>	
HL	246
Not HL	1238
<b>IEP Status</b>	
IEP	234
Not IEP	1024

This analysis includes surveys from 77.1% of the high school student population. The table below shows the distribution of accepted survey respondents and 2023-2024 Cambridge high school enrollment numbers by grade.

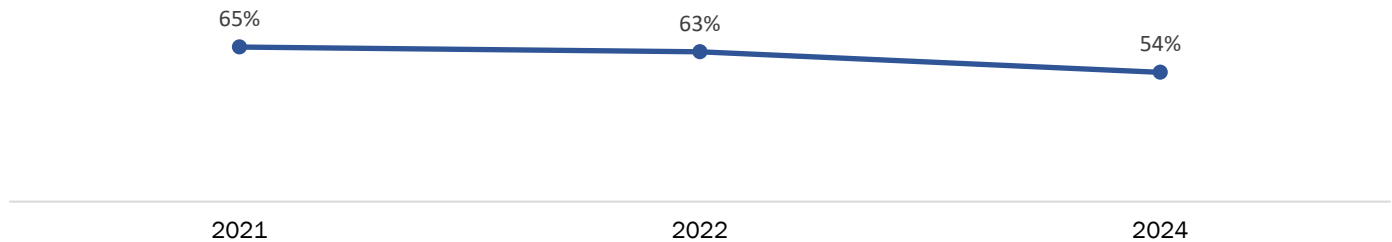
Grade	YHS Participation	Enrollment	Participation Rate
9 <sup>th</sup>	474	533	88.9%
10 <sup>th</sup>	399	495	80.6%
11 <sup>th</sup>	356	491	72.5%
12 <sup>th</sup>	279	438	63.7%

# Mental Health

# Mental Health

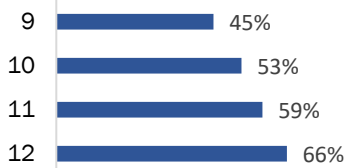
## GENERAL

Overall, 54% of high school students reported that their mental health was not good sometimes, most of the time, or always. *There is no statewide comparison data.*

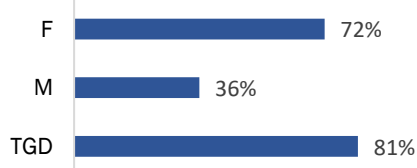


The graphs below show a breakdown of 2024 data by different demographic groups.

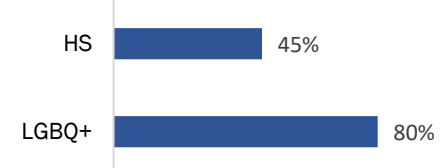
### Grade



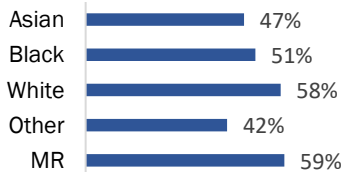
### Gender



### Sexual Orientation



### Race



### Ethnicity



### IEP Status



**Grade:** Students in 9<sup>th</sup> grade were significantly less likely and students in 12<sup>th</sup> grade were significantly more likely than the average high school student to report that their mental health was not good sometimes, most of the time, or always in the past 30 days,

**Gender:** Female and TGD students were significantly more likely and male students were significantly less likely than the average high school student to report that their mental health was not good sometimes, most of the time, or always in the past 30 days,

**Sexual Orientation:** Heterosexual students were significantly less likely and LGBQ+ students were significantly more likely than the average high school student to report that their mental health was not good sometimes, most of the time, or always in the past 30 days,

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

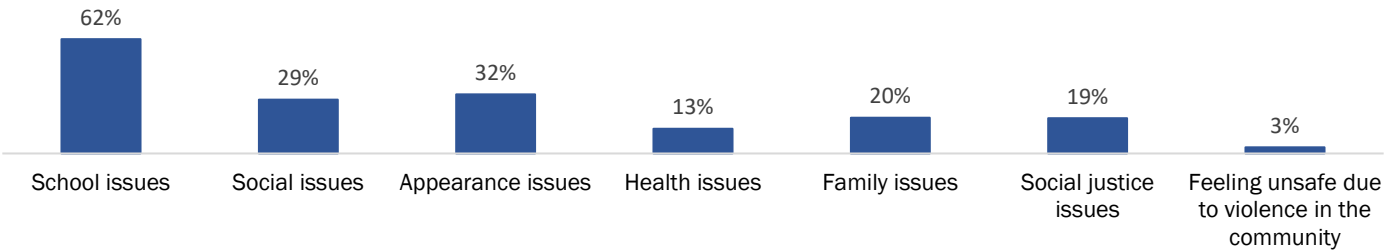
**IEP Status:** There were no significant differences.

Q: During the past 30 days, how often did you struggle with your mental health?

# Mental Health

## STRESS

Overall, high school students were most likely to worry fairly or very often about school issues (62%), followed by social issues (29%), appearance issues (32%), health issues (13%), family issues (20%), social justice issues (19%), and community violence (3%). *There is no statewide comparison data.*

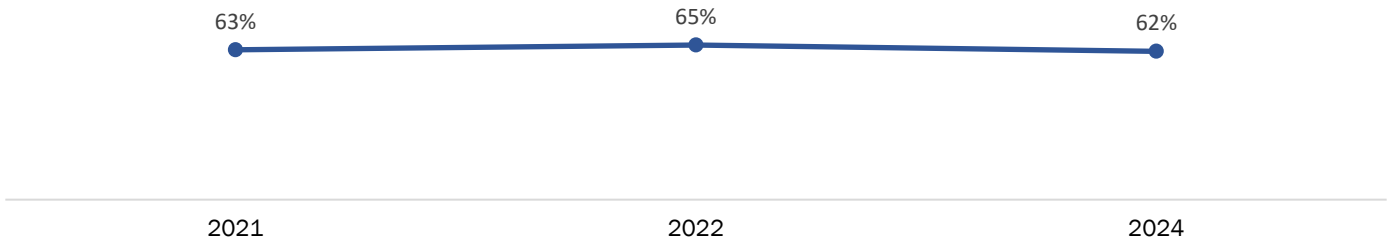


Q: During the past 30 days, how often did you worry about the following issues?

# Mental Health

## STRESS ABOUT SCHOOL ISSUES

Overall, 62% of high school students reported worrying fairly often or very often about school issues in the past 30 days. *There is no statewide comparison data.*

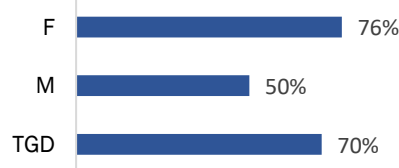


The graphs below show a breakdown of 2024 data by different demographic groups.

### Grade



### Gender



### Sexual Orientation



### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** Female students were significantly more likely and male students were significantly less likely than the average high school student to worry fairly often or very often about school issues in the past 30 days.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

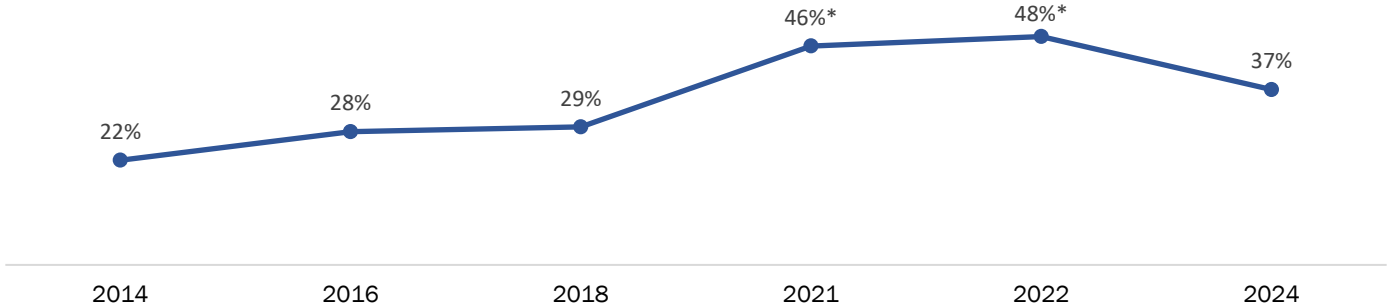
**IEP Status:** There were no significant differences.

Q: During the past 30 days, how often did you worry about the following issues?

# Mental Health

## ANXIETY

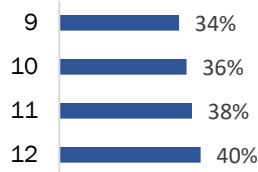
Overall, 37% high school students felt tense, nervous, or worried every day for two or more weeks in a row that they stopped doing some usual activities (i.e., experienced anxiety) in the past 30 days. *There is no statewide comparison data.*



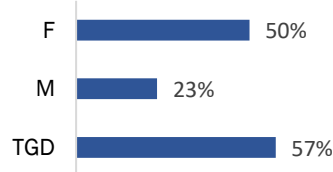
\*Note that these questions were asked about experienced anxiety in the past 12 months and comparisons to other years should be made with caution.

The graphs below show a breakdown of 2024 data by different demographic groups.

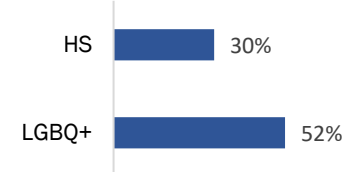
### Grade



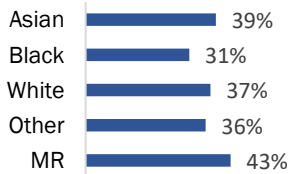
### Gender



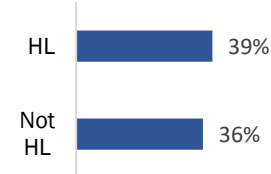
### Sexual Orientation



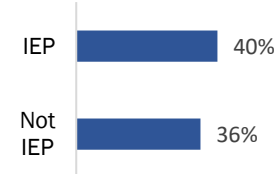
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** Female and TGD students were significantly more likely and male students were significantly less likely than the average high school student to experience anxiety in the past 30 days.

**Sexual Orientation:** Heterosexual students were significantly less likely and LGBQ+ students were significantly more likely than the average high school student to experience anxiety in the past 30 days.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

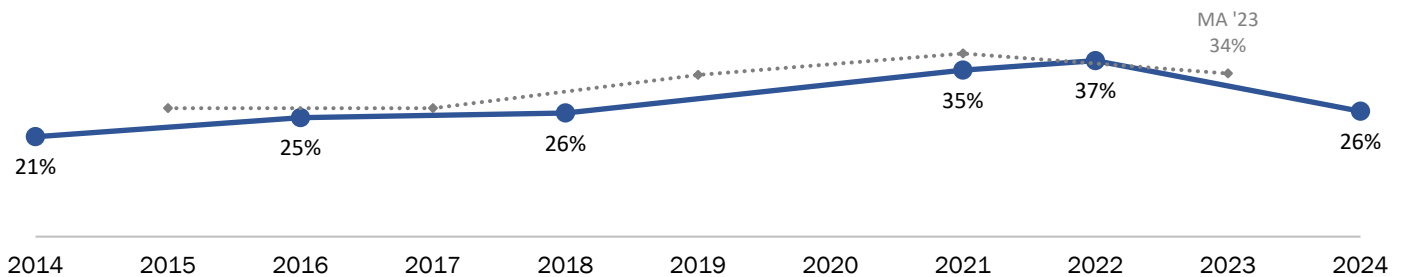
Q: During the past 30 days, did you feel tense, nervous, or worried every day for two or more weeks in a row?



# Mental Health

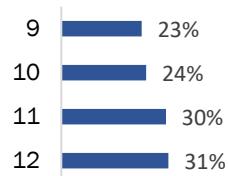
## DEPRESSION

Overall, 26% of high school students felt sad or hopeless almost every day for two or more weeks in a row that they stopped doing some of their usual activities (i.e., experienced depression) in the past 12 months.

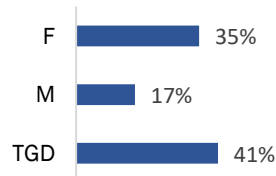


The graphs below show a breakdown of 2024 data by different demographic groups.

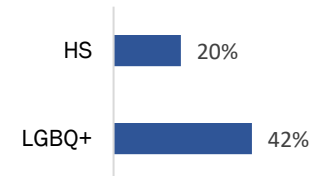
### Grade



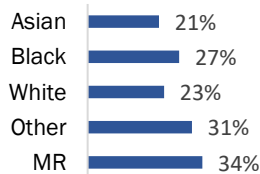
### Gender



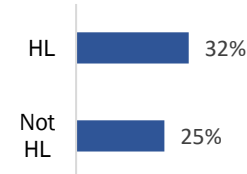
### Sexual Orientation



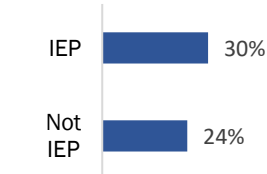
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** Female students were significantly more likely and male students were significantly less likely than the average high school student to experience depression in the past 30 days.

**Sexual Orientation:** Heterosexual students were significantly less likely and LGBQ+ students were significantly more likely than the average high school student to experience depression in the past 30 days.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

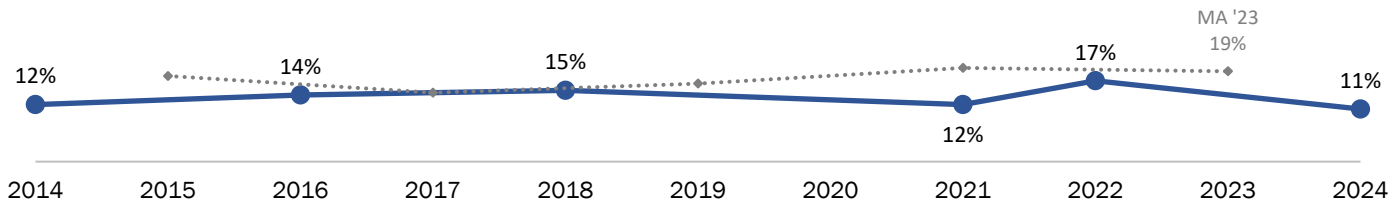
**IEP Status:** There were no significant differences.

Q: During the past 12 months, did you ever feel so sad or hopeless almost every day for two or more weeks in a row that you stopped doing some usual activities?

# Mental Health

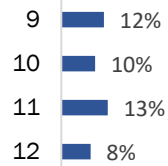
## SELF-HARM

Overall, 11% of high school students hurt or injured themselves on purpose without wanting to die (i.e., engaged in self-harm) in the past 12 months.

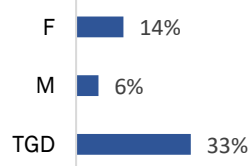


The graphs below show a breakdown of 2024 data by different demographic groups.

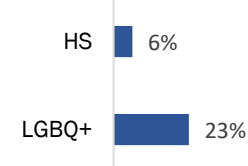
### Grade



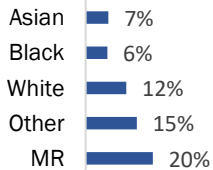
### Gender



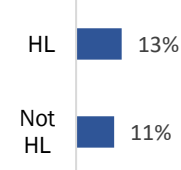
### Sexual Orientation



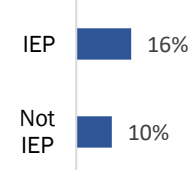
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** TGD students were significantly more likely and male students were significantly less likely than the average high school student to engage in self-harm in the past 30 days.

**Sexual Orientation:** Heterosexual students were significantly less likely and LGBQ+ students were significantly more likely than the average high school student to engage in self-harm in the past 30 days.

**Race:** Black students were significantly less likely and Multi-Racial students were significantly more likely than the average high school student to engage in self-harm in the past 30 days.

**Ethnicity:** There were no significant differences.

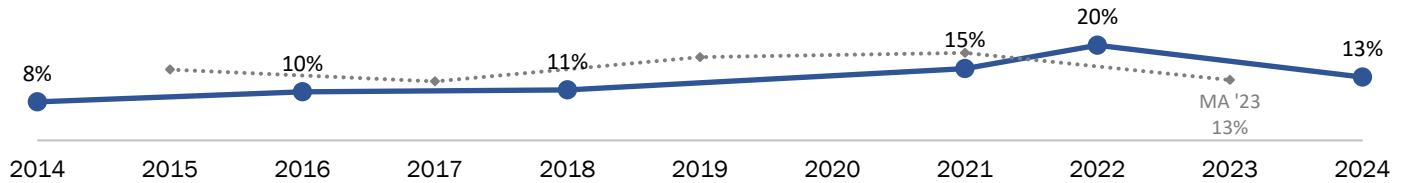
**IEP Status:** There were no significant differences.

Q: During the past 12 months, did you do something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?

# Mental Health

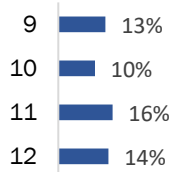
## CONSIDERED ATTEMPTING SUICIDE

Overall, 13% of high school students considered attempting suicide during the past 12 months.

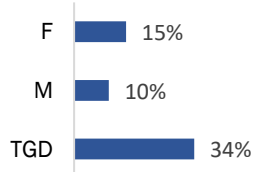


The graphs below show a breakdown of 2024 data by different demographic groups.

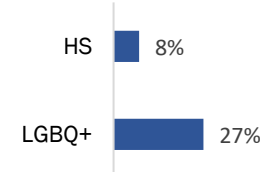
### Grade



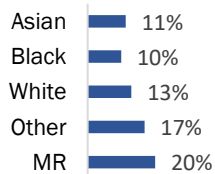
### Gender



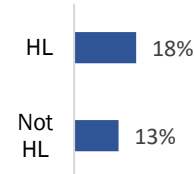
### Sexual Orientation



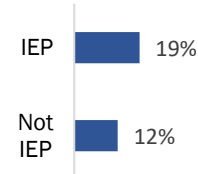
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** TGD students were significantly more likely than the average high school student to make a consider attempting suicide in the past 30 days.

**Sexual Orientation:** Heterosexual students were significantly less likely and LGBQ+ students were significantly more likely than the average high school student to consider attempting suicide in the past 30 days.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

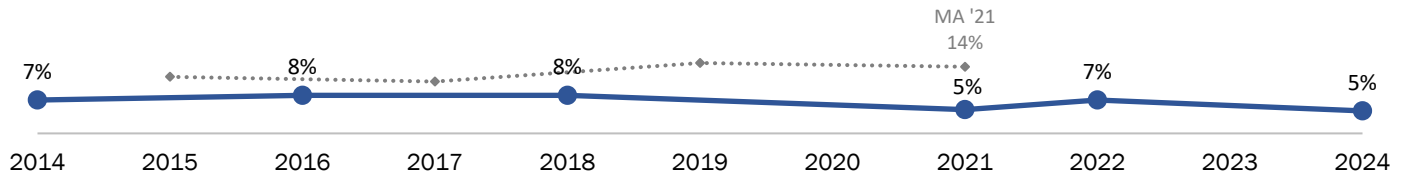
**IEP Status:** There were no significant differences.

Q: During the past 12 months, did you consider attempting suicide?

# Mental Health

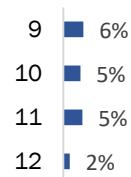
## MADE A SUICIDE PLAN

Overall, 5% of high school students made a suicide plan during the past 12 months.

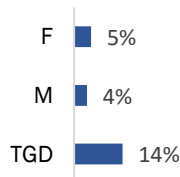


The graphs below show a breakdown of 2024 data by different demographic groups.

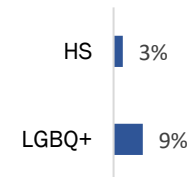
### Grade



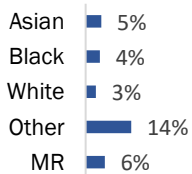
### Gender



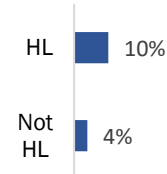
### Sexual Orientation



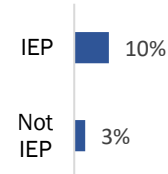
### Race



### Ethnicity



### IEP Status



**Grade:** Students in 12<sup>th</sup> grade were significantly less likely than the average high school student to make a suicide plan in the past 12 months.

**Gender:** There were no significant differences.

**Sexual Orientation:** LGBQ+ students were significantly more likely than the average high school student to make a suicide plan in the past 30 days.

**Race:** There were no significant differences.

**Ethnicity:** H/L students were significantly more likely than the average high school student to make a suicide plan in the past 30 days.

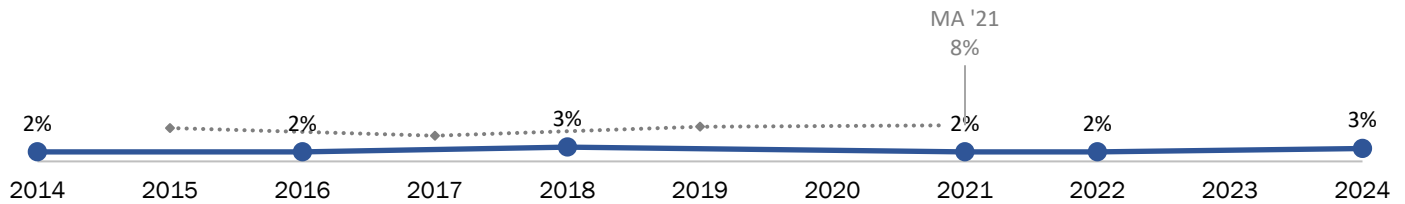
**IEP Status:** IEP students were significantly more likely than the average high school student to make a suicide plan in the past 30 days.

Q: During the past 12 months, did you make a suicide plan?

# Mental Health

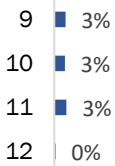
## ATTEMPTED SUICIDE

Overall, 3% of high school students attempted suicide in the past 12 months.

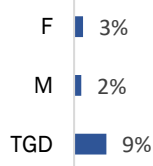


The graphs below show a breakdown of 2024 data by different demographic groups.

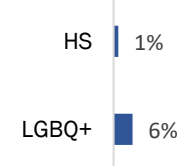
### Grade



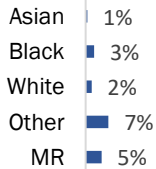
### Gender



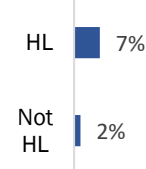
### Sexual Orientation



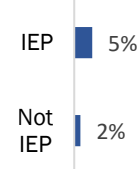
### Race



### Ethnicity



### IEP Status



**Grade:** Students in 12<sup>th</sup> grade were significantly less likely than the average high school student to attempt suicide in the past 12 months.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** Asian students were significantly less likely than the average high school student to attempt suicide in the past 12 months.

**Ethnicity:** Non-H/L students were significantly more likely than the average high school student to attempt suicide in the past 12 months.

**IEP Status:** There were no significant differences.

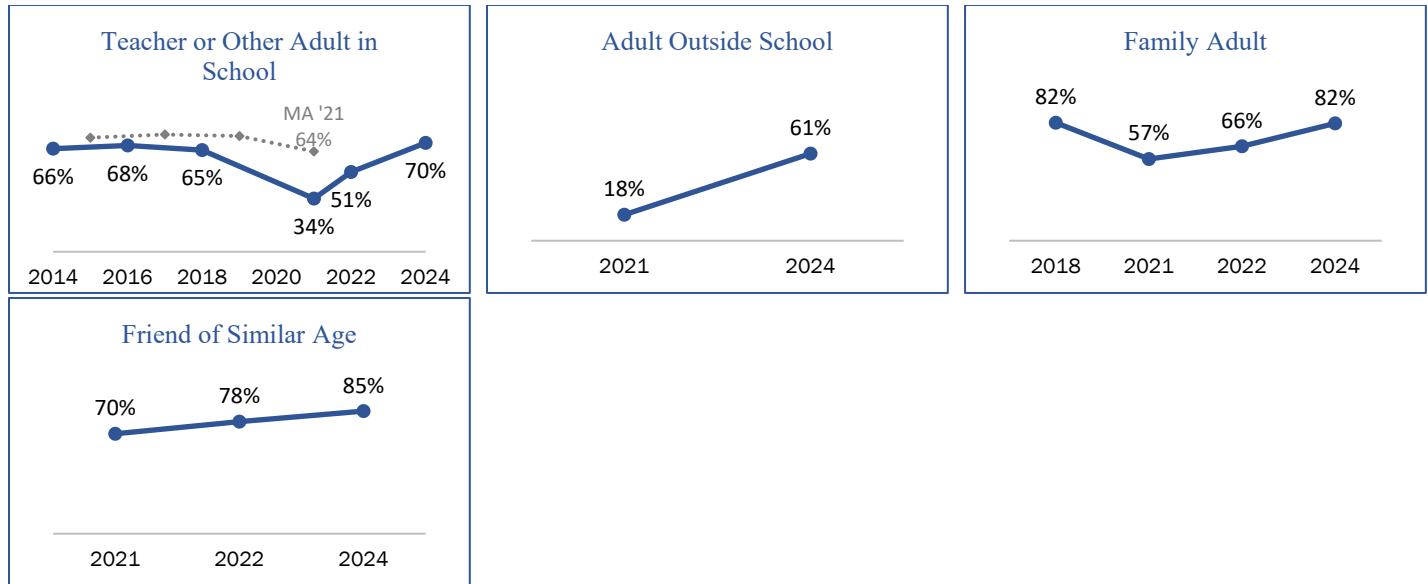
Q: During the past 12 months, did you attempt suicide?

# Youth Assets & Other Protective Factors

# Youth Assets & Other Protective Factors

## CONNECTEDNESS

Overall, when asked about individuals whom they could talk to about a problem, 70% of high students reported having at least one teacher or other adult in this school, 61% reported having at least one adult outside of school who is not in their family, 82% reported having at least one family adult, and 85% reported having a friend of similar age. *There is no statewide comparison data.*



Below is a breakdown of 2024 data by different demographic groups.

Grade				Gender			Sexual Orientation		Race					Ethnicity		Special Education	
9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Teacher or other adult in school																	
64%	68%	72%	78%^	72%	69%	58%	69%	75%	69%	64%	76%	61%	69%	76%	68%	71%	76%
Adult outside of school																	
55%	61%	64%	66%	62%	61%	56%	63%	61%	55%	56%	68%^	53%	58%	62%	60%	63%	64%
Family adult																	
79%	84%	81%	83%	81%	84%	73%	83%	82%	74%	75% <sup>v</sup>	90%^	74%	86%	84%	82%	83%	83%
Friend of similar age																	
84%	85%	86%	88%	89%	82%	87%	86%	90%	78%	82%	91%^	81%	88%	86%	85%	88%	82%

<sup>^</sup> indicates that students in this demographic group are significantly **more** likely than the average high school student to have the adult connection.

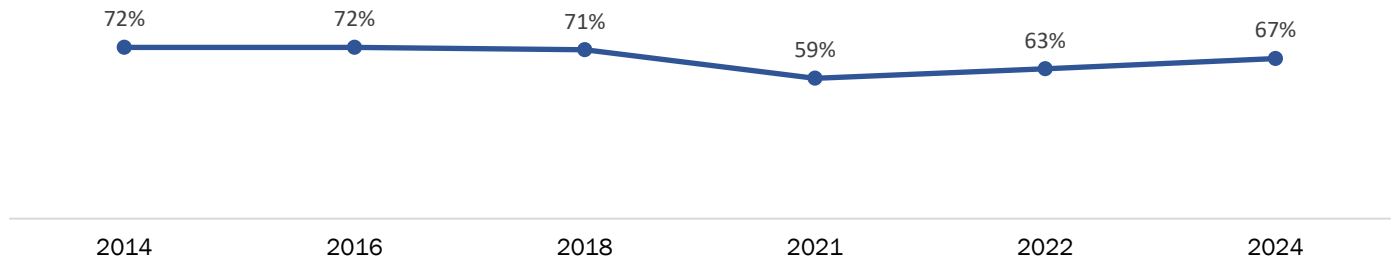
<sup>v</sup> indicates that students in this demographic group are significantly **less** likely than the average high school student to have the adult connection.

Q: Is there at least one teacher or other adult in this school that you can talk to if you have a problem?  
 Q: Is there at least one adult outside of school who is not in your family that you can talk to if you have a problem?  
 Q: Is there at least one adult in your family that you can talk to if you have a problem?  
 Q: Is there at least one friend similar in age to you that you can talk to if you have a problem?

# Youth Assets & Other Protective Factors

## FRIENDSHIP

Overall, 67% of high school students reported having three or more close friends. *There is no statewide comparison data.*



The graphs below show a breakdown of 2024 data by different demographic groups.

### Grade



### Gender



### Sexual Orientation



### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** Black students were significantly less likely than the average high school student to have 3+ close friends.

**Ethnicity:** H/L students were significantly less likely and White students were significantly more likely than the average high school student to have 3+ close friends.

**IEP Status:** There were no significant differences.

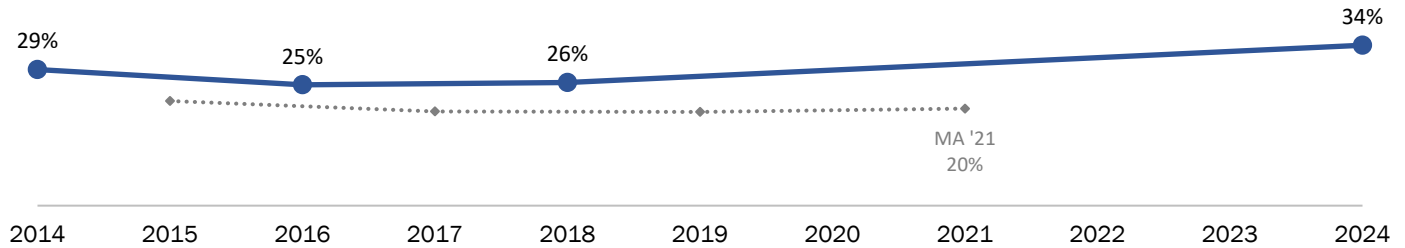
Q: How many close friends do you have?



# Youth Assets & Other Protective Factors

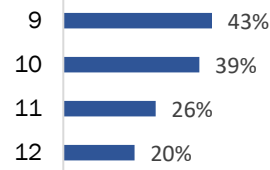
## SLEEP

Overall, 34% of high school students reported sleeping 8 or more hours on an average school night. *There is no 2021 statewide comparison data.*

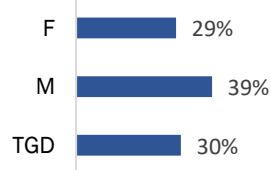


The graphs below show a breakdown of 2024 data by different demographic groups.

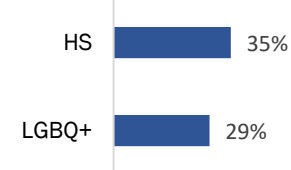
### Grade



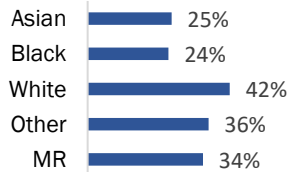
### Gender



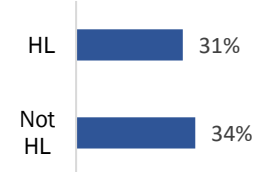
### Sexual Orientation



### Race



### Ethnicity



### IEP Status



**Grade:** Students in 9<sup>th</sup> grade were significantly more likely and students in 12<sup>th</sup> grade were significantly less likely than the average high school student to sleep 8 or more hours on an average school night.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** Black students were significantly less likely and White students were significantly more likely than the average high school student to sleep 8 or more hours on an average school night.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

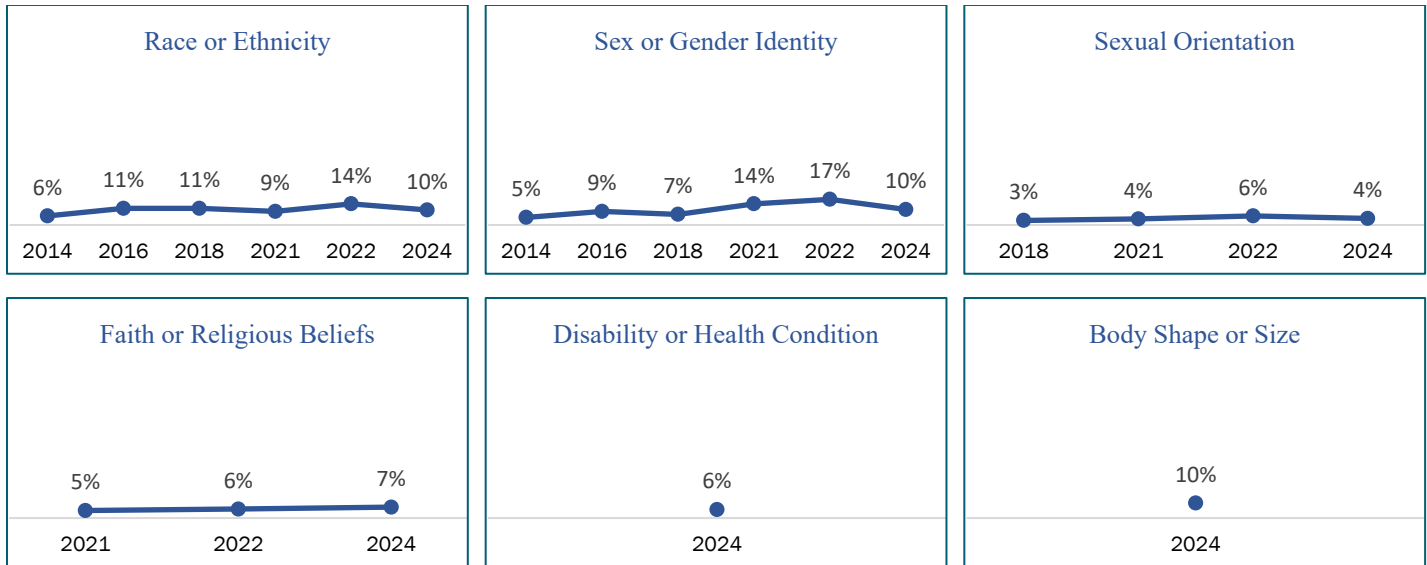
Q: On an average school night, how many hours of sleep do you get?

# Discrimination

# Discrimination

## EXPERIENCED DISCRIMINATION

Overall, 10% of high school students reported that they were sometimes, most of the time, or always treated badly or unfairly in school in the past 12 months because of their race or ethnicity, 10% because of their gender identity, 4% because of their sexual orientation, 7% because of their faith or religious beliefs, 6% because of a disability or health condition, and 10% because of their body shape or size. *There is no statewide comparison data.*



Below is a breakdown of 2024 data by different demographic groups.

Grade				Gender			Sexual Orientation		Race					Ethnicity		Special Education	
9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Race or ethnicity																	
10%	9%	13%	8%	11%	9%	6%	11%	8%	16%	13%	5% <sup>v</sup>	14%	12%	10%	10%	7%	10%
Sex or gender identity																	
7%	9%	14%	13%	15% <sup>^</sup>	5% <sup>v</sup>	24% <sup>^</sup>	6% <sup>v</sup>	21% <sup>^</sup>	9%	8%	11%	8%	16%	10%	10%	10%	10%
Sexual orientation																	
4%	5%	6%	3%	3%	4%	14% <sup>^</sup>	1% <sup>v</sup>	11% <sup>^</sup>	3%	3%	5%	7%	6%	5%	4%	5%	4%
Faith or religious beliefs																	
8%	7%	8%	5%	8%	7%	7%	7%	8%	10%	5%	6%	19%	8%	8%	7%	7%	7%
Disability or health condition																	
5%	6%	6%	6%	5%	6%	16%	4%	10% <sup>^</sup>	3%	5%	6%	12%	8%	6%	6%	13% <sup>^</sup>	3%
Body shape or size																	
11%	10%	12%	6%	10%	9%	16%	8%	14%	10%	8%	9%	20%	13%	13%	9%	15%	8%

<sup>^</sup> indicates that students in this demographic group are significantly **more** likely than the average high school student to experience the form of discrimination.

<sup>v</sup> indicates that students in this demographic group are significantly **less** likely than the average high school student to experience the form of discrimination.

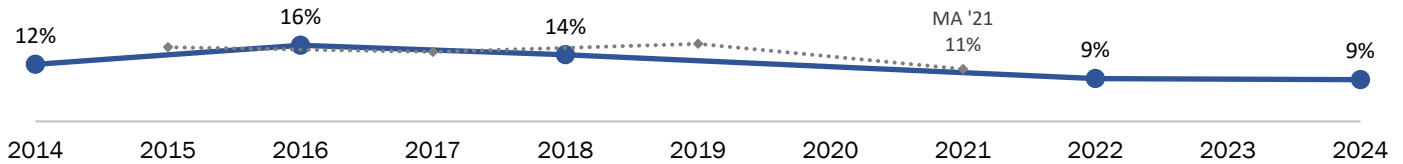
Q: During the past 12 months, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity?  
 Q: During the past 12 months, how often have you felt that you were treated badly or unfairly in school because of your gender identity?  
 Q: During the past 12 months, how often have you felt that you were treated badly or unfairly in school because of your sexual orientation?  
 Q: During the past 12 months, how often have you felt that you were treated badly or unfairly in school because of your religion?  
 Q: During the past 12 months, how often have you felt that you were treated badly or unfairly in school because of a disability or health condition?  
 Q: During the past 12 months, how often have you felt that you were treated badly or unfairly in school because of your body shape or size?

# Bullying

# Bullying

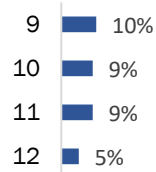
## BULLYING ON SCHOOL PROPERTY

Overall, 9% of high school students were bullied on school property in the past 12 months.

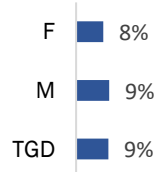


The graphs below show a breakdown of 2024 data by different demographic groups.

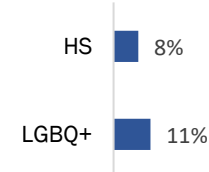
### Grade



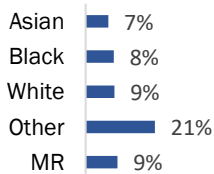
### Gender



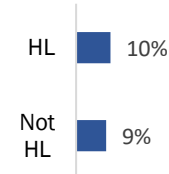
### Sexual Orientation



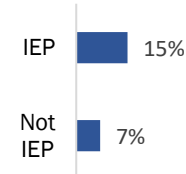
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

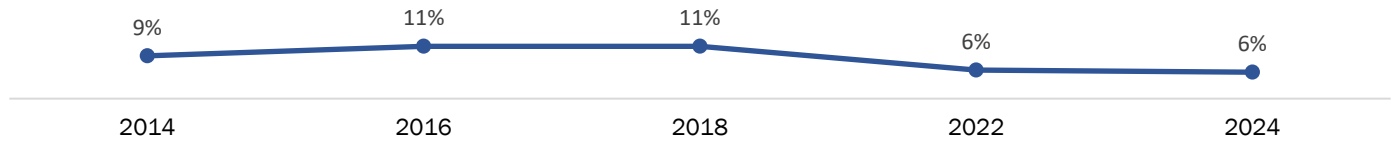
Q: During the past 12 months, have you been bullied at school?

The 2024 THS defined bullying as when one or more students tease, threaten, or spread rumors about another student, or if they hit, shove, or hurt them over and over again, it is bullying. When two students of about the same strength or power argue, fight, or tease each other in a friendly way, it is not bullying. Bullying can take place in person or over digital devices like cell phones, computers, and tablets. When one or more students tease, threaten, or spread rumors about another student in text messages or online, it is called "cyberbullying." When these messages appear on social media websites, many people can view or share the messages. They can even join the cyberbullying.

# Bullying

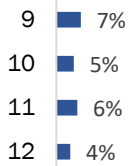
## BULLYING OUTSIDE OF SCHOOL

Overall, 6% of high school students were bullied outside of school in the past 12 months. *There is no statewide comparison data.*

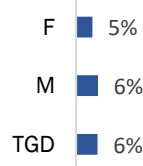


The graphs below show a breakdown of 2024 data by different demographic groups.

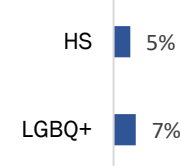
### Grade



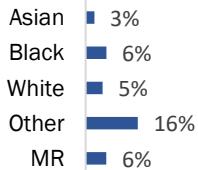
### Gender



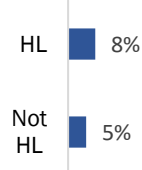
### Sexual Orientation



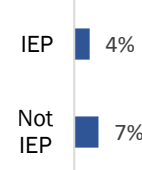
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

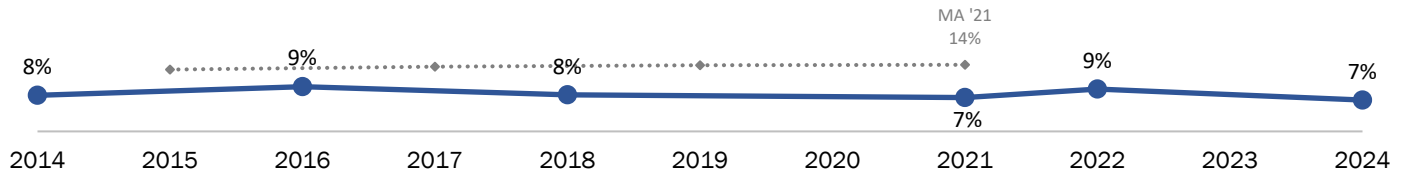
Q: During the past 12 months, have you been bullied outside of school?

The 2024 THS defined bullying as when one or more students tease, threaten, or spread rumors about another student, or if they hit, shove, or hurt them over and over again, it is bullying. When two students of about the same strength or power argue, fight, or tease each other in a friendly way, it is not bullying. Bullying can take place in person or over digital devices like cell phones, computers, and tablets. When one or more students tease, threaten, or spread rumors about another student in text messages or online, it is called "cyberbullying." When these messages appear on social media websites, many people can view or share the messages. They can even join the cyberbullying.

# Bullying

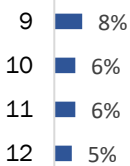
## ELECTRONIC BULLYING

Overall, 7% of high school students were electronically bullied in the past 12 months.

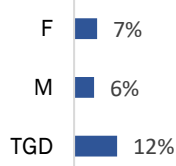


The graphs below show a breakdown of 2024 data by different demographic groups.

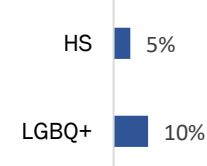
### Grade



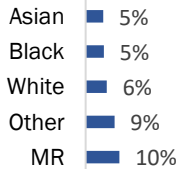
### Gender



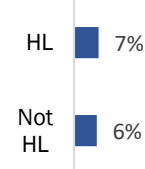
### Sexual Orientation



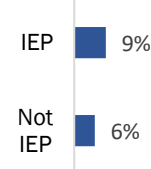
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

Q: During the past 12 months, have you been bullied electronically?

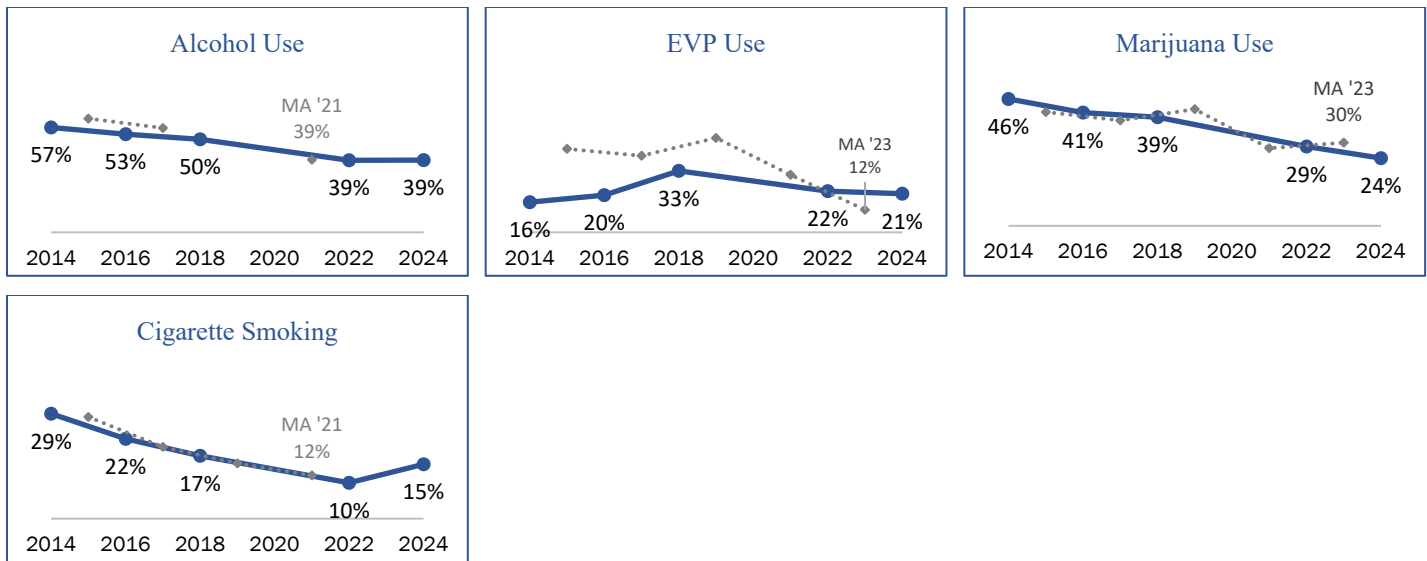
The 2024 THS defined bullying as when one or more students tease, threaten, or spread rumors about another student, or if they hit, shove, or hurt them over and over again, it is bullying. When two students of about the same strength or power argue, fight, or tease each other in a friendly way, it is not bullying. Bullying can take place in person or over digital devices like cell phones, computers, and tablets. When one or more students tease, threaten, or spread rumors about another student in text messages or online, it is called "cyberbullying." When these messages appear on social media websites, many people can view or share the messages. They can even join the cyberbullying.

# Substance Use



# Lifetime Substance Use

Cambridge high school students were asked if they had ever used a variety of substances. Overall, 39% reported ever drinking alcohol, 21% reported ever using electronic vapor products, 24% reported ever using marijuana, and 15% reported ever smoking cigarettes. *There is no statewide comparison data for lifetime prescription drug misuse.*



Below is a breakdown of 2024 data by different demographic groups.

Grade				Gender			Sexual Orientation		Race					Ethnicity		Special Education	
9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
<b>Alcohol use</b>																	
23% <sup>v</sup>	37%	49% <sup>^</sup>	57% <sup>^</sup>	44%	33%	50%	34%	54% <sup>^</sup>	17% <sup>v</sup>	32%	50% <sup>^</sup>	30%	45%	47%	37%	39%	40%
<b>EVP use</b>																	
14% <sup>v</sup>	16%	24%	36% <sup>^</sup>	27% <sup>^</sup>	15% <sup>v</sup>	18%	18%	30% <sup>^</sup>	8% <sup>v</sup>	21%	21%	16%	31%	30% <sup>^</sup>	19%	24%	20%
<b>Marijuana use</b>																	
10% <sup>v</sup>	20%	34% <sup>^</sup>	42% <sup>^</sup>	29%	20%	27%	20%	38% <sup>^</sup>	7% <sup>v</sup>	20%	31% <sup>^</sup>	18%	32%	33%	23%	27%	25%
<b>Cigarette smoking</b>																	
8% <sup>v</sup>	11%	20%	26% <sup>^</sup>	18%	12%	15%	12%	23% <sup>^</sup>	8% <sup>v</sup>	8% <sup>v</sup>	20% <sup>^</sup>	16%	20%	18%	14%	17%	15%

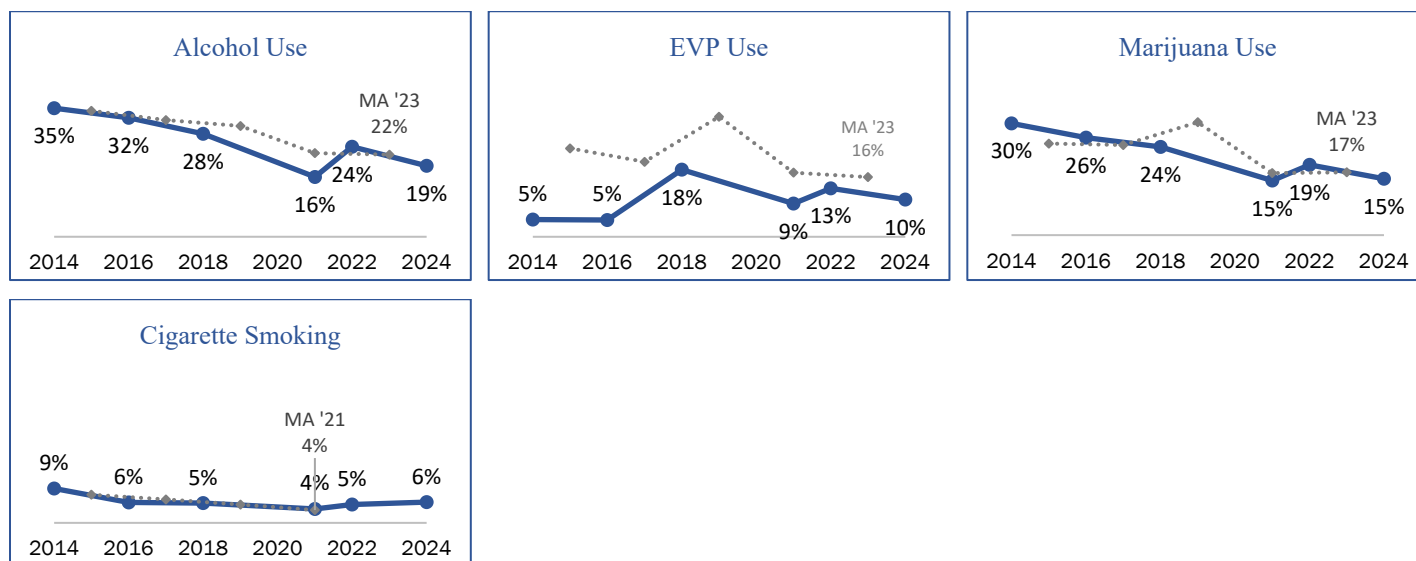
<sup>^</sup> indicates that students in this demographic group are significantly **more** likely than the average high school student to have ever used the substance.

<sup>v</sup> indicates that students in this demographic group are significantly **less** likely than the average high school student to have ever used the substance.

Q: How old were you when you had your first drink of alcohol (more than a few sips)?  
 Q: How old were you when you used an electronic vapor product (vape) for the first time?  
 Q: How old were you when you tried marijuana for the first time?  
 Q: How old were you when you first tried cigarette smoking, even one or two puffs?  
 Q: During your lifetime, have you taken prescription pain/anti-anxiety or anti-depressant/stimulants/other medication without a doctor's prescription or differently than how a doctor told you to use it?

## Current Substance Use

Cambridge high school students were asked if they used a variety of substances in the past 30 days (currently). Overall, 19% reported currently drinking alcohol, 12% reported currently binge drinking, 10% reported currently using electronic vapor products, 15% reported currently using marijuana, and 6% reported currently smoking cigarettes.



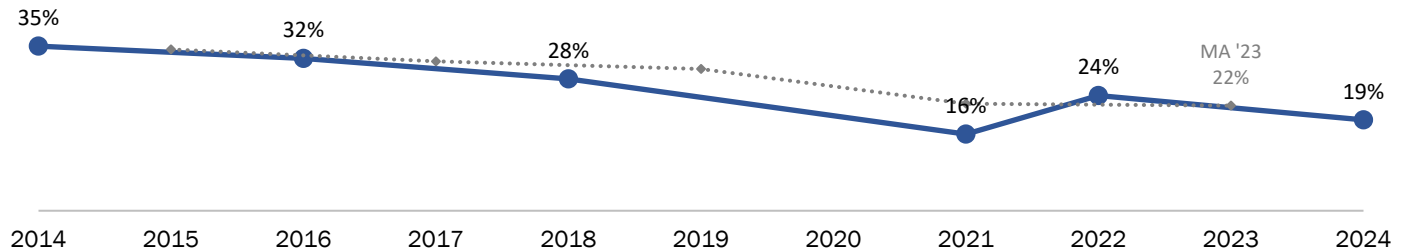
Below you will find a breakdown of 2024 data by different demographic groups.

Q: During the past 30 days, on how many days did you have at least one drink of alcohol (more than a few sips)?  
 Q: During the past 30 days, on how many days did you use vape product?  
 Q: During the past 30 days, how many times did you use marijuana?  
 Q: During the past 30 days, on how many days did you smoke cigarettes?  
 Q: During the past 30 days, on how many days did you take prescription pain/anti-anxiety or anti-depressant/stimulants/other medication without a doctor's prescription or differently than how a doctor told you to use it?

# Current Substance Use

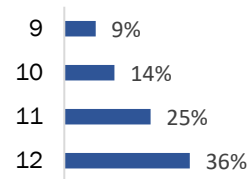
## CURRENT ALCOHOL USE

Overall, 19% of high school students drank alcohol in the past 30 days.

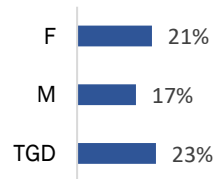


The graphs below show a breakdown of 2024 data by different demographic groups.

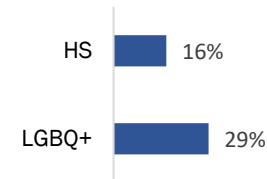
### Grade



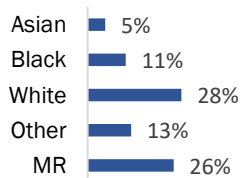
### Gender



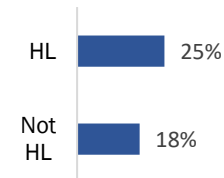
### Sexual Orientation



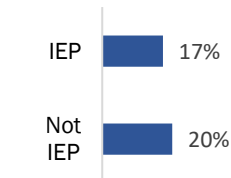
### Race



### Ethnicity



### IEP Status



**Grade:** Students in 9<sup>th</sup> grade were significantly less likely and students in 12<sup>th</sup> grade were significantly more likely than the average high school student to drink alcohol in the past 30 days.

**Gender:** There were no significant differences.

**Sexual Orientation:** LGBQ+ students were significantly more likely than the average high school student to drink alcohol in the past 30 days.

**Race:** Asian students were significantly less likely and White students were significantly more likely than the average high school student to drink alcohol in the past 30 days.

**Ethnicity:** There were no significant differences.

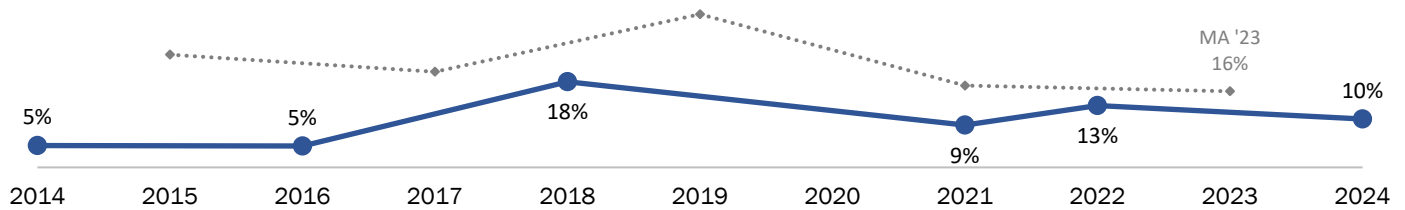
**IEP Status:** There were no significant differences.

Q: During the past 30 days, on how many days did you have at least one drink of alcohol (more than a few sips)?

# Current Substance Use

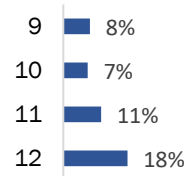
## CURRENT EVP USE

Overall, 10% of high school students used electronic vapor products in the past 30 days.

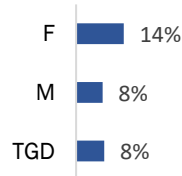


The graphs below show a breakdown of 2024 data by different demographic groups.

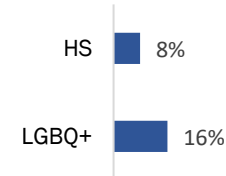
### Grade



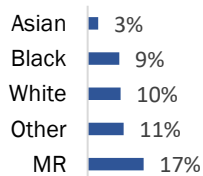
### Gender



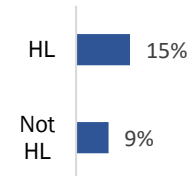
### Sexual Orientation



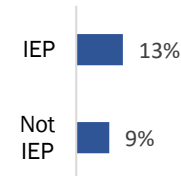
### Race



### Ethnicity



### IEP Status



**Grade:** Students in 12<sup>th</sup> grade were significantly more likely than the average high school student to use a vape product in the past 30 days.

**Gender:** There were no significant differences.

**Sexual Orientation:** LGBQ+ students were significantly more likely than the average high school student to use an EVP product in the past 30 days.

**Race:** Asian students were significantly less likely than the average high school student to use an EVP product in the past 30 days.

**Ethnicity:** There were no significant differences.

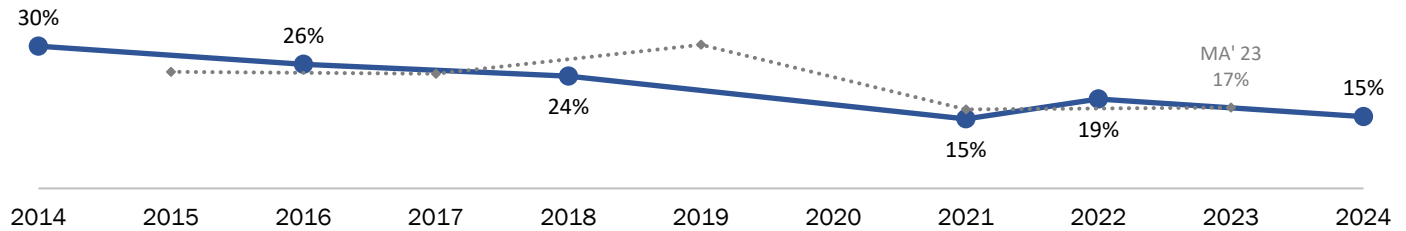
**IEP Status:** There were no significant differences.

Q: During the past 30 days, on how many days did you use vape product?

# Current Substance Use

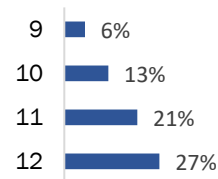
## CURRENT MARIJUANA USE

Overall, 15% of high school students have used marijuana in the past 30 days.

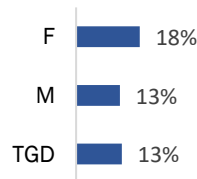


The graphs below show a breakdown of 2024 data by different demographic groups.

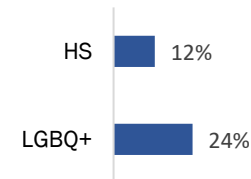
### Grade



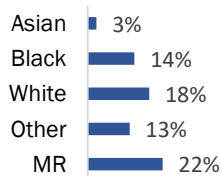
### Gender



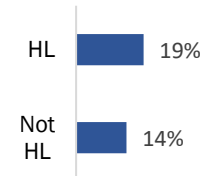
### Sexual Orientation



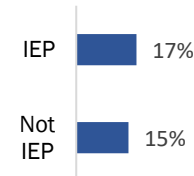
### Race



### Ethnicity



### IEP Status



**Grade:** Students in 9<sup>th</sup> grade were significantly less likely and students in 12<sup>th</sup> grade were significantly more likely than the average high school student to use marijuana in the past 30 days.

**Gender:** There were no significant differences.

**Sexual Orientation:** LGBQ+ students were significantly more likely than the average high school student to use marijuana in the past 30 days.

**Race:** Asian students were significantly less likely than the average high school student to use marijuana in the past 30 days.

**Ethnicity:** There were no significant differences.

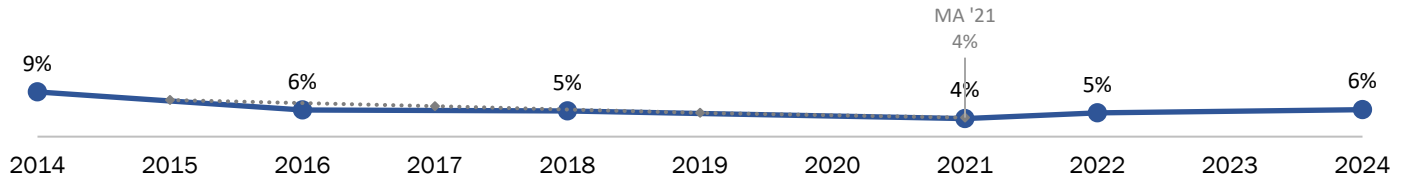
**IEP Status:** There were no significant differences.

Q: During the past 30 days, how many times did you use marijuana?

# Current Substance Use

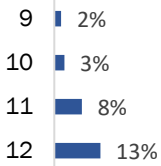
## CURRENT CIGARETTE SMOKING

Overall, 6% of high school students smoked a cigarette in the past 30 days. *There is no 2021 statewide comparison data.*

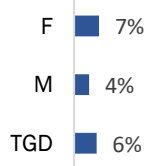


The graphs below show a breakdown of 2024 data by different demographic groups.

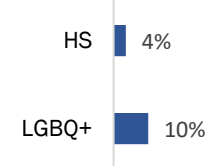
### Grade



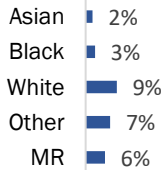
### Gender



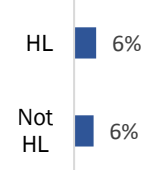
### Sexual Orientation



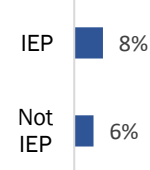
### Race



### Ethnicity



### IEP Status



**Grade:** Students in 9<sup>th</sup> grade were significantly less likely and students in 12<sup>th</sup> grade were significantly more likely than the average high school student to smoke cigarettes in the past 30 days.

**Gender:** There were no significant differences.

**Sexual Orientation:** LGBQ+ students were significantly more likely than the average high school student to smoke cigarettes in the past 30 days.

**Race:** Asian and Black students were significantly less likely than the average high school student to smoke cigarettes in the past 30 days.

**Ethnicity:** There were no significant differences.

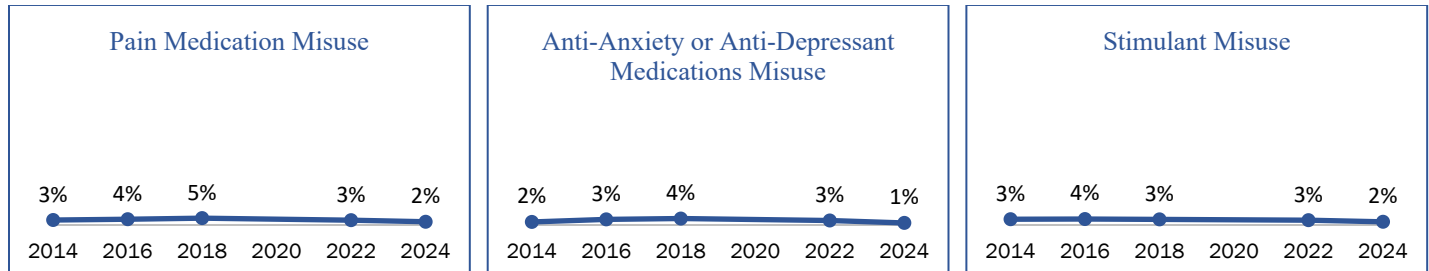
**IEP Status:** There were no significant differences.

Q: During the past 30 days, on how many days did you smoke cigarettes?

# Current Substance Use

## CURRENT PD MISUSE

Cambridge high school students were asked if they had currently used a variety of prescription medications without a doctor's prescription or differently than how a doctor told them to use it. Overall, 2% reported currently misusing prescription pain medication, 1% reported currently misusing anti-anxiety or anti-depressant medication, and 2% reported currently misusing stimulants.



Below is a breakdown of 2024 data by different demographic groups.

Grade				Gender			Sexual Orientation		Race					Ethnicity		Special Education	
9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Prescription pain medication																	
2%	2%	3%	2%	2%	2%	3%	2%	3%	2%	3%	2%	0%	3%	3%	2%	4%	2%
Anti-anxiety or anti-depressant medications																	
1%	2%	1%	1%	1%	1%	5%	<1%	3%	1%	1%	1%	0%	1%	1%	1%	1%	1%
Stimulants																	
2%	1%	2%	2%	1%	2%	3%	1%	3%	2%	1%	2%	4%	2%	3%	2%	3%	1%

^ indicates that students in this demographic group are significantly **more** likely than the average high school student to have ever used the substance.

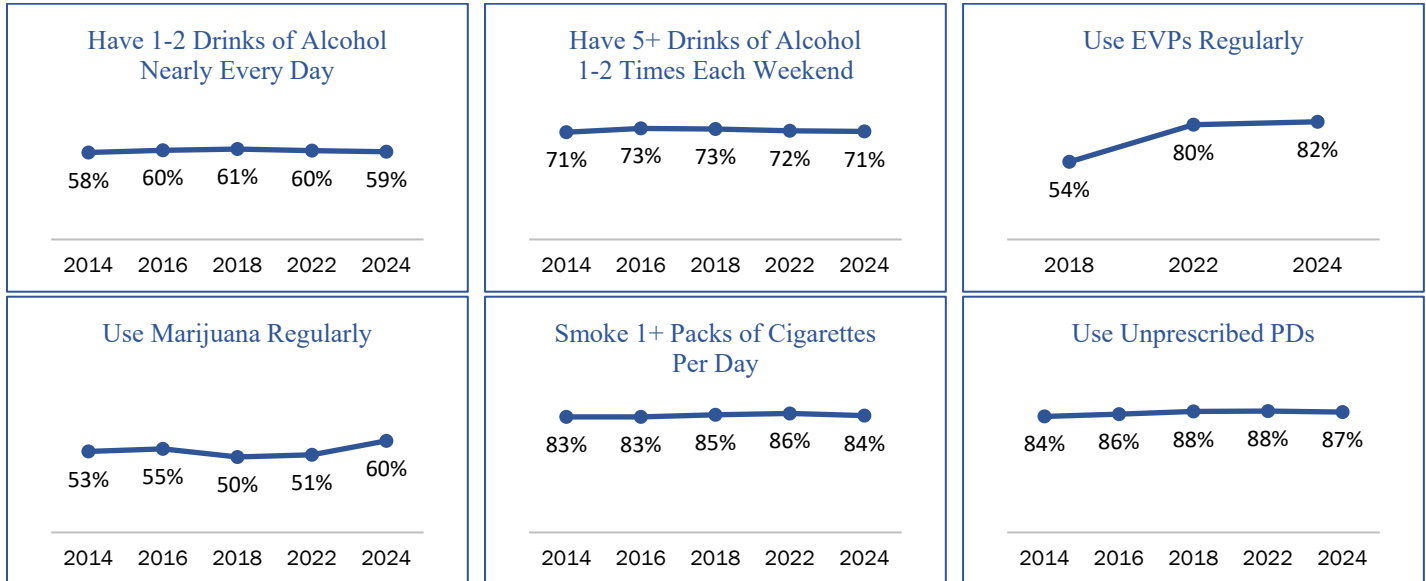
v indicates that students in this demographic group are significantly **less** likely than the average high school student to have ever used the substance.

Q: During the past 30 days, on how many days did you take prescription pain/anti-anxiety or anti-depressant/stimulants/other medication without a doctor's prescription or differently than how a doctor told you to use it?

# Perceptions About Substance Use

## PERCEIVED RISK OF HARM

Overall, high school students were most likely to perceive misusing prescription drugs as the having moderate or great risk of harm (87%), and least likely to perceive having 1-2 drinks of alcohol nearly every day as having moderate or great risk of harm (59%). *There is no statewide comparison data.*



Below is a breakdown of 2024 data by different demographic groups.

Grade				Gender			Sexual Orientation		Race					Ethnicity		Special Education	
9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Have 1 or 2 drinks of alcohol nearly every day																	
60%	57%	57%	63%	64%	55%	60%	58%	62%	70%^	54%	58%	60%	62%	50%	61%	51%	63%
Have 5 or more drinks of alcohol once or twice each weekend																	
75%	68%	71%	70%	72%	70%	75%	71%	71%	80%	69% <sup>v</sup>	71%	72%	71%	67%	72%	66%	75%
Use electronic vapor products regularly																	
84%	78%	80%	86%	85%	79%	84%	80%	87%^	87%^	73%	87%	73%	85%	78%	82%	71% <sup>v</sup>	87%
Use marijuana regularly																	
74%^	58%	52% <sup>v</sup>	50% <sup>v</sup>	64%	58%	47%	63%	53%	76%	60%	55%	60%	58%	56%	61%	52%	62%
Smoke 1 or more packs of cigarettes per day																	
85%	83%	81%	88%	88%	81%	90%	82%	89%	87%	78% <sup>v</sup>	88%	71%	87%	82%	85%	75%	89%
Use prescription drugs not prescribed to them																	
88%	86%	87%	88%	89%	86%	87%	87%	89%	87%	83%	92%^	77%	88%	84%	88%	78% <sup>v</sup>	92%

<sup>^</sup> indicates that students in this demographic group are significantly **more** likely than the average high school student to perceive use of the substance as having moderate or great risk of harm.

<sup>v</sup> indicates that students in this demographic group are significantly **less** likely than the average high school student to perceive use of the substance as having moderate or great risk of harm.

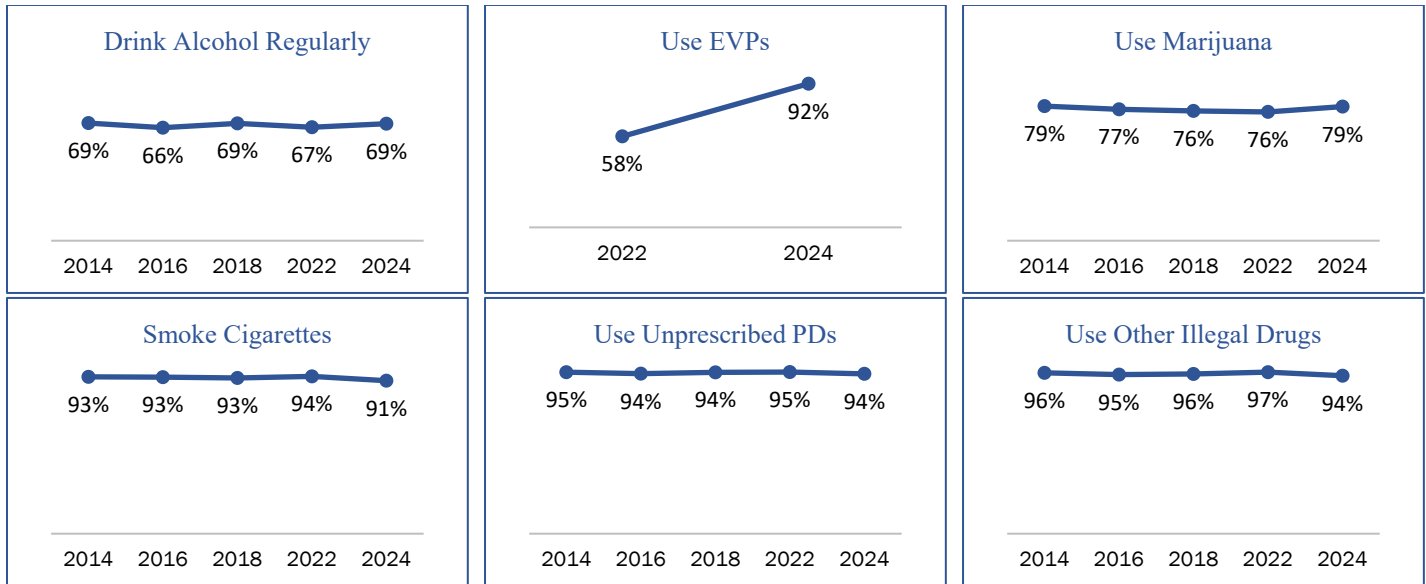
Q: How much do you think people risk harming themselves if they have one or two drinks of alcohol nearly every day?  
 Q: How much do you think people risk harming themselves if they have five or more drinks of alcohol once or twice each weekend?  
 Q: How much do you think people risk harming themselves if they use a vape product?  
 Q: How much do you think people risk harming themselves if they use marijuana regularly?  
 Q: How much do you think people risk harming themselves if they smoke one or more packs of cigarettes nearly every day?  
 Q: How much do you think people risk harming themselves if they use prescription drugs that are not prescribed to them?



# Perceptions About Substance Use

## PARENT/GUARDIAN/CAREGIVER PERCEPTIONS

Overall, high school students were most likely to think their parents/guardians/caregivers think misusing prescription drugs or using other illegal drugs as wrong or very wrong (94% respectively), and least likely to think their parents/guardians/caregivers think drinking alcohol is wrong or very wrong (69%). *There is no statewide comparison data.*



Below is a breakdown of 2024 data by different demographic groups.

Grade				Gender			Sexual Orientation		Race					Ethnicity		Special Education	
9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Drink alcohol regularly																	
79%^	69%	67%	52% <sup>v</sup>	67%	71%	65%	71%	61%	84%^	75%	61% <sup>v</sup>	71%	66%	63%	70%	32%	30%
Use EVPs																	
93%	90%	94%	91%	93%	91%	95%	91%	94%	95%	88%	95%	85%	91%	89%	92%	85% <sup>v</sup>	95%
Use marijuana																	
88%^	78%	76%	67% <sup>v</sup>	78%	80%	69%	81%	70% <sup>v</sup>	93%^	81%	74%	85%	72%	78%	79%	73%	81%
Smoke cigarettes																	
92%	90%	90%	93%	92%	91%	92%	91%	93%	95%	89%	93%	83%	90%	89%	92%	85% <sup>v</sup>	94%
Use prescription medications not prescribed to them																	
93%	92%	94%	95%	95%	93%	90%	93%	95%	95%	90%	97%^	85%	93%	91%	94%	90%	96%
Use other illegal drugs																	
95%	93%	95%	95%	96%	93%	93%	94%	96%	96%	92%	97%^	85%	94%	93%	95%	90%	97%

<sup>^</sup> indicates that students in this demographic group are significantly **more** likely than the average high school student to think their parents/guardians/caregivers think use of the substance is wrong or very wrong.

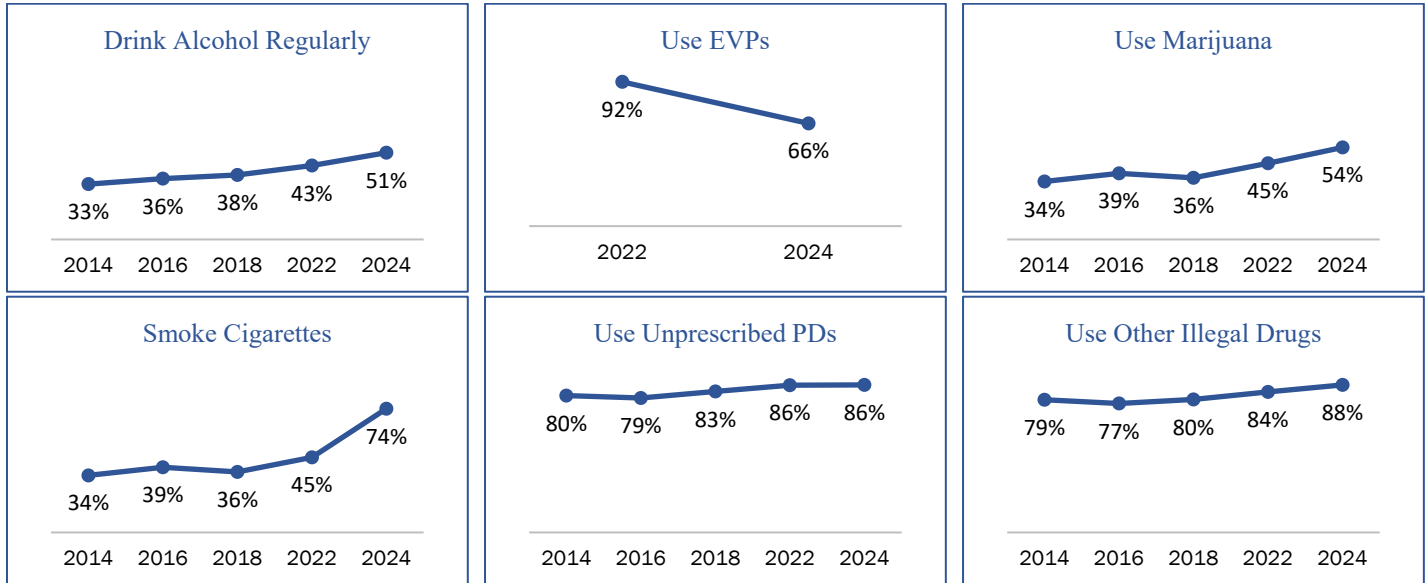
<sup>v</sup> indicates that students in this demographic group are significantly **less** likely than the average high school student to think their parents/guardians/caregivers think use of the substance is wrong or very wrong.

Q: How wrong do your parents/guardians/caregivers feel it would be for you to drink alcohol?  
 Q: How wrong do your parents/guardians/caregivers feel it would be for you to use vape products?  
 Q: How wrong do your parents/guardians/caregivers feel it would be for you to use marijuana?  
 Q: How wrong do your parents/guardians/caregivers feel it would be for you to smoke cigarettes?  
 Q: How wrong do your parents/guardians/caregivers feel it would be for you to use prescription medications not prescribed to you?

# Perceptions About Substance Use

## PERCEPTIONS OF FRIENDS

Overall, high school students were most likely to think their friends think using other illegal drugs is wrong or very wrong (88%), and least likely to think their friends think using alcohol is wrong or very wrong (51%). *There is no statewide comparison data.*



Below is a breakdown of 2024 data by different demographic groups.

Grade				Gender			Sexual Orientation		Race					Ethnicity		Special Education	
9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
<b>Drink alcohol regularly</b>																	
67%^	50%	45% <sup>v</sup>	33% <sup>v</sup>	45%	57%	45%	55%	38% <sup>v</sup>	69%^	60%^	39% <sup>v</sup>	63%	46%	47%	52%	48%	50%
<b>Use EVPs</b>																	
73%^	67%	63%	54% <sup>v</sup>	90%	70%	68%	68%	57% <sup>v</sup>	78%^	63%	64%	71%	60%	60%	67%	63%	66%
<b>Use marijuana</b>																	
72%^	54%	43% <sup>v</sup>	38% <sup>v</sup>	51%	58%	46%	59%	37% <sup>v</sup>	76%^	89%	44% <sup>v</sup>	63%	45%	48%	55%	50%	54%
<b>Smoke cigarettes</b>																	
84%^	74%	69%	62% <sup>v</sup>	69%	78%	72%	76%	66% <sup>v</sup>	82%^	82%^	65% <sup>v</sup>	78%	72%	70%	74%	71%	74%
<b>Use prescription medications not prescribed to them</b>																	
88%	85%	84%	86%	86%	85%	79%	87%	85%	86%	86%	87%	85%	87%	84%	87%	81%	89%
<b>Use other illegal drugs</b>																	
92%	87%	86%	87%	91%	86%	84%	88%	87%	91%	88%	88%	83%	90%	87%	89%	82%	90%

^ indicates that students in this demographic group are significantly **more** likely than the average high school student to think their close friends think use of the substance is wrong or very wrong.

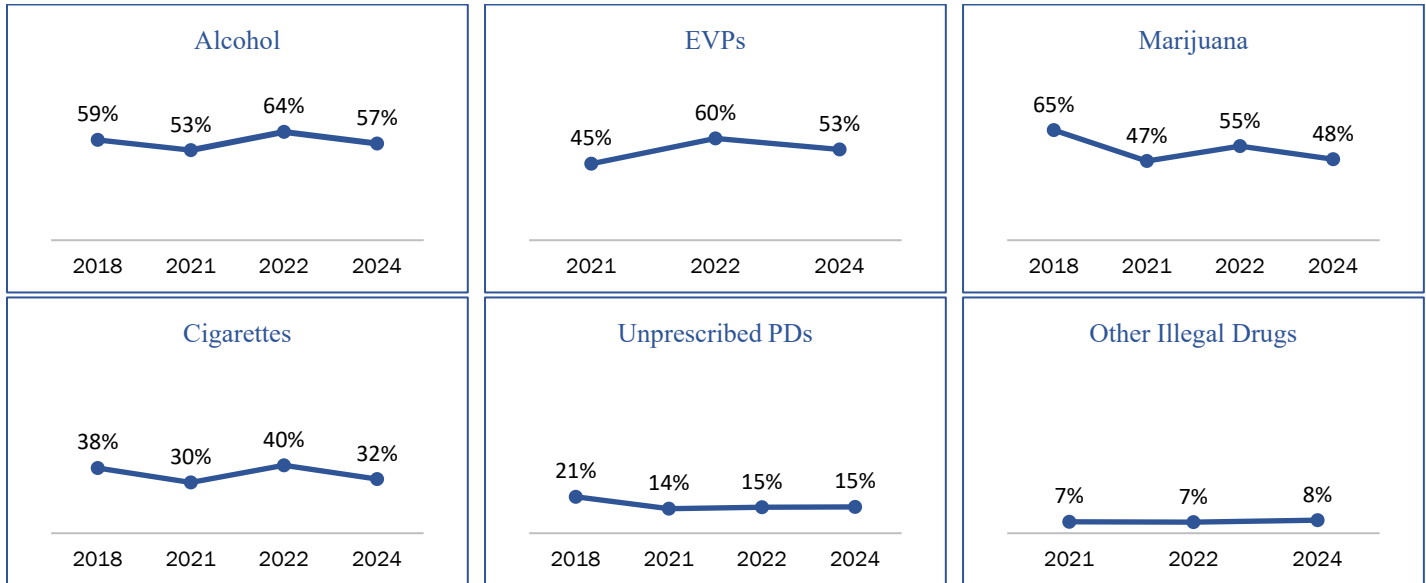
<sup>v</sup> indicates that students in this demographic group are significantly **less** likely than the average high school student to think their close friends think use of the substance is wrong or very wrong.

Q: How wrong do your close friends feel it would be for you to drink alcohol?  
 Q: How wrong do your close friends feel it would be for you to use vape products?  
 Q: How wrong do your close friends feel it would be for you to use marijuana?  
 Q: How wrong do your close friends feel it would be for you to smoke cigarettes?  
 Q: How wrong do your close friends feel it would be for you to use prescription medications not prescribed to you?

# Perceptions About Substance Use

## PERCEIVED ACCESS

Overall, high school students were most likely to think alcohol was easy or very easy to access (57%), and least likely to think other illegal drugs were easy or very easy to access (8%). *There is no statewide comparison data.*



Below is a breakdown of 2024 data by different demographic groups.

Grade				Gender			Sexual Orientation		Race					Ethnicity		Special Education	
9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Alcohol																	
50%	54%	60%	69%^	60%	54%	61%	54%	67%^	42%^v	43%^v	71%^	30%^v	65%	59%	57%	55%	60%
EVPs																	
50%	48%	54%	66%^	57%	50%	57%	53%	60%	47%	51%	54%	45%	61%	56%	53%	53%	55%
Marijuana																	
38%^v	44%	53%	63%^	50%	46%	46%	45%	58%^	32%^v	41%	55%^	40%	56%	55%	46%	47%	49%
Cigarettes																	
25%^v	28%	33%	47%^	32%	31%	39%	31%	37%	37%	22%^v	33%	27%	41%^	31%	32%	33%	32%
Prescription medications not prescribed to them																	
18%	15%	14%	14%	14%	16%	23%	15%	17%	21%	12%	15%	15%	16%	18%	15%	16%	16%
Other illegal drugs																	
10%	6%	7%	8%	6%	9%	8%	8%	7%	9%	7%	6%	7%	8%	8%	8%	9%	7%

^ indicates that students in this demographic group are significantly **more** likely than the average high school student to think it is easy or very easy to get a substance.

v indicates that students in this demographic group are significantly **less** likely than the average high school student to think it is easy or very easy to get a substance.

Q: If you wanted to get the following substances, how easy would it be for you to get alcohol?  
 Q: If you wanted to get the following substances, how easy would it be for you to get vape products?  
 Q: If you wanted to get the following substances, how easy would it be for you to get marijuana?  
 Q: If you wanted to get the following substances, how easy would it be for you to get cigarettes?  
 Q: If you wanted to get the following substances, how easy would it be for you to get prescription medications not prescribed to you?

# **Violence-Related Behaviors and Experiences**

# Sexual Violence

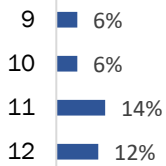
## LIFETIME

Overall, 9% of high school students have had someone do sexual things to them or forced them to do sexual things that they did not want to do. *There is no statewide comparison data.*

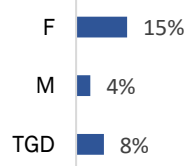


The graphs below show a breakdown of 2024 data by different demographic groups.

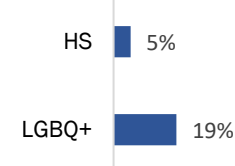
### Grade



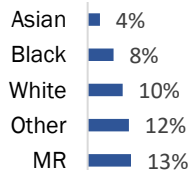
### Gender



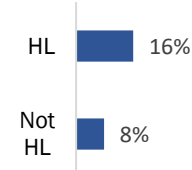
### Sexual Orientation



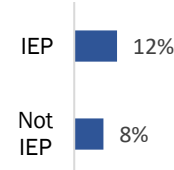
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** Female students were significantly more likely and male students were significantly less likely than the average high school student to have ever experienced sexual violence.

**Sexual Orientation:** Heterosexual students were less likely and LGBQ+ students were significantly more likely than the average high school student to have ever experienced sexual violence.

**Race:** Asian students were significantly less likely than the average high school student to have ever experienced sexual violence.

**Ethnicity:** H/L students were significantly more likely than the average high school student to have ever experienced sexual violence.

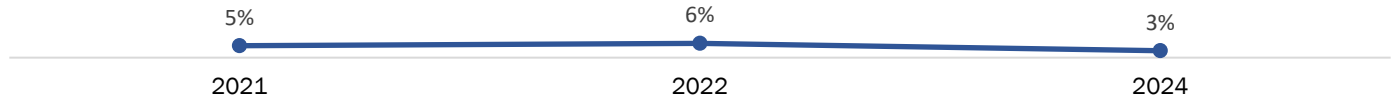
**IEP Status:** There were no significant differences.

Q: Has anyone ever done sexual things to you or forced you to do sexual things that you did not want?

# Sexual Violence

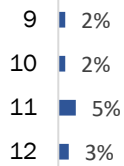
## PAST YEAR

Overall, 3% of high school students have had someone do sexual things to them or forced them to do sexual things that they did not want to in the past 12 months. *There is no statewide comparison data.*

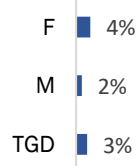


The graphs below show a breakdown of 2024 data by different demographic groups.

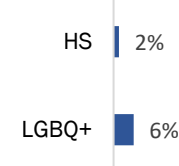
### Grade



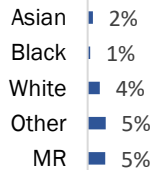
### Gender



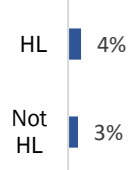
### Sexual Orientation



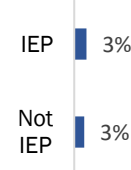
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** Black students were significantly less likely than the average high school student to experience sexual violence in the past 12 months.

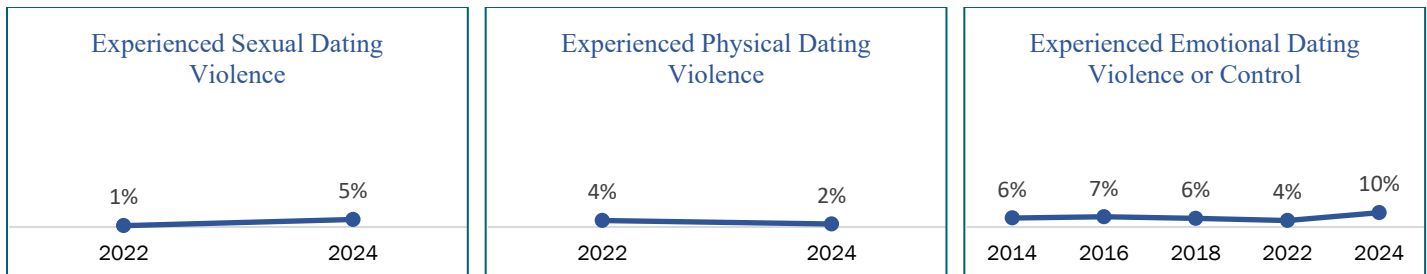
**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

Q: During the past 12 months, did anyone force you to do sexual things that you did not want to?

# Dating Violence

Overall, 5% of high school students have been hurt sexually by someone they were dating or going out with in the past 12 months, 2% have been hurt physically, and 10% have been emotionally hurt or controlled. *There is no statewide comparison data.*



Below is a breakdown of 2024 data by different demographic groups.

Grade				Gender			Sexual Orientation		Race					Ethnicity		Special Education	
9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	F	M	TGD	HS	LGBTQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Experienced sexual dating violence																	
4%	5%	7%	5%	6%	4%	5%	4%	8%	2%	4%	5%	9%	7%	7%	4%	4%	5%
Experienced physical dating violence																	
1%	3%	3%	1%	2%	2%	3%	2%	3%	1%	2%	2%	0%	3%	5%	1%	4%	2%
Experienced emotional dating violence or control																	
8%	9%	11%	12%	12%	7%	11%	9%	13%	8%	8%	10%	3%	11%	15%	8%	13%	9%

^ indicates that students in this demographic group are significantly **more** likely than the average high school student to experience the form of dating violence.

v indicates that students in this demographic group are significantly **less** likely than the average high school student to experience the form of dating violence.

Q: During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do?  
 Q: During the past 12 months, how many times did someone you were dating or going out with physically hurt you?  
 Q: During the past 12 months, how many times did someone you were dating or going out with purposely try to control you or emotionally hurt you?

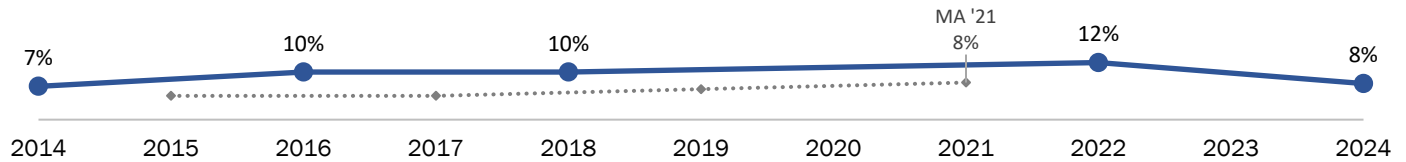
# Safety



# Safety

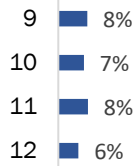
## IN OR TRAVELING TO OR FROM SCHOOL

Overall, 8% of high school students skipped school because they felt unsafe at school or on their way to or from school in the past 30 days.

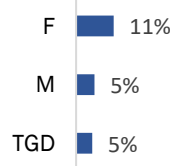


The graphs below show a breakdown of 2024 data by different demographic groups.

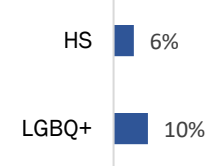
### Grade



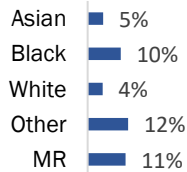
### Gender



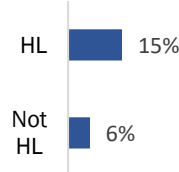
### Sexual Orientation



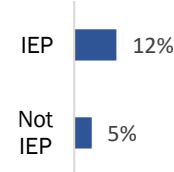
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** H/L students were significantly more likely than the average high school student to skip school because they felt unsafe at school or on their way to or from school in the past 30 days.

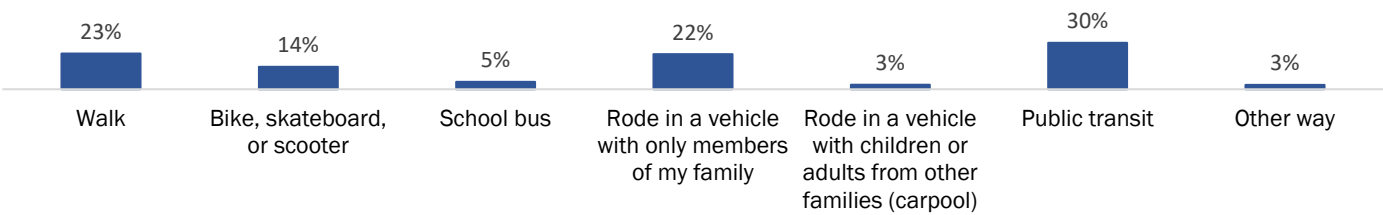
**IEP Status:** There were no significant differences.

Q: During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

# Safety

## MOST COMMON WAY STUDENTS TRAVELED TO SCHOOL

Overall, high school students reported that they were most likely to travel to school by public transit (30%), followed by walking (23%), riding in a vehicle with their family members (22%), biking/skateboarding/scooter (14%), school bus (5%), carpooling (3%), and some other way (3%) in the past 30 days. *There is no statewide comparison data.*



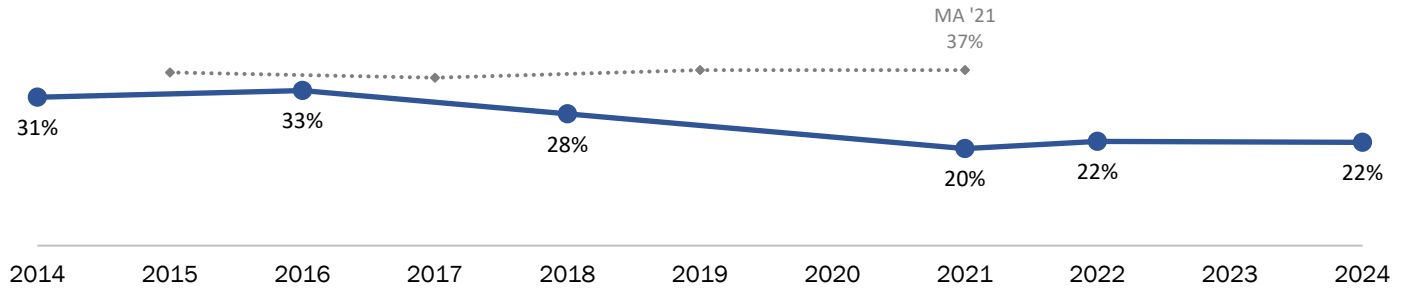
Q: In the past 30 days, what was the most common way you traveled to school?

# Sexual Behaviors

# Sexual Behaviors

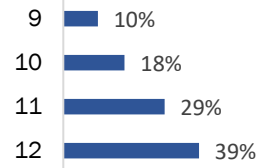
## EVER HAD CONSENSUAL SEXUAL INTERCOURSE

Overall, 22% of high school students have ever had consensual sexual intercourse. Note that the word “consensual” was added to the THS question in 2021. It is not included in the statewide comparison data.

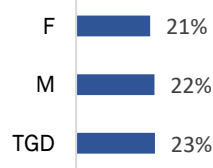


The graphs below show a breakdown of 2024 data by different demographic groups.

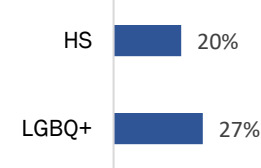
### Grade



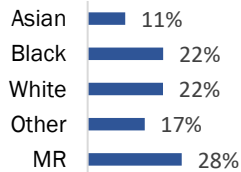
### Gender



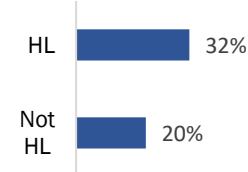
### Sexual Orientation



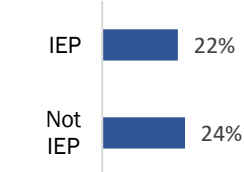
### Race



### Ethnicity



### IEP Status



**Grade:** Students in 9<sup>th</sup> grade were significantly less likely and students in 11<sup>th</sup> and 12<sup>th</sup> grade were significantly more likely than the average high school student to ever have consensual sexual intercourse.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** Asian students were significantly less likely than the average high school student to ever have consensual sexual intercourse.

**Ethnicity:** H/L students were significantly more likely than the average high school student to have ever had consensual sexual intercourse.

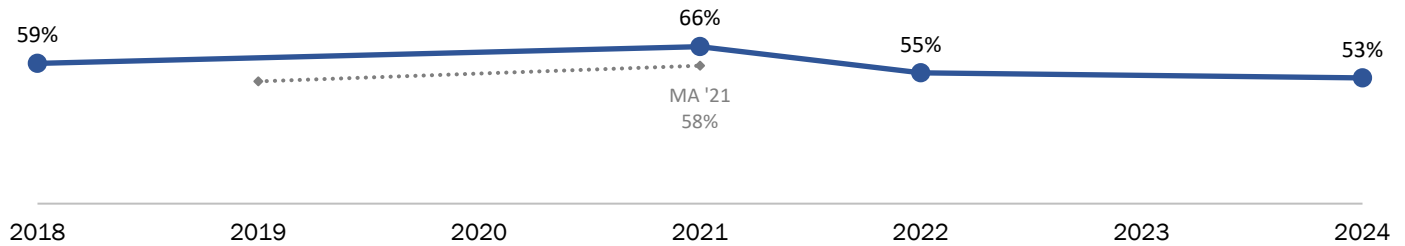
**IEP Status:** There were no significant differences.

Q: Have you ever had consensual sexual intercourse?

# Sexual Behaviors

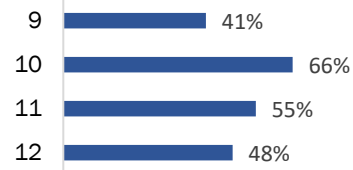
## CONDOM USE DURING LAST CONSENSUAL SEXUAL INTERCOURSE

Overall, 53% of high school students used a condom during their consensual sexual intercourse. Note that the word “consensual” was added to the THS question in 2021. It is not included in the statewide comparison data.

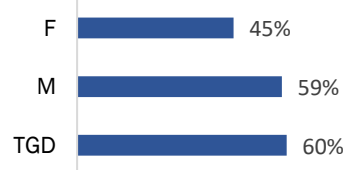


The graphs below show a breakdown of 2024 data by different demographic groups.

### Grade



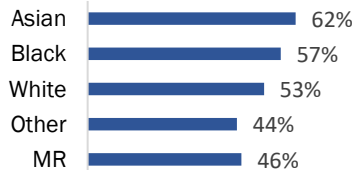
### Gender



### Sexual Orientation



### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

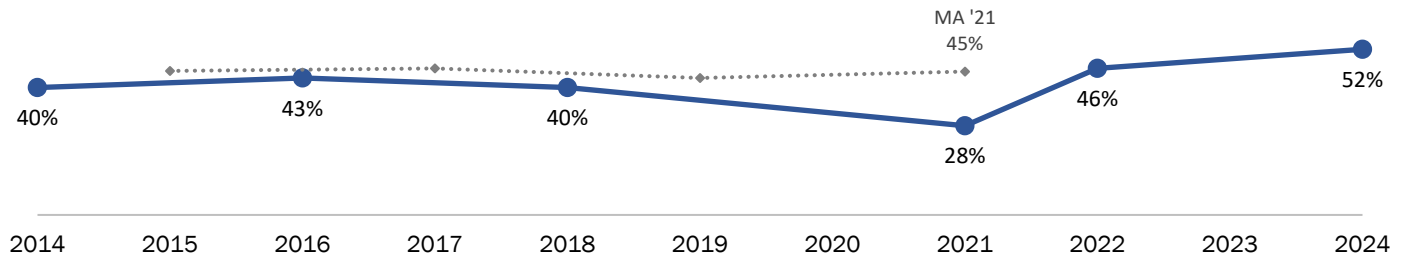
**IEP Status:** There were no significant differences.

Q: The last time you had consensual sexual intercourse, what method(s) did you use to decrease the risk of unwanted pregnancy and/or sexually transmitted infections (STIs)?

# Physical Activity And Nutrition

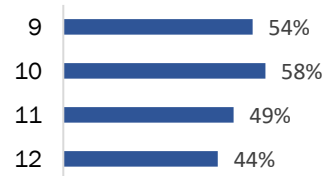
## Physical Activity

Overall, 52% of high school students engaged in 60 or more minutes of physical activity on at least 5 of the past 7 days.

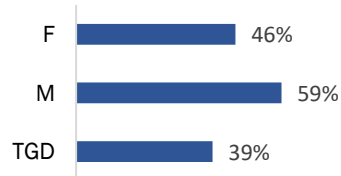


The graphs below show a breakdown of 2024 data by different demographic groups.

### Grade



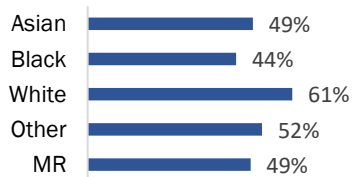
### Gender



### Sexual Orientation



### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** Male students were significantly more likely than the average high school students to engage in 60+ minutes of physical activity on 5 of the past 7 days.

**Sexual Orientation:** There were no significant differences.

**Race:** Black students were significantly less likely and White students were significantly more likely than the average high school students to engage in 60+ minutes of physical activity on 5 of the past 7 days.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

Q: During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?

## Screen Time

Overall, 72% of high school students have 3 or more hours of screen time on an average school day not including time spent doing schoolwork. *There is no statewide comparison data.*



The graphs below show a breakdown of 2024 data by different demographic groups.

### Grade



### Gender



### Sexual Orientation



### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

Q: On an average school day, how many hours do you spend in front of a TV, computer, phone, or other electronic device watching shows or videos, playing games, going online, or using social media (also called "screen time")?



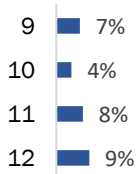
# Nutrition

## FOOD INSECURITY

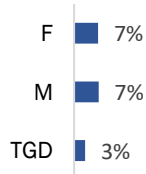
Overall, 7% of high school students went to bed hungry sometimes, most of the time, or always in the past 30 days because there was not enough food in their home. This is the first year this question was asked on the THS, so there is no trend data. *There is no statewide comparison data.*

The graphs below show a breakdown of 2024 data by different demographic groups.

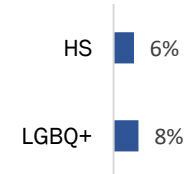
### Grade



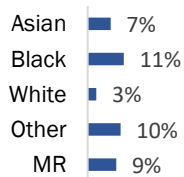
### Gender



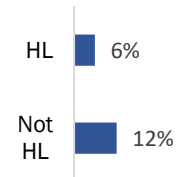
### Sexual Orientation



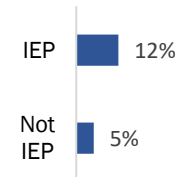
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** White students were significantly less likely than the average high school student to be food insecure in the past 30 days.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

Q: During the past 30 days, how often did you go to bed hungry because there was not enough food in your home?

# 2024

## **Cambridge Public Schools Teen Health Survey**

Upper Grades Results

---

## 2024 Upper Grades Sample

In 2024, 1,271 upper grades students participated in Cambridge Teen Health Survey. Among the students that participated, 169 were marked as incomplete and excluded from the final data set used in the analysis. **This resulted in a sample of 1,102 students.** The table below shows a distribution of accepted survey respondents by grade, gender identity, sexual orientation, race, and ethnicity.

<b>Grade</b>	
6 <sup>th</sup>	389
7 <sup>th</sup>	366
8 <sup>th</sup>	342
<b>Gender Identity</b>	
Woman or girl	509
Man or boy	506
TGD	58
Did not understand/Chose not to respond	13
<b>Sexual Orientation</b>	
Heterosexual	707
LGBQ+	202
Did not understand /Chose not to respond	142
<b>Race</b>	
Asian	118
Black	264
White	370
Other race	78
Multi-racial	172
<b>Ethnicity</b>	
HL	224
Not HL	850
<b>IEP Status</b>	
IEP	115
Not IEP	685

This analysis includes surveys from 88.3% of the upper grades student population. The table below shows the distribution of accepted survey respondents and 2023-2024 Cambridge upper grades enrollment numbers by grade.

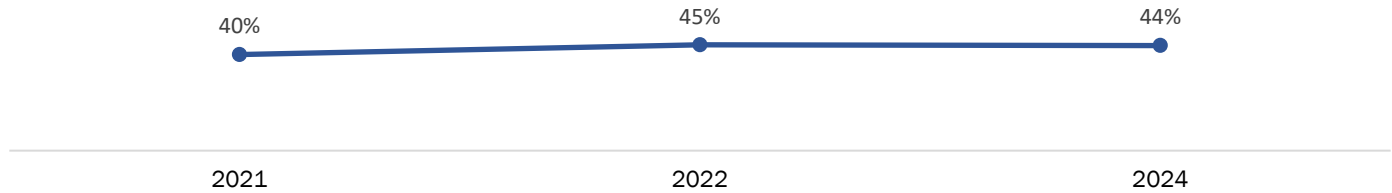
Grade	THS Participation	Enrollment	Participation Rate
6 <sup>th</sup>	389	440	88.4%
7 <sup>th</sup>	366	418	87.6%
8 <sup>th</sup>	342	385	88.8%

# Mental Health

# Mental Health

## GENERAL

Overall, 44% of upper grades students reported that their mental health was not good sometimes, most of the time, or always. *There is no statewide comparison data.*

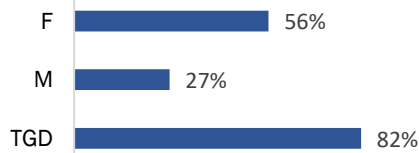


The graphs below show a breakdown of 2024 data by different demographic groups.

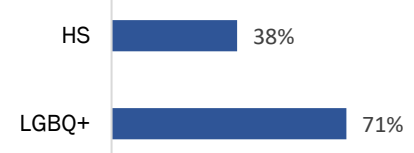
### Grade



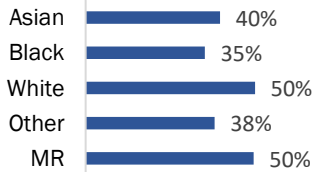
### Gender



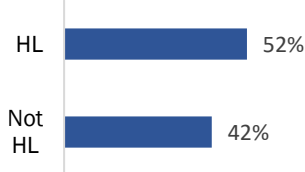
### Sexual Orientation



### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** Male students were significantly less likely and female and TGD students were significantly more likely to report that their mental health was not good sometimes, most of the time, or always in the past 30 days.

**Sexual Orientation:** Heterosexual students were significantly less likely and LGBTQ+ students were significantly more likely to report that their mental health was not good sometimes, most of the time, or always in the past 30 days.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

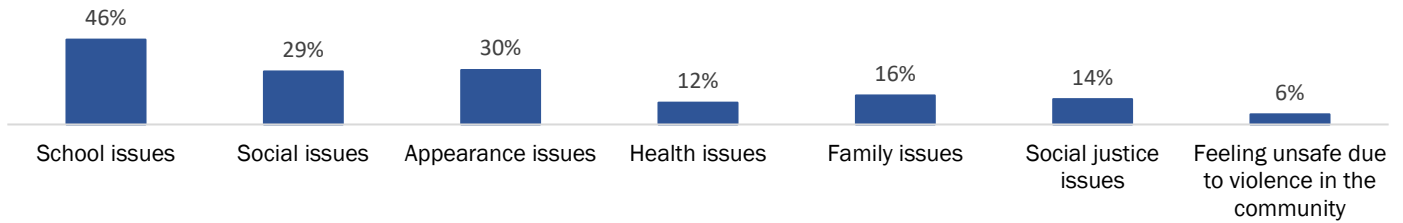
**IEP Status:** There were no significant differences.

Q: During the past 30 days, how often did you struggle with your mental health?

## Mental Health

### STRESS

Overall, upper grades students were most likely to worry fairly or very often about school issues (46%), followed by appearance issues (30%), social issues (29%), family issues (16%), social justice issues (14%), health issues (12%), and community violence (6%). *There is no statewide comparison data.*

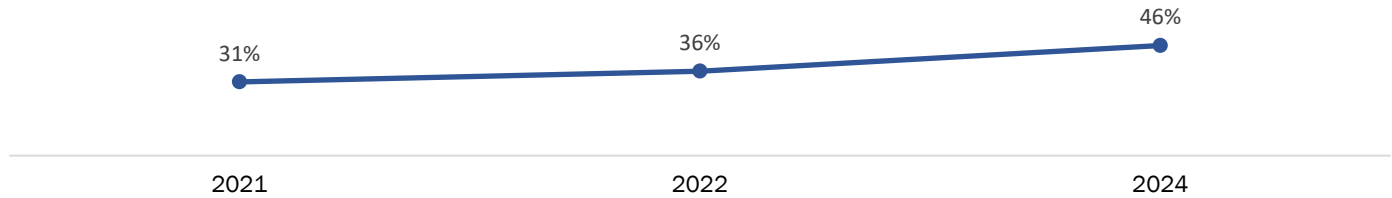


Q: During the past 30 days, how often did you worry about the following issues?

# Mental Health

## STRESS ABOUT SCHOOL ISSUES

Overall, 46% of upper grades students reported worrying fairly often or very often about school issues in the past 30 days. *There is no statewide comparison data.*

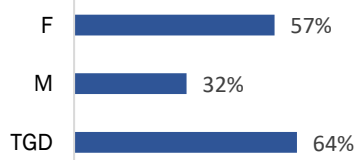


The graphs below show a breakdown of 2024 data by different demographic groups.

### Grade



### Gender



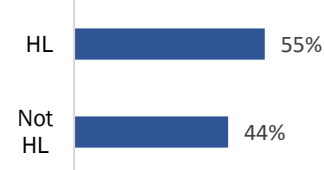
### Sexual Orientation



### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** Male students were significantly less likely than the average upper grades student to worry fairly or very often about school issues in the past 30 days.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

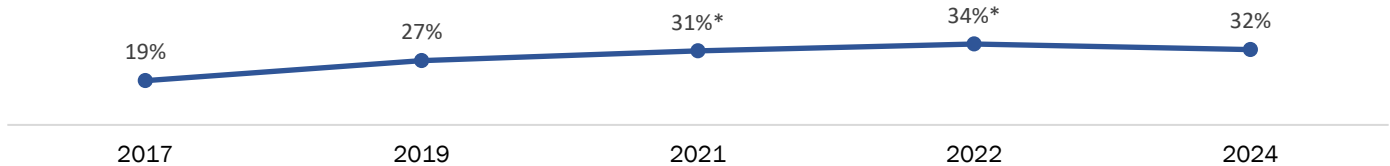
**IEP Status:** There were no significant differences.

Q: During the past 30 days, how often did you worry about the following issues?

# Mental Health

## ANXIETY

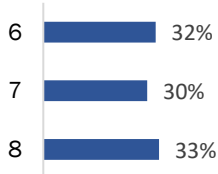
Overall, 32% upper grades students felt tense, nervous, or worried every day for two or more weeks in a row that they stopped doing some usual activities (i.e., experienced anxiety) in the past 30 days. *There is no statewide comparison data.*



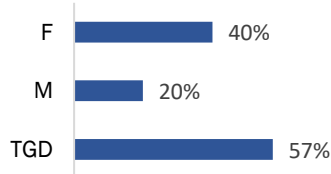
\*Note that these questions were asked about experienced anxiety in the past 12 months and comparisons to other years should be made with caution.

The graphs below show a breakdown of 2024 data by different demographic groups.

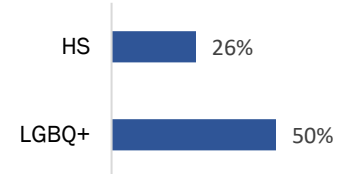
### Grade



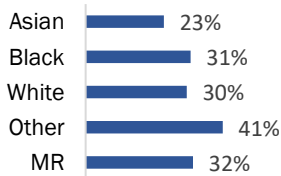
### Gender



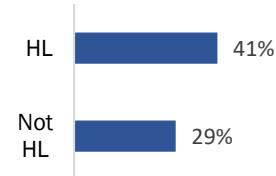
### Sexual Orientation



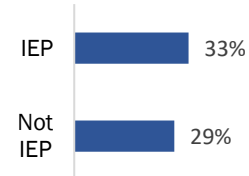
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** Male students were significantly less likely and female and TGD students were significantly more likely than the average upper grades student experience anxiety in the past 30 days.

**Sexual Orientation:** Heterosexual students were significantly less likely and LGBQ+ students were significantly more likely than the average upper grades student experience anxiety in the past 30 days.

**Race:** There were no significant differences.

**Ethnicity:** H/L students were significantly more likely than the average upper grades student to experience anxiety in the past 30 days.

**IEP Status:** There were no significant differences.

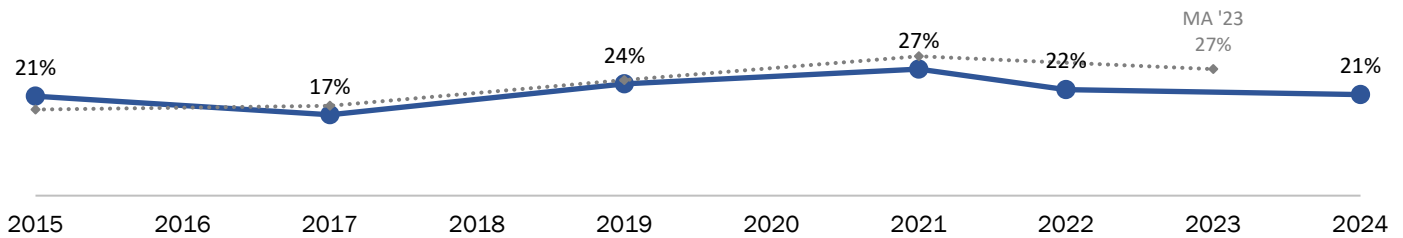
Q: During the past 30 days, did you feel tense, nervous, or worried every day for two or more weeks in a row?



# Mental Health

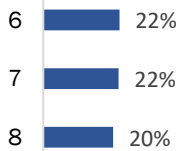
## DEPRESSION

Overall, 21% of upper grades students felt sad or hopeless almost every day for two or more weeks in a row that they stopped doing some of their usual activities (i.e., experienced depression) in the past 12 months.

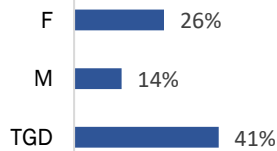


The graphs below show a breakdown of 2024 data by different demographic groups.

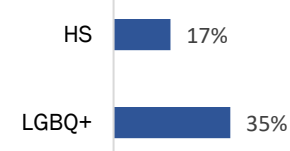
### Grade



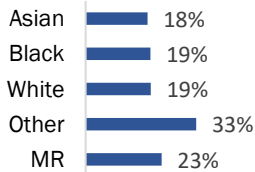
### Gender



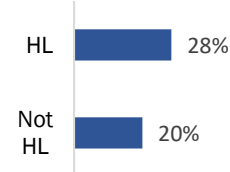
### Sexual Orientation



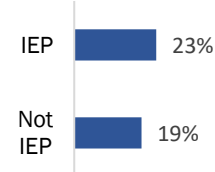
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** Male students were significantly less likely and TGD students were significantly more likely than the average upper grades student to experience depression in the past 12 months.

**Sexual Orientation:** Heterosexual students were significantly less likely and LGBQ+ students were significantly more likely than the average upper grades student experience depression in the past 12 months.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

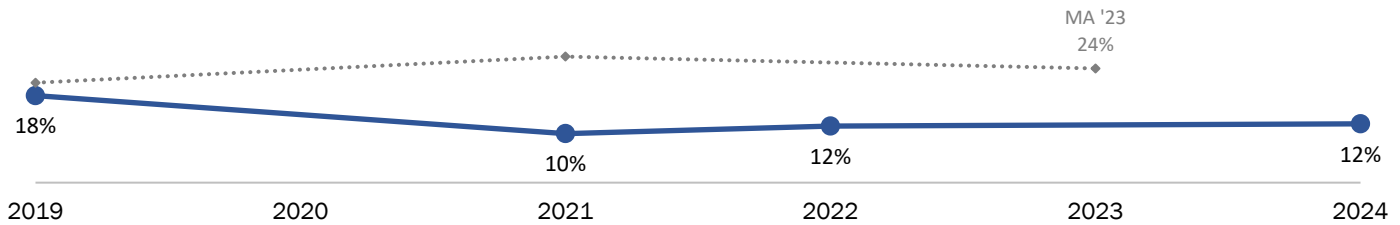
**IEP Status:** There were no significant differences.

Q: During the past 12 months, did you ever feel so sad or hopeless almost every day for two or more weeks in a row that you stopped doing some usual activities?

# Mental Health

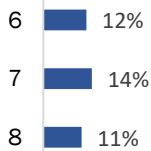
## SELF-HARM

Overall, 12% of upper grades students hurt or injured themselves on purpose without wanting to die (i.e., engaged in self-harm) in the past 12 months.

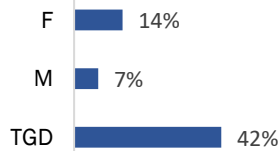


The graphs below show a breakdown of 2024 data by different demographic groups.

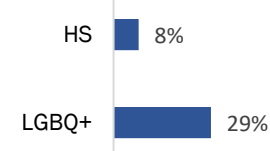
### Grade



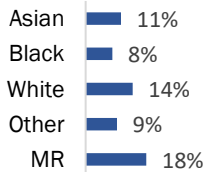
### Gender



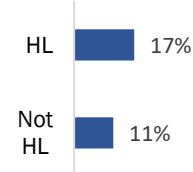
### Sexual Orientation



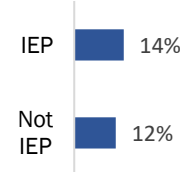
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** Male students were significantly less likely and TGD students were significantly more likely than the average upper grades student to engage in self-harm in the past 12 months.

**Sexual Orientation:** Heterosexual students were significantly less likely and LGBQ+ students were significantly more likely than the average upper grades student to engage in self-harm in the past 12 months.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

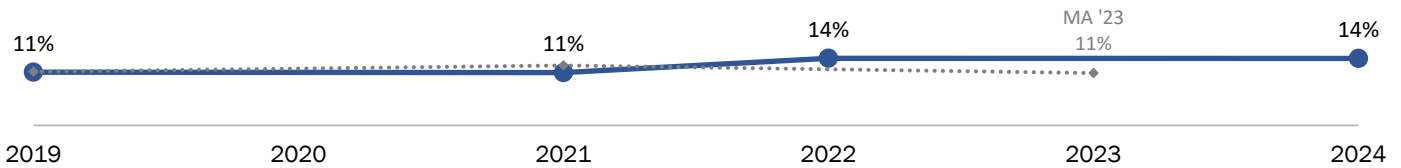
**IEP Status:** There were no significant differences.

Q: During the past 12 months, did you do something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?

# Mental Health

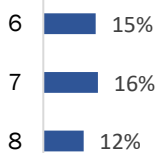
## CONSIDERED ATTEMPTING SUICIDE

Overall, 14% of upper grades students considered attempting suicide during the past 12 months.

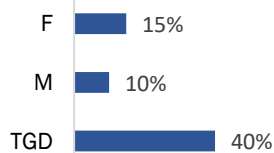


The graphs below show a breakdown of 2024 data by different demographic groups.

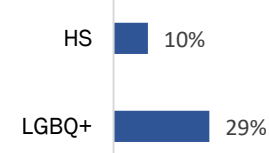
### Grade



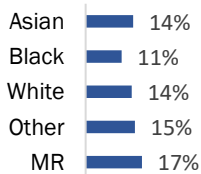
### Gender



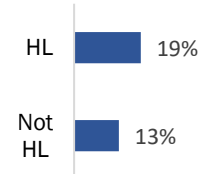
### Sexual Orientation



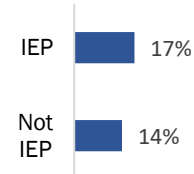
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** TGD students were significantly more likely than the average upper grades student to consider attempting suicide in the past 12 months.

**Sexual Orientation:** LGBQ+ students were significantly more likely than the average upper grades student to consider attempting suicide in the past 12 months.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

Q: During the past 12 months, did you consider attempting suicide?

# Mental Health

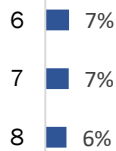
## MADE A SUICIDE PLAN

Overall, 7% of upper grades students made a suicide plan during the past 12 months. *There is no statewide comparison data.*

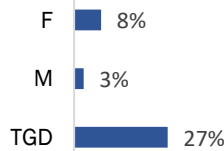


The graphs below show a breakdown of 2024 data by different demographic groups.

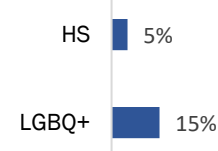
### Grade



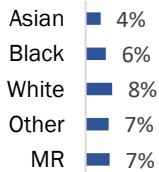
### Gender



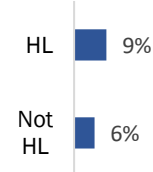
### Sexual Orientation



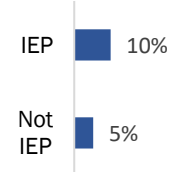
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** Male students were significantly less likely and TGD students were significantly more likely than the average upper grades student to make a suicide plan in the past 12 months.

**Sexual Orientation:** LGBQ+ students were significantly more likely than the average upper grades student to make a suicide plan in the past 12 months.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

Q: During the past 12 months, did you make a suicide plan?

# Mental Health

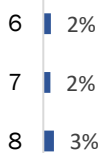
## ATTEMPTED SUICIDE

Overall, 2% of upper grades students attempted suicide in the past 12 months.

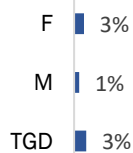


The graphs below show a breakdown of 2024 data by different demographic groups.

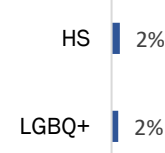
### Grade



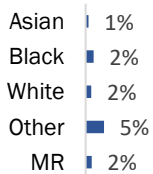
### Gender



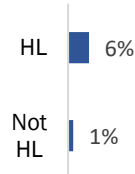
### Sexual Orientation



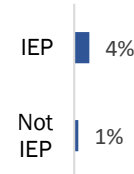
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

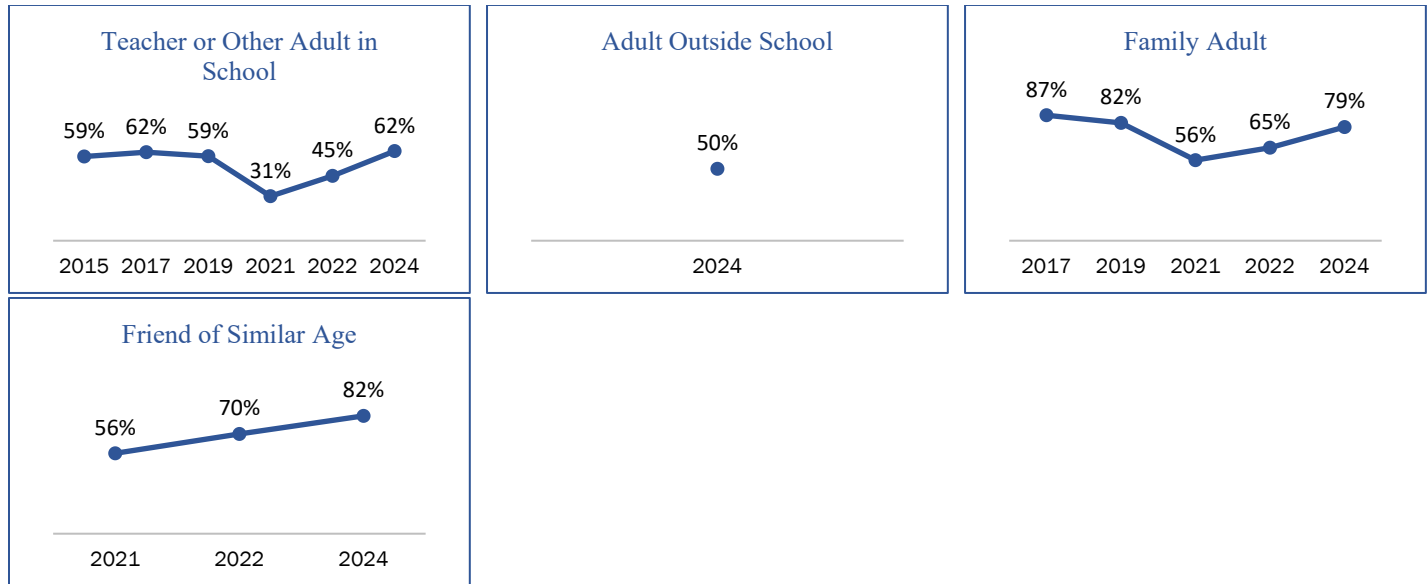
Q: During the past 12 months, did you attempt suicide?

# Youth Assets & Other Protective Factors

# Youth Assets & Other Protective Factors

## CONNECTEDNESS

Overall, when asked about individuals whom they could talk to about a problem, 62% of upper grades students reported having at least one teacher or other adult in this school, 50% reported having at least one adult outside of school who is not in their family, 79% reported having at least one family adult, and 82% reported having a friend of similar age. *There is no statewide comparison data.*



Below is a breakdown of 2024 data by different demographic groups.

Grade			Gender			Sexual Orientation		Race					Ethnicity		Special Education	
6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Teacher or other adult in school																
65%	59%	62%	61%	65%	53%	64%	62%	50%	64%	64%	62%	61%	65%	63%	64%	63%
Adult outside of school																
52%	48%	50%	47%	55%	44%	52%	42%	43%	52%	55%	43%	49%	47%	51%	44%	53%
Family adult																
82%	78%	77%	74%	87%^	61% <sup>v</sup>	81%	72%	66% <sup>v</sup>	77%	85%^	75%	80%	79%	79%	77%	82%
Friend of similar age																
82%	81%	82%	84%	80%	83%	85%	82%	85%	79%	83%	77%	85%	81%	82%	81%	84%

<sup>^</sup> indicates that students in this demographic group are significantly **more** likely than the average upper grades student to have the adult connection.

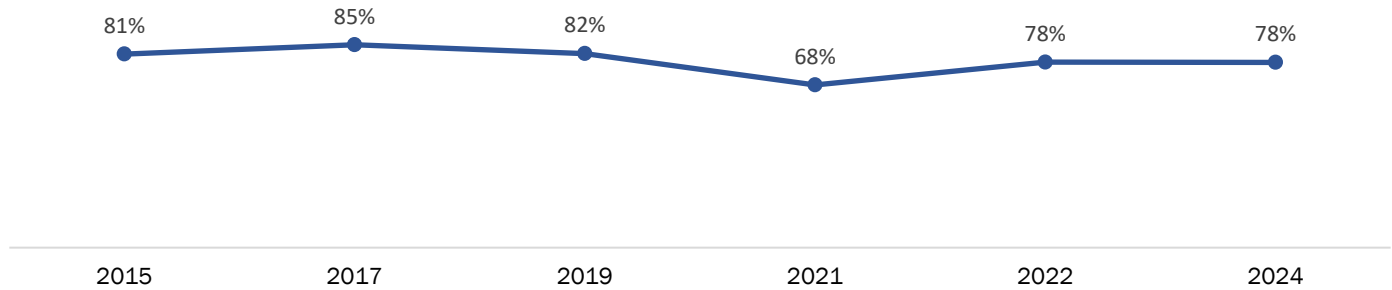
<sup>v</sup> indicates that students in this demographic group are significantly **less** likely than the average upper grades student to have the adult connection.

Q: Is there at least one teacher or other adult in this school that you can talk to if you have a problem?  
 Q: Is there at least one adult outside of school who is not in your family that you can talk to if you have a problem?  
 Q: Is there at least one adult in your family that you can talk to if you have a problem?  
 Q: Is there at least one friend similar in age to you that you can talk to if you have a problem?

## Youth Assets & Other Protective Factors

### FRIENDSHIP

Overall, 78% of upper grades students reported having three or more close friends. *There is no statewide comparison data.*



The graphs below show a breakdown of 2024 data by different demographic groups.

#### Grade



#### Gender



#### Sexual Orientation



#### Race



#### Ethnicity



#### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

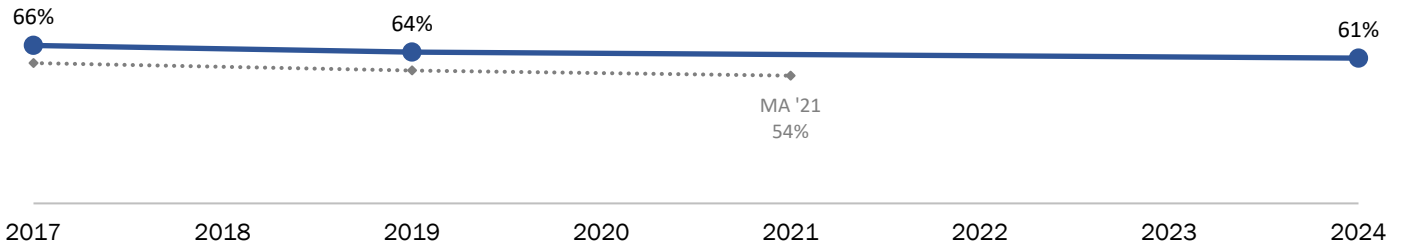
Q: How many close friends do you have?



# Youth Assets & Other Protective Factors

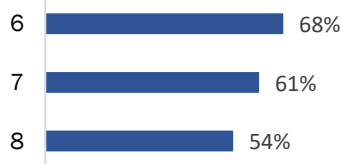
## SLEEP

Overall, 61% of upper grades students reported sleeping 8 or more hours on an average school night.

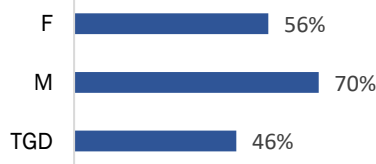


The graphs below show a breakdown of 2024 data by different demographic groups.

### Grade



### Gender



### Sexual Orientation



### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** Male students were significantly more likely than the average upper grades student to sleep 8 or more hours on an average school night.

**Sexual Orientation:** LGBQ+ students were significantly less likely than the average upper grades student to sleep 8 or more hours on an average school night.

**Race:** Black students were significantly less likely and White students were significantly more likely than the average upper grades student to sleep 8 or more hours on an average school night.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

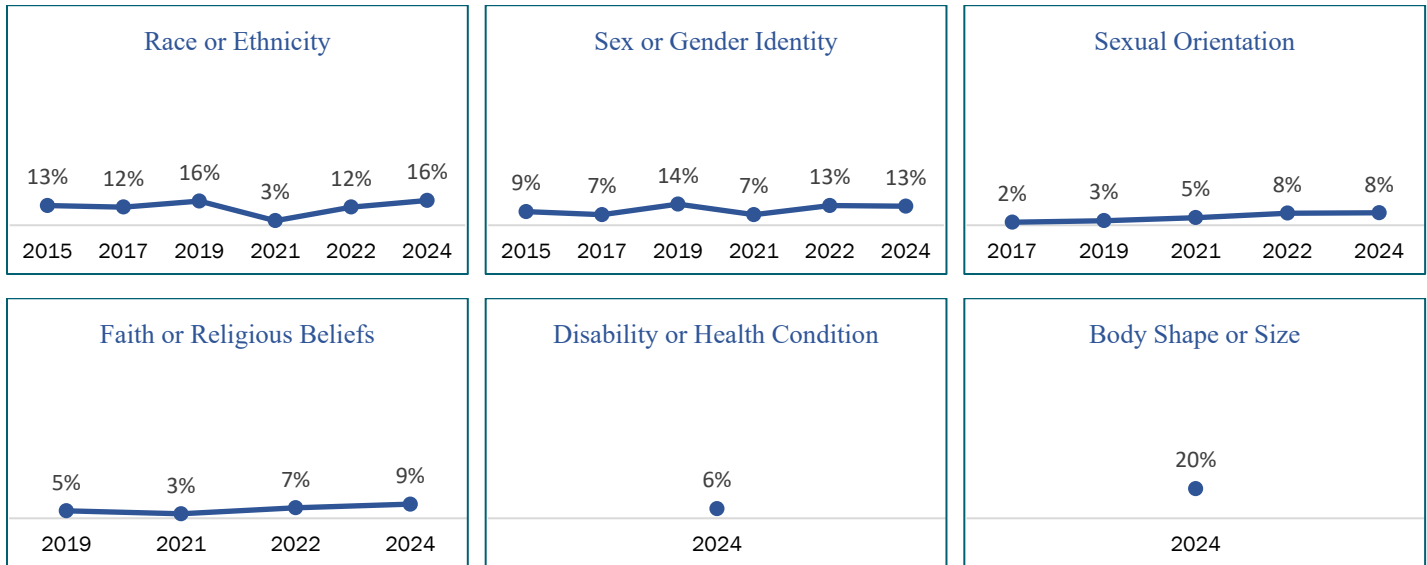
Q: On an average school night, how many hours of sleep do you get?

# Discrimination

# Discrimination

## EXPERIENCED DISCRIMINATION

Overall, 16% of upper grades school students reported that they were sometimes, most of the time, or always treated badly or unfairly in school in the past 12 months because of their race or ethnicity, 13% because of their sex or gender identity, 8% because of their sexual orientation, 9% because of their faith or religious beliefs, 6% because of a disability or health condition, and 20% because of their body shape or size. *There is no statewide comparison data.*



Below is a breakdown of 2024 data by different demographic groups.

Grade			Gender			Sexual Orientation		Race					Ethnicity		Special Education	
6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Race or ethnicity																
19%	18%	13%	18%	15%	11%	18%	13%	25%	23%	7% <sup>v</sup>	13%	22%	20%	16%	17%	15%
Gender identity																
14%	13%	12%	16%	5% <sup>v</sup>	46% <sup>^</sup>	9%	30% <sup>^</sup>	11%	11%	15%	10%	14%	12%	13%	12%	13%
Sexual orientation																
9%	9%	7%	7%	5%	43% <sup>^</sup>	2% <sup>v</sup>	31% <sup>^</sup>	5%	4% <sup>v</sup>	10%	7%	13%	7%	9%	11%	8%
Faith or religious beliefs																
11%	11%	6%	10%	8%	11%	9%	11%	10%	8%	8%	14%	14%	9%	10%	12%	9%
Disability or health condition																
8%	5%	5%	5%	6%	25% <sup>^</sup>	5%	12%	4%	5%	7%	6%	8%	8%	6%	6%	5%
Body shape or size																
22%	23%	14%	19%	19%	28%	19%	24%	9% <sup>v</sup>	22%	17%	29%	26%	25%	18%	25%	16%

<sup>^</sup> indicates that students in this demographic group are significantly **more** likely than the average upper grades student to experience the form of discrimination.

<sup>v</sup> indicates that students in this demographic group are significantly **less** likely than the average upper grades student to experience the form of discrimination.

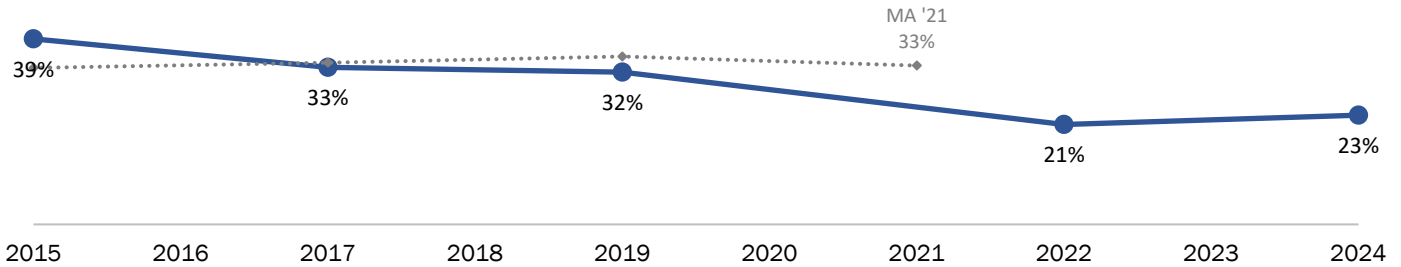
Q: During the past 12 months, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity?  
 Q: During the past 12 months, how often have you felt that you were treated badly or unfairly in school because of your gender identity?  
 Q: During the past 12 months, how often have you felt that you were treated badly or unfairly in school because of your sexual orientation?  
 Q: During the past 12 months, how often have you felt that you were treated badly or unfairly in school because of your religion?  
 Q: During the past 12 months, how often have you felt that you were treated badly or unfairly in school because of a disability or health condition?  
 Q: During the past 12 months, how often have you felt that you were treated badly or unfairly in school because of your body shape or size?

# Bullying

# Bullying

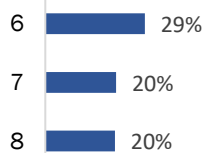
## BULLYING ON SCHOOL PROPERTY

Overall, 23% of upper grades students were bullied on school property in the past 12 months.

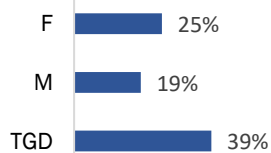


The graphs below show a breakdown of 2024 data by different demographic groups.

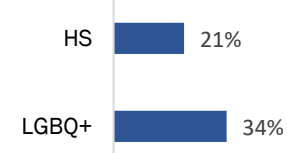
### Grade



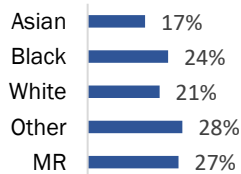
### Gender



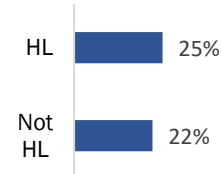
### Sexual Orientation



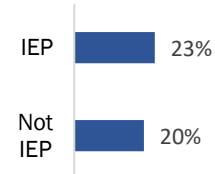
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** TGD students were significantly more likely than the average upper grades student to be bullied on school property in the past 12 months.

**Sexual Orientation:** LGBQ+ students were significantly more likely than the average upper grades student to be bullied on school property in the past 12 months.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

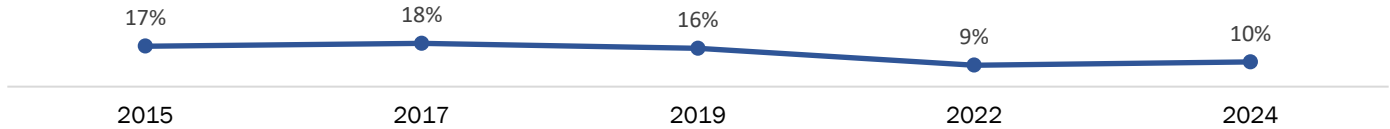
Q: During the past 12 months, have you been bullied at school?

The 2024 THS defined bullying as when one or more students tease, threaten, or spread rumors about another student, or if they hit, shove, or hurt them over and over again, it is bullying. When two students of about the same strength or power argue, fight, or tease each other in a friendly way, it is not bullying. Bullying can take place in person or over digital devices like cell phones, computers, and tablets. When one or more students tease, threaten, or spread rumors about another student in text messages or online, it is called "cyberbullying." When these messages appear on social media websites, many people can view or share the messages. They can even join the cyberbullying.

# Bullying

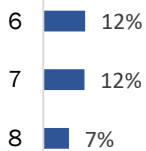
## BULLYING OUTSIDE OF SCHOOL

Overall, 10% of upper grades students were bullied outside of school in the past 12 months. *There is no statewide comparison data.*

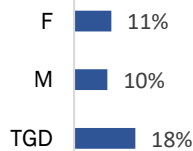


The graphs below show a breakdown of 2024 data by different demographic groups.

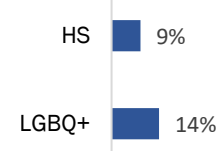
### Grade



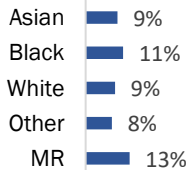
### Gender



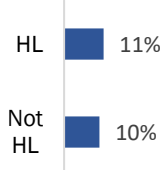
### Sexual Orientation



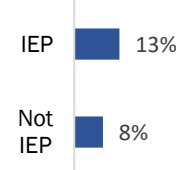
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

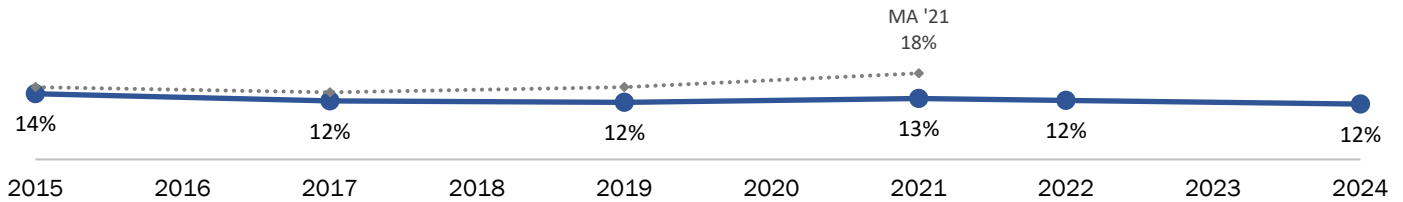
Q: During the past 12 months, have you been bullied outside of school?

The 2024 THS defined bullying as when one or more students tease, threaten, or spread rumors about another student, or if they hit, shove, or hurt them over and over again, it is bullying. When two students of about the same strength or power argue, fight, or tease each other in a friendly way, it is not bullying. Bullying can take place in person or over digital devices like cell phones, computers, and tablets. When one or more students tease, threaten, or spread rumors about another student in text messages or online, it is called "cyberbullying." When these messages appear on social media websites, many people can view or share the messages. They can even join the cyberbullying.

# Bullying

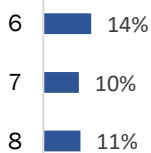
## ELECTRONIC BULLYING

Overall, 12% of upper grades students were electronically bullied in the past 12 months.

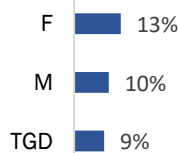


The graphs below show a breakdown of 2024 data by different demographic groups.

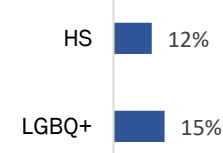
### Grade



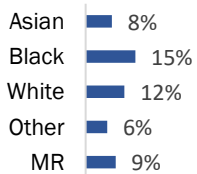
### Gender



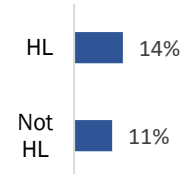
### Sexual Orientation



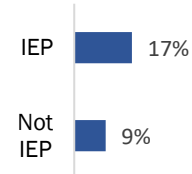
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

Q: During the past 12 months, have you been bullied electronically?

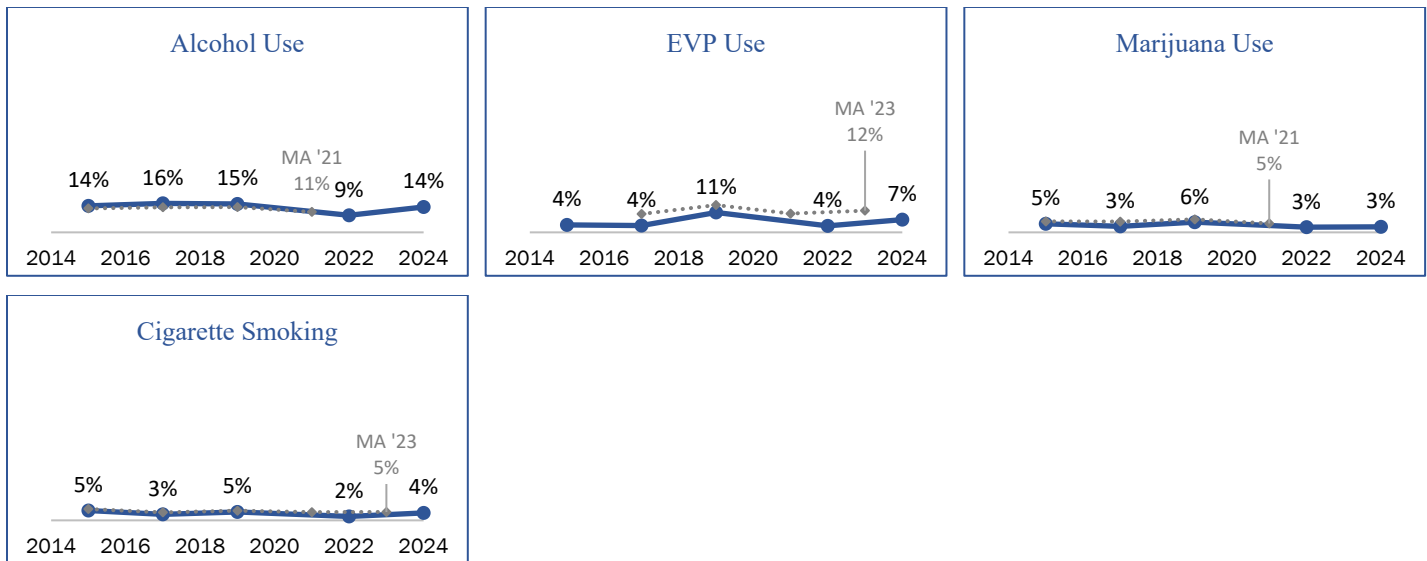
The 2024 THS defined bullying as when one or more students tease, threaten, or spread rumors about another student, or if they hit, shove, or hurt them over and over again, it is bullying. When two students of about the same strength or power argue, fight, or tease each other in a friendly way, it is not bullying. Bullying can take place in person or over digital devices like cell phones, computers, and tablets. When one or more students tease, threaten, or spread rumors about another student in text messages or online, it is called "cyberbullying." When these messages appear on social media websites, many people can view or share the messages. They can even join the cyberbullying.

# Substance Use



## Lifetime Substance Use

Cambridge upper grades students were asked if they had ever used a variety of substances. Overall, 14% reported ever drinking alcohol, 7% reported ever using electronic vapor products, 3% reported ever using marijuana, and 4% reported ever smoking cigarettes.



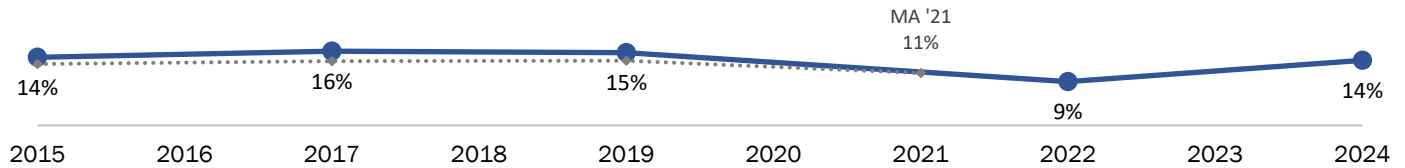
Below is a breakdown of 2024 data by different demographic groups.

Q: How old were you when you had your first drink of alcohol (more than a few sips)?  
 Q: How old were you when you used an electronic vapor product (vape) for the first time?  
 Q: How old were you when you tried marijuana for the first time?  
 Q: How old were you when you first tried cigarette smoking, even one or two puffs?  
 Q: During your lifetime, have you taken prescription pain/anti-anxiety or anti-depressant/stimulants/other medication without a doctor's prescription or differently than how a doctor told you to use it?

# Lifetime Substance Use

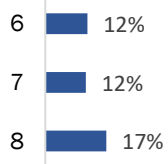
## LIFETIME ALCOHOL USE

Overall, 14% of upper grades students have ever drank alcohol.

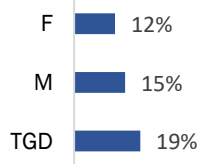


The graphs below show a breakdown of 2024 data by different demographic groups.

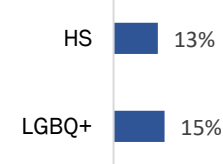
### Grade



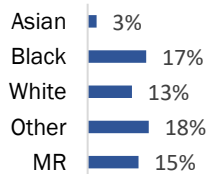
### Gender



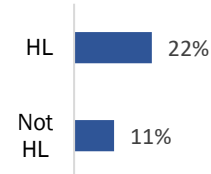
### Sexual Orientation



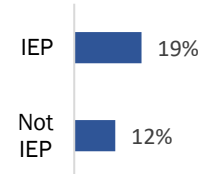
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** Asian students were significantly less likely than the average upper grades student to have ever drank alcohol.

**Ethnicity:** H/L students were significantly more likely than the average upper grades student to have ever drank alcohol.

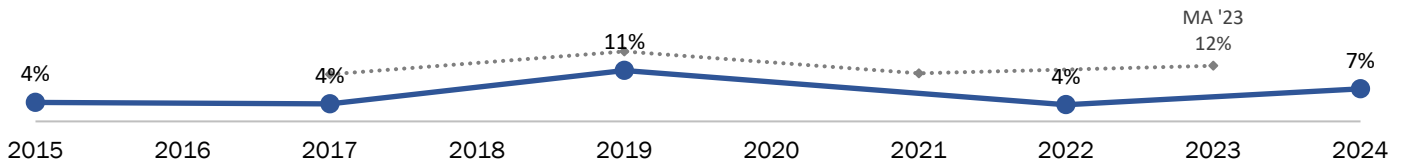
**IEP Status:** There were no significant differences.

Q: How old were you when you had your first drink of alcohol (more than a few sips)?

# Lifetime Substance Use

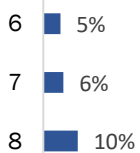
## LIFETIME EVP USE

Overall, 7% of upper grades students used electronic vapor products in the past 30 days.

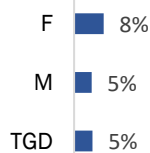


The graphs below show a breakdown of 2024 data by different demographic groups.

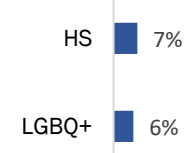
### Grade



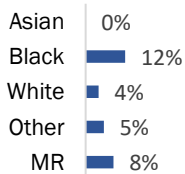
### Gender



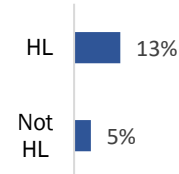
### Sexual Orientation



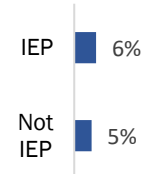
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** H/L students were significantly more likely than the average upper grades student to have ever use a vape product.

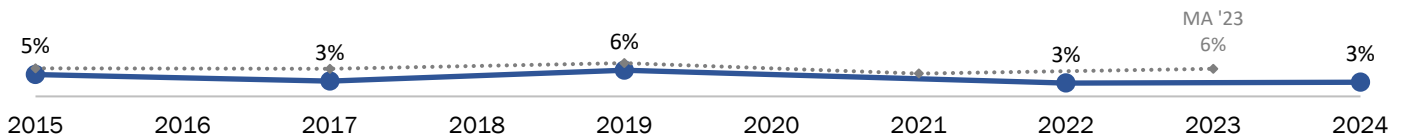
**IEP Status:** There were no significant differences.

Q: How old were you when you used an electronic vapor product (vape) for the first time?

# Lifetime Substance Use

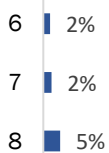
## LIFETIME MARIJUANA USE

Overall, 3% of upper grades students have used marijuana in the past 30 days.

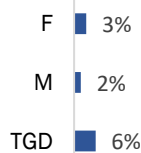


The graphs below show a breakdown of 2024 data by different demographic groups.

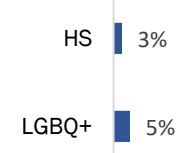
### Grade



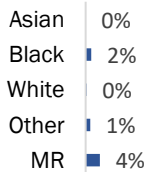
### Gender



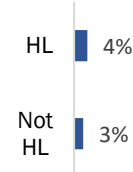
### Sexual Orientation



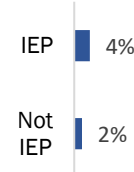
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

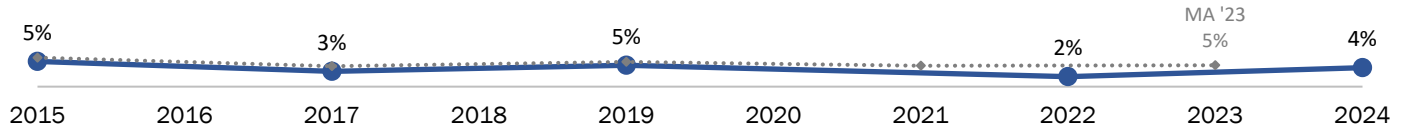
**IEP Status:** There were no significant differences.

Q: How old were you when you tried marijuana for the first time?

# Lifetime Substance Use

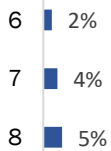
## LIFETIME CIGARETTE SMOKING

Overall, 4% of upper grades students smoked a cigarette in the past 30 days. *There is no 2021 statewide comparison data.*

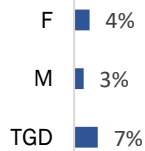


The graphs below show a breakdown of 2024 data by different demographic groups.

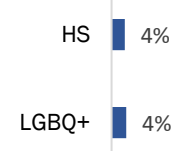
### Grade



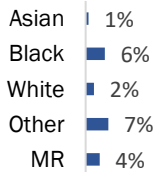
### Gender



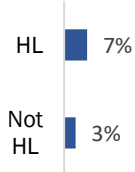
### Sexual Orientation



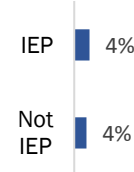
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

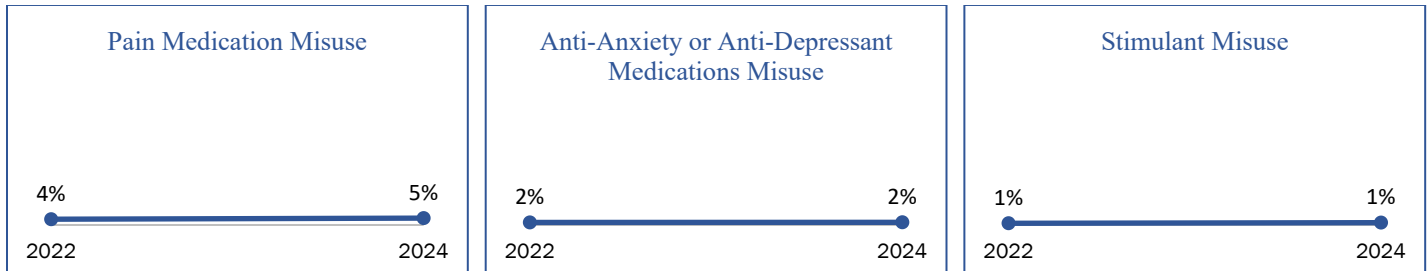
**IEP Status:** There were no significant differences.

Q: How old were you when you first tried cigarette smoking, even one or two puffs?

# Lifetime Substance Use

## LIFETIME PD MISUSE

Cambridge upper grades students were asked if they had ever used a variety of prescription medications without a doctor's prescription or differently than how a doctor told them to use it. Overall, 5% reported currently misusing prescription pain medication, 2% reported currently misusing anti-anxiety or anti-depressant medication, and 1% reported currently misusing stimulants.



Below is a breakdown of 2024 data by different demographic groups.

Grade			Gender			Sexual Orientation		Race					Ethnicity		Special Education	
6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Prescription pain medication																
6%	4%	4%	5%	3%	8%	5%	5%	4%	4%	3%	10%	8%	8%	4%	8%	4%
Anti-anxiety or anti-depressant medications																
2%	1%	2%	1%	1%	7%	1%	2%	0%	1%	1%	1%	4%	2%	1%	4%	1%
Stimulants																
2%	1%	1%	0%	1%	2%	1%	1%	0%	2%	<1%	3%	2%	2%	1%	5%	1%

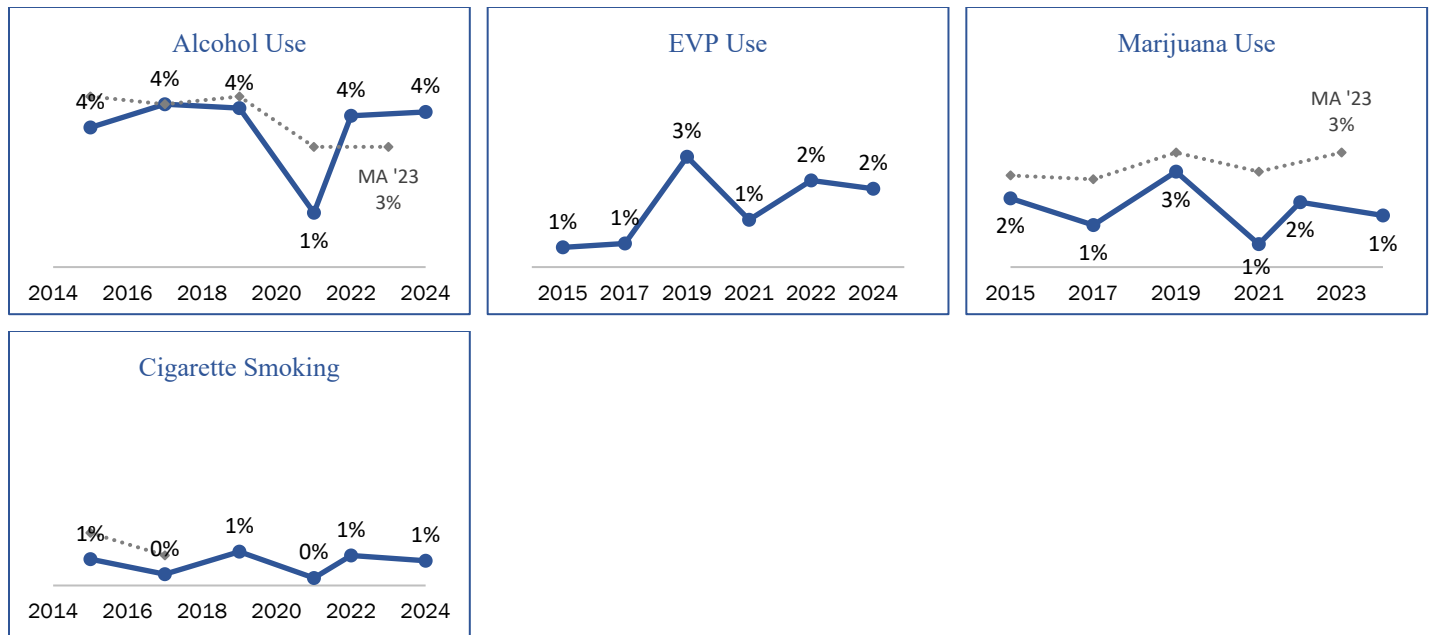
^ indicates that students in this demographic group are significantly **more** likely than the average upper grades student to have ever used the substance.

v indicates that students in this demographic group are significantly **less** likely than the average upper grades student to have ever used the substance.

Q: During your lifetime, have you taken prescription pain/anti-anxiety or anti-depressant/stimulants/other medication without a doctor's prescription or differently than how a doctor told you to use it?

## Current Substance Use

Cambridge upper grades students were asked if they used a variety of substances in the past 30 days (currently). Overall, 4% reported currently drinking alcohol, 1% reported currently binge drinking, 2% reported currently using electronic vapor products, 1% reported currently using marijuana, and 1% reported currently smoking cigarettes.



Below you will find a breakdown of 2024 data by different demographic groups.

Grade			Gender			Sexual Orientation		Race					Ethnicity		Special Education	
6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
<b>Alcohol use</b>																
4%	4%	4%	5%	3%	2%	4%	5%	1%	5%	3%	5%	5%	8%	3%	4%	3%
<b>EVP use</b>																
1%	2%	2%	1%	3%	0%	2%	2%	0%	3%	1%	4%	3%	5%	1%	3%	1%
<b>Marijuana use</b>																
1%	1%	2%	2%	1%	0%	1%	1%	0%	5%	2%	3%	5%	2%	1%	3%	1%
<b>Cigarette smoking</b>																
1%	<1%	1%	1%	<1%	0%	>1%	>1%	0%	1%	<1%	1%	1%	1%	<1%	<1%	4%

<sup>^</sup> indicates that students in this demographic group are significantly **more** likely than the average upper grades student to have ever used the substance.

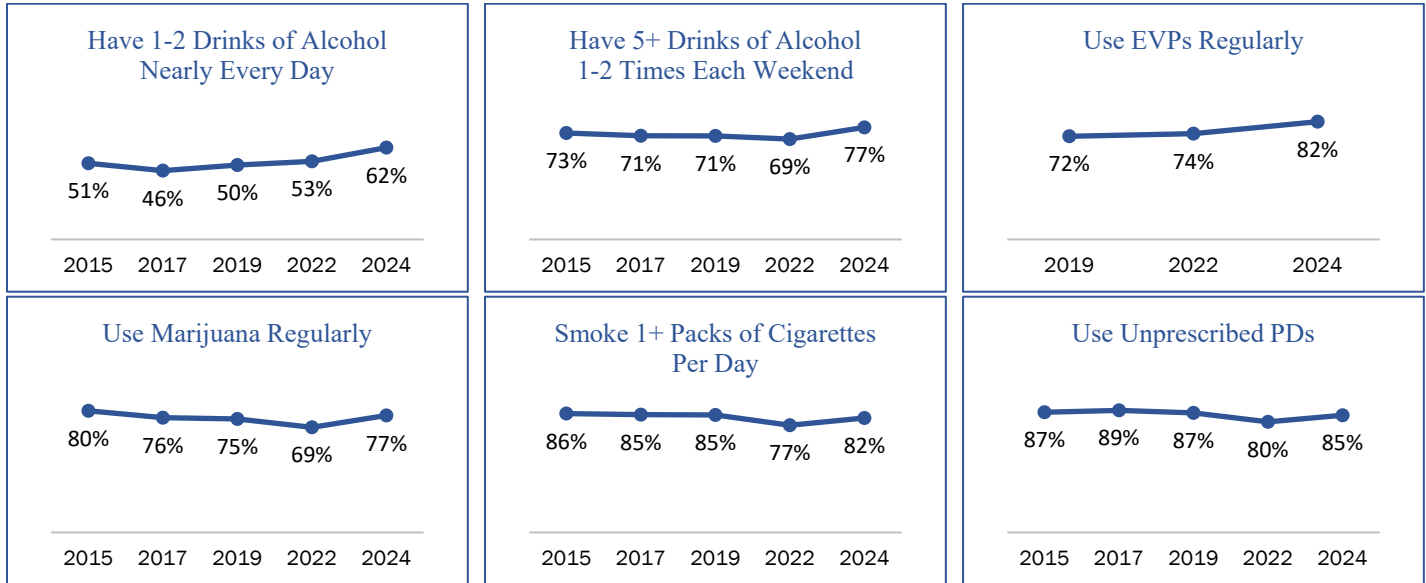
<sup>v</sup> indicates that students in this demographic group are significantly **less** likely than the average upper grades student to have ever used the substance.

Q: During the past 30 days, did you have at least one drink of alcohol (more than a few sips)?  
 Q: During the past 30 days, did you use vape product?  
 Q: During the past 30 days, did you use marijuana?  
 Q: During the past 30 days, did you smoke cigarettes?

# Perceptions About Substance Use

## PERCEIVED RISK OF HARM

Overall, upper grades students were most likely to perceive misusing prescription drugs as the having moderate or great risk of harm (85%), and least likely to perceive having 1-2 drinks of alcohol nearly every day (77%). *There is no statewide comparison data.*



Below is a breakdown of 2024 data by different demographic groups.

Grade			Gender			Sexual Orientation		Race					Ethnicity		Special Education	
6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Have 1 or 2 drinks of alcohol nearly every day																
62%	59%	65%	63%	60%	70%	61%	63%	74%	55%	64%	61%	63%	55%	63%	61%	63%
Have 5 or more drinks of alcohol once or twice each weekend																
74%	74%	82%	77%	77%	83%	78%	73%	86%	74%	80%	78%	76%	69%	79%	72%	79%
Use electronic vapor products																
82%	81%	84%	83%	80%	89%	82%	85%	91%^	72%^v	87%	78%	84%	78%	83%	75%	84%
Use marijuana regularly																
78%	81%	72%	79%	76%	70%	79%	71%	92%^	70%	79%	75%	79%	75%	78%	69%	80%
Smoke 1 or more packs of cigarettes per day																
80%	80%	88%	83%	82%	87%	82%	86%	91%	76%	88%	73%	82%	80%	84%	77%	85%
Use prescription drugs not prescribed to them																
83%	85%	87%	83%	86%	94%^	85%	89%	90%	80%	91%	78%	86%	78%	87%	82%	87%

^ indicates that students in this demographic group are significantly **more** likely than the average upper grades student to perceive use of the substance as having moderate or great risk of harm.

<sup>v</sup> indicates that students in this demographic group are significantly **less** likely than the average upper grades student to perceive use of the substance as having moderate or great risk of harm.

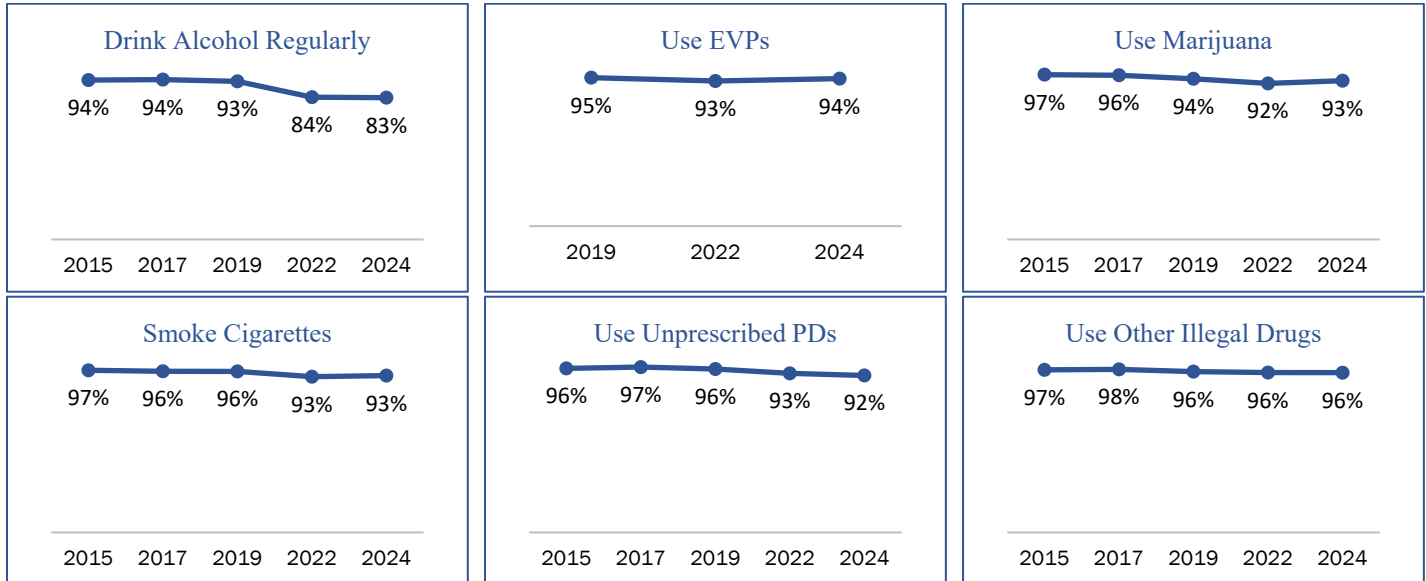
Q: How much do you think people risk harming themselves if they have one or two drinks of alcohol nearly every day?  
 Q: How much do you think people risk harming themselves if they have five or more drinks of alcohol once or twice each weekend?  
 Q: How much do you think people risk harming themselves if they use a vape product?  
 Q: How much do you think people risk harming themselves if they use marijuana regularly?  
 Q: How much do you think people risk harming themselves if they smoke one or more packs of cigarettes nearly every day?  
 Q: How much do you think people risk harming themselves if they use prescription drugs that are not prescribed to them?



# Perceptions About Substance Use

## PARENT/GUARDIAN/CAREGIVER PERCEPTIONS

Overall, upper grades students were most likely to think their parents/guardians/caregivers think misusing prescription drugs as wrong or very wrong (96%), and least likely to think their parents/guardians/caregivers think drinking alcohol is wrong or very wrong (83%). *There is no statewide comparison data.*



Below is a breakdown of 2024 data by different demographic groups.

Grade			Gender			Sexual Orientation		Race					Ethnicity		Special Education	
6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Drink alcohol regularly																
85%	83%	82%	82%	86%	77%	85%	81%	85%	80%	86%	83%	83%	81%	84%	76%	85%
Use EVPs																
95%	93%	95%	94%	95%	96%	95%	96%	98%	89% <sup>v</sup>	97%	94%	94%	91%	95%	92%	95%
Use marijuana																
94%	92%	93%	94%	93%	93%	95%	92%	97%	89%	94%	97%	93%	94%	93%	88%	95%
Smoke cigarettes																
93%	92%	95%	93%	95%	93%	95%	94%	95%	89%	95%	95%	94%	92%	94%	91%	95%
Use prescription medications not prescribed to them																
92%	92%	92%	91%	93%	93%	93%	94%	95%	86%	95%	90%	92%	91%	92%	91%	93%
Use other illegal drugs																
96%	94%	97%	96%	95%	96%	96%	98%	97%	93%	98%	97%	95%	95%	96%	93%	97%

<sup>^</sup> indicates that students in this demographic group are significantly **more** likely than the average upper grades student to think their parents/guardians/caregivers think use of the substance is wrong or very wrong.

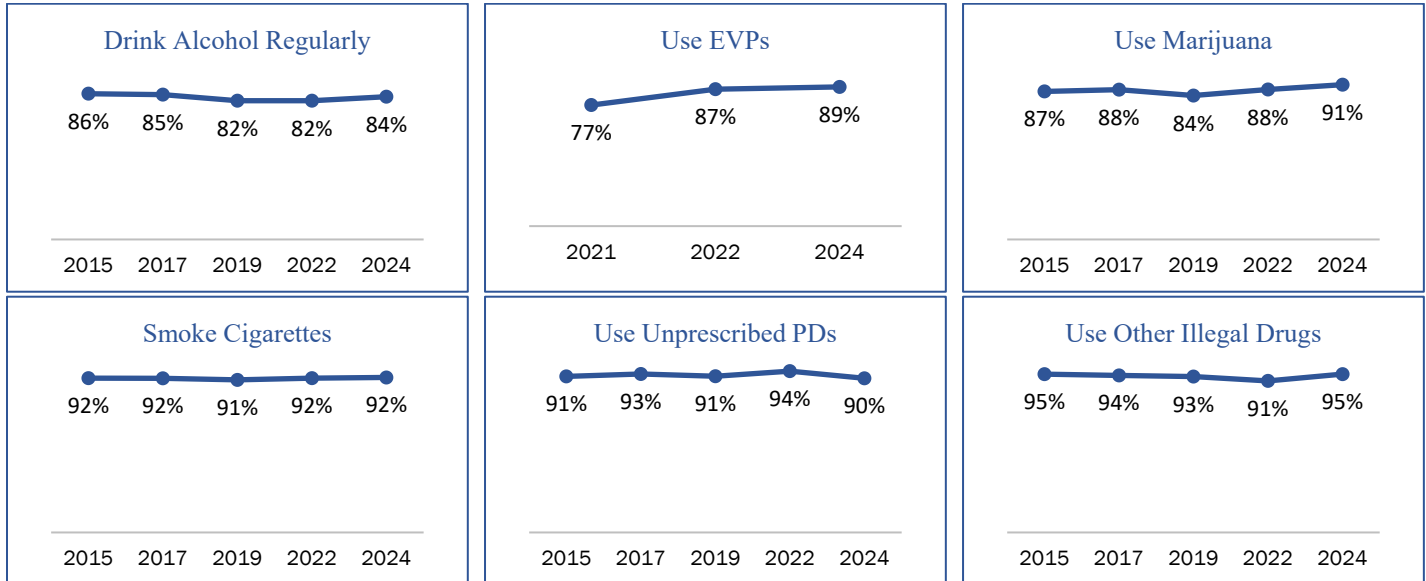
<sup>v</sup> indicates that students in this demographic group are significantly **less** likely than the average upper grades student to think their parents/guardians/caregivers think use of the substance is wrong or very wrong.

Q: How wrong do your parents/guardians/caregivers feel it would be for you to drink alcohol?  
 Q: How wrong do your parents/guardians/caregivers feel it would be for you to use vape products?  
 Q: How wrong do your parents/guardians/caregivers feel it would be for you to use marijuana?  
 Q: How wrong do your parents/guardians/caregivers feel it would be for you to smoke cigarettes?  
 Q: How wrong do your parents/guardians/caregivers feel it would be for you to use prescription medications not prescribed to you?

# Perceptions About Substance Use

## PERCEPTIONS OF FRIENDS

Overall, upper grades students were most likely to think their friends think using other illegal drugs is wrong or very wrong (95%), and least likely to think their friends think using alcohol is wrong or very wrong (84%). *There is no statewide comparison data.*



Below is a breakdown of 2024 data by different demographic groups.

Grade			Gender			Sexual Orientation		Race					Ethnicity		Special Education	
6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Drink alcohol regularly																
86%	86%	80%	84%	86%	72%	85%	82%	88%	85%	84%	84%	82%	78%	85%	77%	85%
Use EVPs																
91%	89%	87%	88%	91%	91%	80%	92%	93%	84%	93%	92%	85%	86%	90%	88%	90%
Use marijuana																
95%	91%	86%	92%	91%	86%	92%	89%	93%	89%	91%	93%	88%	92%	91%	85%	93%
Smoke cigarettes																
94%	92%	91%	93%	93%	91%	94%	94%	91%	1%	94%	97%	90%	91%	93%	90%	93%
Use prescription medications not prescribed to them																
90%	90%	90%	91%	91%	84%	92%	90%	90%	88%	94%	87%	89%	89%	91%	87%	92%
Use other illegal drugs																
96%	94%	94%	96%	95%	91%	96%	96%	95%	93%	97%	93%	93%	94%	95%	91%	96%

^ indicates that students in this demographic group are significantly **more** likely than the average upper grades student to think their close friends think use of the substance is wrong or very wrong.

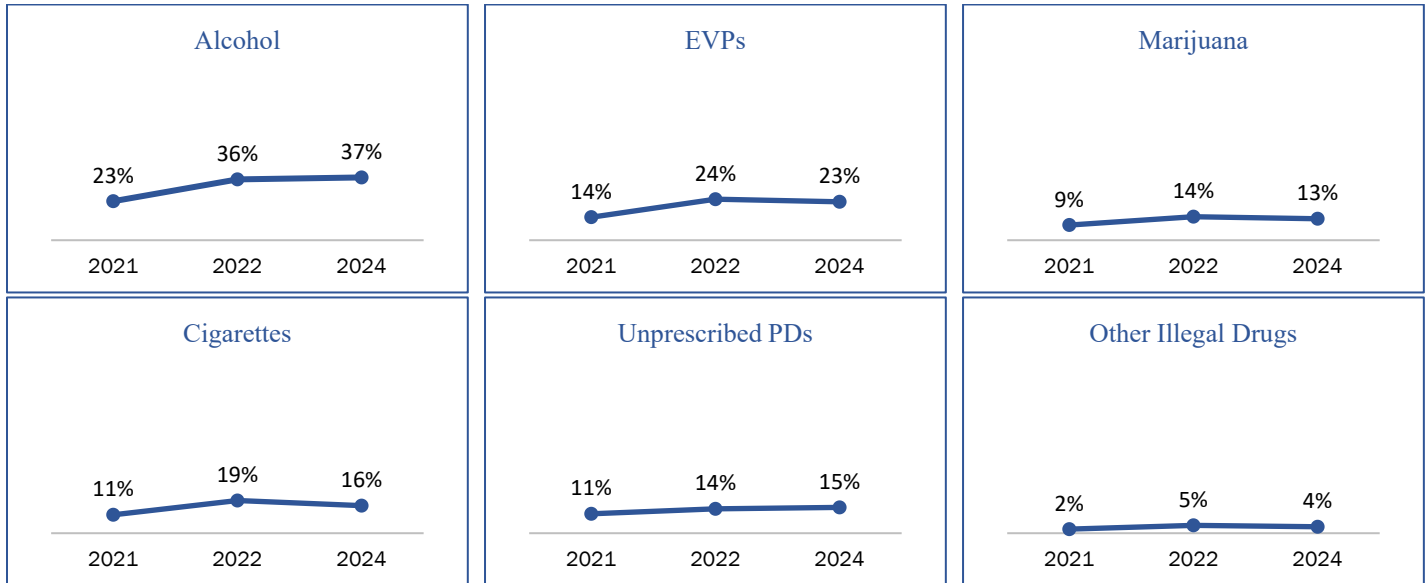
v indicates that students in this demographic group are significantly **less** likely than the average upper grades student to think their close friends think use of the substance is wrong or very wrong.

Q: How wrong do your close friends feel it would be for you to drink alcohol?  
 Q: How wrong do your close friends feel it would be for you to use vape products?  
 Q: How wrong do your close friends feel it would be for you to use marijuana?  
 Q: How wrong do your close friends feel it would be for you to smoke cigarettes?  
 Q: How wrong do your close friends feel it would be for you to use prescription medications not prescribed to you?

# Perceptions About Substance Use

## PERCEIVED ACCESS

Overall, upper grades students were most likely to think alcohol was easy or very easy to access (37%), and least likely to think other illegal drugs were easy or very easy to access (4%). *There is no statewide comparison data.*



Below is a breakdown of 2024 data by different demographic groups.

Grade			Gender			Sexual Orientation		Race					Ethnicity		Special Education	
6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	F	M	TGD	HS	LGBQ+	Asian	Black	White	Other	MR	HL	Not HL	IEP	Not IEP
Alcohol																
32%	36%	43%	41%	31%	48%	36%	48%	29%	27% <sup>v</sup>	46% <sup>^</sup>	32%	39%	42%	36%	37%	38%
EVPs																
19%	22%	27%	22%	23%	26%	25%	21%	19%	26%	19%	27%	25%	29%	21%	19%	23%
Marijuana																
9%	12%	17%	12%	11%	22%	13%	16%	6%	18%	11%	10%	15%	13%	12%	12%	12%
Cigarettes																
17%	15%	17%	17%	14%	25%	16%	18%	25%	15%	12%	17%	18%	21%	15%	85%	84%
Prescription medications not prescribed to them																
15%	14%	17%	17%	12%	30%	14%	21%	14%	15%	13%	21%	20%	17%	15%	10%	15%
Other illegal drugs																
4%	5%	2%	4%	4%	5%	4%	3%	4%	5%	2%	5%	7%	5%	4%	2%	4%

<sup>^</sup> indicates that students in this demographic group are significantly **more** likely than the average upper grades student to think it is easy or very easy to get a substance.

<sup>v</sup> indicates that students in this demographic group are significantly **less** likely than the average upper grades student to think it is easy or very easy to get a substance.

Q: If you wanted to get the following substances, how easy would it be for you to get alcohol?

Q: If you wanted to get the following substances, how easy would it be for you to get vape products?

Q: If you wanted to get the following substances, how easy would it be for you to get marijuana?

Q: If you wanted to get the following substances, how easy would it be for you to get cigarettes?

Q: If you wanted to get the following substances, how easy would it be for you to get prescription medications not prescribed to you?

# **Violence-Related Behaviors and Experiences**

# Sexual Violence

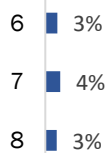
## LIFETIME

Overall, 4% of upper grades school students have had someone do sexual things to them or forced them to do sexual things that they did not want to do. *There is no statewide comparison data.*

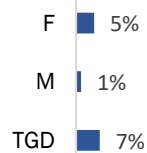


The graphs below show a breakdown of 2024 data by different demographic groups.

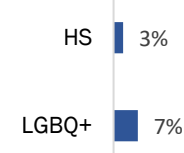
### Grade



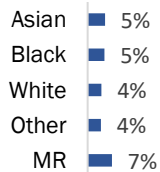
### Gender



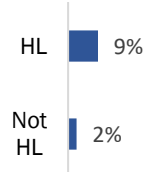
### Sexual Orientation



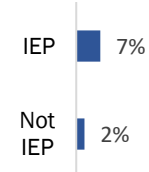
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** H/L students were significantly more likely than the average upper grades student to have ever experienced sexual violence.

**IEP Status:** There were no significant differences.

Q: Has anyone ever done sexual things to you or forced you to do sexual things that you did not want?

# Safety

# Safety

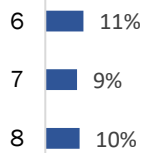
## IN OR TRAVELING TO OR FROM SCHOOL

Overall, 10% of upper grades students skipped school because they felt unsafe at school or on their way to or from school in the past 30 days. *There is no statewide comparison data.*

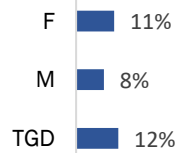


The graphs below show a breakdown of 2024 data by different demographic groups.

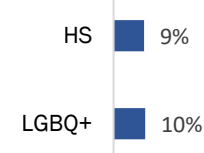
### Grade



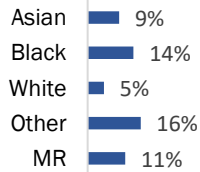
### Gender



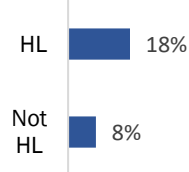
### Sexual Orientation



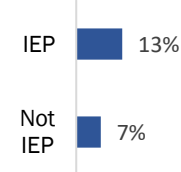
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** White students were significantly less likely than the average upper grades student to skip school because they felt unsafe at school or on their way to or from school in the past 30 days.

**Ethnicity:** H/L students were significantly more likely than the average upper grades student to skip school because they felt unsafe at school or on their way to or from school in the past 30 days.

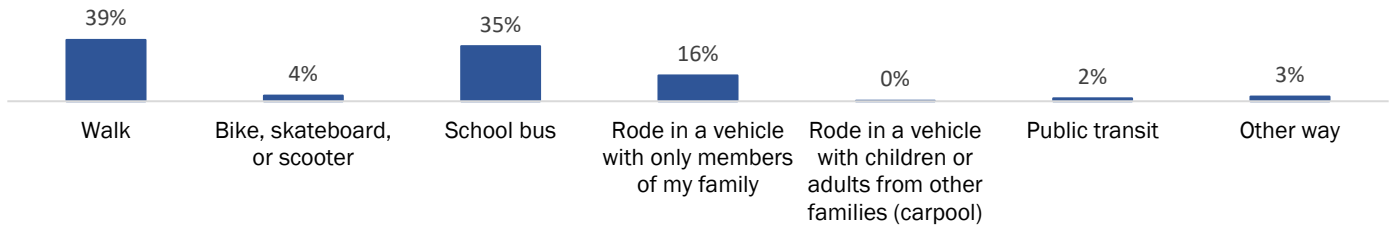
**IEP Status:** There were no significant differences.

Q: During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

## Safety

### MOST COMMON WAY STUDENTS TRAVELED TO SCHOOL

Overall, upper grades students reported that they were most likely to travel to school by walking (39%), followed by school bus (35%), riding in a vehicle with their family members (16%), biking/skateboarding/scooter (4%), another way (3%), public transit (2%), and carpooling (<1%) in the past 30 days. *There is no statewide comparison data.*



Q: In the past 30 days, what was the most common way you traveled to school?



# Sexual Behaviors

# Sexual Behaviors

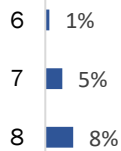
## EVER HAD SEXUAL INTERCOURSE

Overall, 2% of upper grades students have ever had sexual intercourse with consent. Note that the word “consensual” was added to the THS question in 2021. *There is no statewide comparison data.*

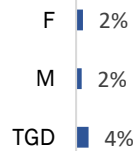


The graphs below show a breakdown of 2024 data by different demographic groups.

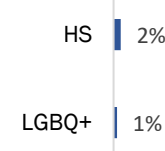
### Grade



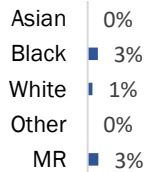
### Gender



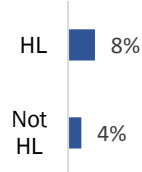
### Sexual Orientation



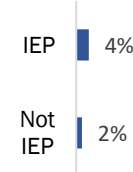
### Race



### Ethnicity



### IEP Status



**Grade:** Students in 6<sup>th</sup> grade were significantly less likely than the average upper grades student to have ever had sexual intercourse with consent.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

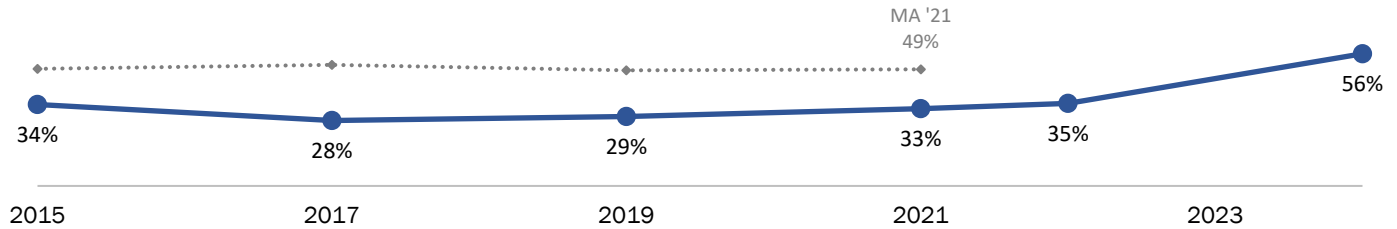
**IEP Status:** There were no significant differences.

Q: Have you ever had sex with consent?

# **Physical Activity And Nutrition**

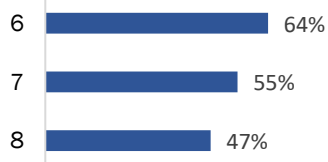
## Physical Activity

Overall, 56% of upper grades students engaged in 60 or more minutes of physical activity on at least 5 of the past 7 days.

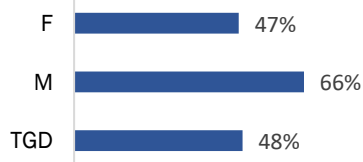


The graphs below show a breakdown of 2024 data by different demographic groups.

### Grade



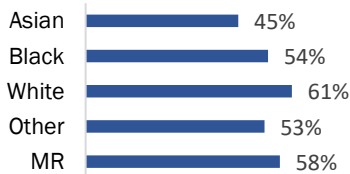
### Gender



### Sexual Orientation



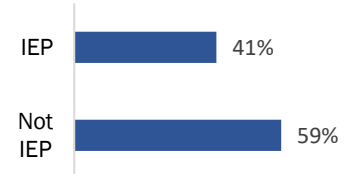
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** Male students were significantly more likely and female students were significantly less likely than the average upper grades student to engage in 60+ minutes of physical activity on 5 of the past 7 days.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** Students on an IEP were significantly less likely than the average upper grades student to engage in 60+ minutes of physical activity on 5 of the past 7 days.

Q: During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?

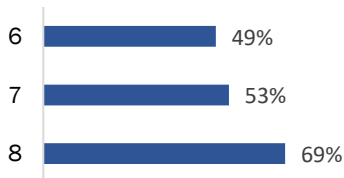
## Screen Time

Overall, 57% of upper grades students have 3 or more hours of screen time on an average school day not including time spent doing schoolwork. *There is no statewide comparison data.*



The graphs below show a breakdown of 2024 data by different demographic groups.

### Grade



### Gender



### Sexual Orientation



### Race



### Ethnicity



### IEP Status



**Grade:** Students in 8<sup>th</sup> grade were significantly more likely than the average upper grades student to have 3+ hours of screen time on an average school day.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

Q: On an average school day, how many hours do you spend in front of a TV, computer, phone, or other electronic device watching shows or videos, playing games, going online, or using social media (also called "screen time")?

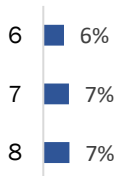
# Nutrition

## FOOD INSECURITY

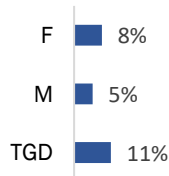
Overall, 7% of upper grades students sent to bed hungry sometimes, most of the time, or always in the past 30 days because there was not enough food in their home. This was the first time this question was asked on the THS, so there is no trend data. *There is no statewide comparison data.*

The graphs below show a breakdown of 2024 data by different demographic groups.

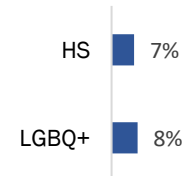
### Grade



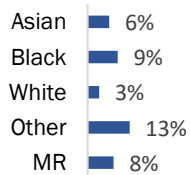
### Gender



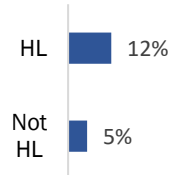
### Sexual Orientation



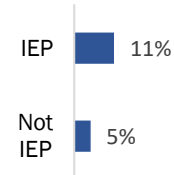
### Race



### Ethnicity



### IEP Status



**Grade:** There were no significant differences.

**Gender:** There were no significant differences.

**Sexual Orientation:** There were no significant differences.

**Race:** There were no significant differences.

**Ethnicity:** There were no significant differences.

**IEP Status:** There were no significant differences.

Q: During the past 30 days, how often did you go to bed hungry because there was not enough food in your home?

# High School Data Tables

	High School Trend Data																
MENTAL HEALTH																	
Worrying "fairly often" or "most of the time" (past 12 months)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
School issues (grades, homework, tests, etc.) (past 30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	62.2%	64.5%	62.4%
Social issues (friendship, dating, teasing, etc.) (past 30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	24.6%	38.0%	29.4%
Appearance issues (past 30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	34.9%	39.1%	32.3%
Health issues (past 30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	19.2%	20.1%	13.5%
Family issues (past 30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	22.4%	26.1%	19.5%
Social justice issues (past 30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	34.8%	29.7%	19.3%
Violence in your neighborhood	N/A	N/A	N/A	N/A	N/A	N/A	10.4%	12.2%	10.6%	8.8%	4.5%	4.0%	4.8%	4.0%	5.1%	6.4%	3.4%
Physical health problems	N/A	N/A	N/A	N/A	N/A	N/A	17.0%	18.3%	18.2%	17.7%	15.9%	15.3%	12.3%	16.4%	N/A	N/A	N/A
Weight problems (too heavy or thin)	N/A	N/A	N/A	N/A	N/A	N/A	25.6%	25.4%	23.7%	26.1%	26.2%	26.4%	25.8%	27.6%	N/A	N/A	N/A
Sexually transmitted infection (STI), including HIV/AIDS	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.8%	N/A	N/A	N/A
Becoming or getting someone pregnant	N/A	N/A	N/A	N/A	N/A	N/A	9.5%	11.1%	8.1%	7.6%	6.4%	6.2%	3.7%	4.3%	N/A	N/A	N/A
Sexual orientation	N/A	N/A	N/A	N/A	N/A	N/A	5.2%	4.1%	4.5%	4.5%	4.6%	4.7%	4.3%	5.4%	N/A	N/A	N/A
Gender identity	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.5%	N/A	N/A	N/A
School failure or poor grades	N/A	N/A	N/A	N/A	N/A	N/A	40.6%	33.0%	34.6%	39.3%	35.7%	39.3%	36.2%	36.9%	N/A	N/A	N/A
Standardized Tests (MCAS, SAT, ACT, etc.)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	35.9%	N/A	N/A	N/A
Your social status (popularity)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	11.7%	15.7%	N/A	N/A	N/A
How others perceive you on social media	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	12.0%	15.3%	N/A	N/A	N/A
Sexual assault, abuse, or harassment	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	6.6%	N/A	N/A	N/A
Your immigration status or the status of your family	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.5%	N/A	N/A	N/A
Drug or alcohol use in your family	N/A	N/A	N/A	N/A	N/A	N/A	5.7%	6.9%	8.2%	6.8%	6.4%	4.8%	5.2%	6.1%	N/A	N/A	N/A
Your own drug or alcohol use	N/A	N/A	N/A	N/A	N/A	N/A	4.8%	6.3%	5.1%	5.1%	5.9%	5.5%	3.6%	3.9%	N/A	N/A	N/A
Arguing at home	N/A	N/A	N/A	N/A	N/A	N/A	20.3%	20.6%	19.4%	23.8%	20.5%	19.4%	16.5%	18.5%	N/A	N/A	N/A
Physical fights at home	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.7%	5.3%	5.0%	2.2%	2.9%	2.9%	3.5%	N/A	N/A	N/A
Drugs in your neighborhood	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.8%	3.8%	4.9%	N/A	N/A	N/A
Physical fights at school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.6%	6.1%	7.0%	3.4%	3.8%	1.7%	3.0%	N/A	N/A	N/A
Other kids bringing weapons to school	N/A	N/A	N/A	N/A	N/A	N/A	11.8%	5.1%	6.4%	4.7%	3.3%	5.1%	4.0%	7.1%	N/A	N/A	N/A
Your family not having enough money to get by	N/A	N/A	N/A	N/A	N/A	N/A	10.9%	13.1%	11.7%	13.5%	11.4%	11.2%	9.0%	14.5%	N/A	N/A	N/A
Your family not having a place to live	N/A	N/A	N/A	N/A	N/A	N/A	3.3%	3.8%	4.7%	3.9%	3.8%	3.6%	2.8%	3.6%	N/A	N/A	N/A
Depression, Self-Harm & Suicide (past 12 months)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Experienced anxiety (30 days)	N/A	N/A	N/A	N/A	N/A	N/A	22.0%	23.6%	24.6%	24.0%	21.9%	27.5%	28.8%	33.7%	46.2%*	48.2%*	36.9%
Experienced depression	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	22.4%	19.8%	21.0%	25.0%	26.3%	34.7%	37.1%	26.4%
Engaged in self-harm	N/A	N/A	N/A	N/A	N/A	N/A	8.6%	8.7%	9.6%	11.4%	10.4%	12.1%	14.2%	15.1%	11.9%	16.6%	11.1%
Seriously considered suicide	8.9%	7.7%	8.1%	10.7%	9.6%	9.2%	6.7%	5.3%	7.0%	6.5%	8.0%	8.1%	10.2%	10.6%	15.1%	20.0%	13.3%
Made a suicide plan	7.9%	7.2%	7.6%	10.3%	9.2%	6.9%	5.5%	4.0%	6.2%	5.3%	6.5%	6.9%	7.8%	7.8%	5.5%	7.3%	4.7%
Attempted suicide	8.2%	6.6%	6.8%	7.7%	7.5%	5.3%	2.3%	1.3%	2.6%	1.8%	2.2%	2.1%	2.1%	2.6%	1.6%	2.6%	2.7%
PROTECTIVE FACTORS																	
Counseling & Medication (past 12 months)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Met with school counselor for mental health/behavior issue	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	9.4%	11.0%	11.9%	10.1%	14.0%	10.5%
Met with Teen Health Center counselor	N/A	N/A	N/A	N/A	N/A	24.1%	26.0%	25.7%	20.8%	18.7%	13.7%	9.6%	7.9%	8.3%	3.3%	4.8%	5.4%
Met with therapist without or without family present	N/A	N/A	N/A	N/A	N/A	15.5%	16.4%	14.9%	17.2%	16.4%	18.3%	18.6%	19.2%	19.2%	22.6%	25.0%	18.9%
Took medication for mental health or behavioral issue	N/A	N/A	N/A	N/A	N/A	6.5%	7.9%	8.1%	8.3%	8.8%	9.6%	8.2%	11.2%	11.7%	11.5%	14.7%	13.1%

\*Question asked about experienced anxiety in the past 12 months. Comparisons with other years should be made with caution.



PROTECTIVE FACTORS	High School Trend Data																
Social Supports	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
A teacher in your school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	25.7%	42.8%	N/A
Teacher or other adult at school to talk to	N/A	N/A	N/A	N/A	N/A	N/A	62.9%	60.3%	63.7%	63.2%	64.4%	66.4%	67.8%	64.6%	N/A	51.2%	69.7%
Other adult in your school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	18.1%	34.8%	N/A
Adult after school to talk to	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	46.1%	6.8%	20.0%
Adult in the community to talk to	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	47.2%	12.1%	29.2%
Adult outside of school to talk to	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	18.0%	60.7%
Adult in family to talk to	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	82.2%	56.9%	65.8%
Friend similar in age	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	69.6%	78.1%	85.4%
Have three or more close friends	72.9%	69.8%	72.1%	74.8%	75.9%	72.5%	68.1%	68.9%	71.2%	75.2%	74.7%	71.5%	71.6%	70.8%	59.3%	62.9%	67.3%
Regularly participate in church, synagogue, mosque, or other faith community	N/A	N/A	N/A	N/A	35.1%	38.3%	38.4%	36.7%	33.8%	33.8%	29.1%	25.1%	27.9%	29.4%	N/A	N/A	N/A
Talk with caregivers about what you are doing in school (1 or more times per month)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	90.4%
Accessed the Teen Health Center (past 12 months)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Went in the past 12 months	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	47.4%	50.2%	44.2%	39.6%	N/A	44.6%	43.4%
Went for birth control/condoms	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	12.5%	18.6%	16.7%	12.1%	N/A	14.6%	15.1%
Went for HIV/STI testing	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	7.8%	5.6%	4.5%	5.1%	N/A	3.9%	4.7%
Went for a physical exam	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	8.2%	10.9%	8.0%	10.4%	N/A	9.7%	N/A
Went for counseling	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	6.0%	5.8%	4.2%	5.4%	N/A	8.4%	5.8%
Went for an immunization/vaccine	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.6%	10.4%	8.6%	6.2%	N/A	18.4%	16.0%
Went for a sports physical	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	12.1%	11.4%	13.0%	N/A	10.7%	21.0%
Went for a pregnancy test	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.1%	4.4%	4.1%	N/A	4.6%	3.9%
DISCRIMINATION																	
Treated Unfairly in School Sometimes/ Most of the Time/ Always (past school year)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Treated unfairly because of race/ethnicity	N/A	N/A	N/A	N/A	N/A	N/A	9.1%	8.9%	6.2%	9.7%	7.5%	6.4%	10.6%	10.9%	N/A	14.0%	10.0%
Treated unfairly because of sex or gender identity	N/A	N/A	N/A	N/A	N/A	N/A	4.6%	4.1%	5.0%	6.1%	4.4%	4.7%	9.4%	7.4%	N/A	17.5%	10.3%
Treated unfairly because of sexual orientation	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.2%	N/A	5.6%	4.3%
Treated unfairly because of faith or religious beliefs	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.8%	7.2%
Treated unfairly because of a disability or health condition	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.7%
Treated unfairly because of body shape or size	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	9.9%
Witnessed Discrimination by a Student (past school year)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	202

	High School Trend Data																
<b>BULLYING (past 12 months)</b>																	
<b>Bullying (past 12 months)</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Was bullied while at school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	13.5%	12.2%	15.6%	13.8%	N/A	8.5%	8.8%
Was bullied when not at school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	9.4%	9.0%	11.4%	10.8%	N/A	5.9%	5.5%
Was electronically bullied (cyber bullied)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	7.6%	7.6%	9.4%	7.7%	7.9%	8.9%	6.6%
Bullied, threatened or pushed other kids around in school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.7%	N/A	N/A
Intentionally used social media to hurt others feelings	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.7%	N/A	N/A
Mistreated by someone who thought you were not masculine/feminine enough	N/A	N/A	5.0%	6.1%	5.0%	3.7%	3.4%	4.6%	3.8%	5.1%	4.2%	4.2%	5.4%	6.8%	N/A	N/A	N/A
<b>Reactions to Being Bullied at School (last time)</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
I didn't do anything	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	52.3%	46.9%
I told a teacher, counselor, or another adult at school and the bullying stopped	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	7.9%	15.6%
I told a teacher, counselor, or another adult at school, but the bullying continued	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	9.6%	19.5%
I took some other action and the bullying stopped	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	24.7%	12.5%
I took some other action, but the bullying continued	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.6%	5.5%
<b>SUBSTANCE USE</b>																	
<b>Lifetime use</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Alcohol	73.4%	76.0%	77.9%	82.3%	N/A	N/A	N/A	64.9%	62.0%	60.1%	61.8%	56.5%	52.9%	50.1%	N/A	38.8%	39.0%
Cigarettes	49.5%	47.3%	46.9%	53.1%	50.2%	40.0%	35.3%	33.6%	28.1%	31.6%	27.1%	28.7%	21.8%	17.2%	N/A	9.8%	14.9%
Electronic cigarette	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	16.2%	20.0%	33.0%	N/A	22.1%	20.7%
Marijuana	26.1%	33.0%	43.6%	49.2%	N/A	N/A	N/A	40.7%	40.1%	40.4%	40.8%	45.6%	40.7%	39.0%	N/A	28.5%	24.3%
Cocaine	4.1%	3.2%	3.8%	4.0%	N/A	N/A	N/A	N/A	N/A	2.2%	1.9%	2.3%	2.1%	1.8%	N/A	N/A	11.3%
Ecstasy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.1%	1.7%	2.9%	2.1%	1.7%	N/A	N/A	11.6%
Heroin	2.5%	1.5%	3.1%	2.3%	N/A	N/A	N/A	N/A	N/A	0.6%	0.2%	0.8%	0.6%	0.8%	N/A	N/A	10.5%
Methamphetamines	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	10.8%
Prescription Drug (w/o prescription)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	6.7%	7.8%	8.0%	N/A	N/A	N/A
Pain Medication (w/o prescription)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.3%	3.9%	4.6%	N/A	3.2%	4.7%
Anti-Anxiety Medication (w/o prescription)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.8%	3.3%	3.8%	N/A	2.6%	3.2%
Stimulants (w/o prescription)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.4%	3.5%	3.3%	N/A	2.8%	3.0%
Other Medication (w/o prescription)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.8%	1.2%	0.7%	N/A	N/A	6.0%
<b>Current use (past 30 days)</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Alcohol	73.4%	76.0%	77.9%	82.3%	N/A	N/A	N/A	64.9%	62.0%	60.1%	61.8%	56.5%	52.9%	50.1%	16.1%	24.2%	19.1%
Binge alcohol	49.5%	47.3%	46.9%	53.1%	50.2%	40.0%	35.3%	33.6%	28.1%	31.6%	27.1%	28.7%	21.8%	17.2%	N/A	10.6%	12.1%
Cigarettes	11.3%	12.6%	16.4%	20.5%	17.8%	11.9%	12.4%	12.6%	9.8%	11.9%	8.7%	9.4%	5.6%	5.4%	3.8%	5.0%	5.7%
Electronic cigarette	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4.6%	4.5%	18.0%	8.9%	13.0%	10.2%
Marijuana	13.0%	19.9%	26.3%	30.0%	27.7%	20.7%	21.2%	26.1%	27.7%	28.8%	25.7%	29.9%	26.1%	23.6%	14.6%	18.8%	15.1%
Inhalants	3.1%	1.9%	3.1%	3.4%	2.1%	1.6%	1.9%	1.5%	1.9%	2.2%	1.3%	1.9%	1.4%	1.6%	N/A	0.9%	1.3%
Cocaine	1.7%	1.2%	2.0%	1.6%	1.1%	1.3%	1.9%	2.4%	2.8%	1.3%	0.8%	1.1%	1.0%	0.8%	N/A	0.3%	1.0%
Ecstasy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.7%	0.8%	1.6%	0.8%	1.0%	N/A	0.2%	1.1%
Heroin	1.6%	0.9%	1.9%	1.1%	0.7%	0.5%	0.7%	0.6%	1.6%	0.5%	0.1%	0.7%	0.3%	0.7%	N/A	0.2%	1.0%
Prescription drug (w/o prescription)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.7%	3.1%	1.6%	2.1%	N/A	N/A
Over-the-Counter Medication (to get high)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.3%	2.9%	2.0%	N/A	0.9%	2.1%

	High School Trend Data																
<b>Alcohol and Other Drug-Related Issues</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Ever injected illegal drugs	2.8%	1.9%	2.4%	1.4%	1.8%	1.1%	1.0%	1.1%	1.2%	0.6%	0.3%	0.7%	0.8%	0.6%	N/A	N/A	N/A
Talked with parents about alcohol or other drugs (12 months)	N/A	N/A	55.0%	52.4%	47.7%	44.6%	44.1%	49.7%	49.6%	53.5%	57.9%	54.6%	55.9%	52.9%	N/A	60.9%	N/A
Influence of parents on decisions about whether or not to use alcohol or other drugs (fairly/very important)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	55.8%	58.1%	62.7%	N/A	65.1%	69.8%
Had a problem with alcohol or drugs (12 months)	6.4%	6.7%	8.3%	11.4%	10.2%	7.6%	5.6%	5.7%	6.4%	6.5%	5.9%	6.5%	4.8%	4.8%	N/A	N/A	N/A
Ever helped or treated for alcohol or drug use	4.2%	3.1%	3.1%	3.0%	3.5%	3.8%	2.5%	3.1%	2.6%	3.4%	2.8%	4.0%	2.7%	2.8%	N/A	2.6%	2.6%
Family member had substance use problem (12 months)	14.4%	14.0%	13.5%	13.9%	12.2%	12.3%	10.1%	11.1%	12.8%	11.1%	10.1%	9.5%	9.5%	10.2%	N/A	N/A	N/A
Class within 1 hour of using alcohol, pot, or drugs (30 days)	N/A	N/A	N/A	N/A	15.5%	10.6%	9.7%	12.1%	11.6%	12.2%	8.9%	11.3%	9.1%	9.1%	N/A	7.2%	N/A
Offered, sold, or given drugs on school property (12 months)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	22.8%	20.0%	19.5%	18.7%	19.9%	N/A	15.4%	17.8%
<b>Use in Household</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Live with someone who drinks alcohol	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4.9%	56.2%	56.6%
Live with someone who smokes cigarettes	N/A	N/A	37.9%	33.5%	29.6%	25.6%	25.0%	23.4%	21.9%	26.9%	23.1%	20.0%	18.1%	16.1%	9.4%	11.4%	10.6%
Live with someone who uses electronic vapor products	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.5%	8.4%	8.9%
Live with someone who uses marijuana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	11.7%	18.3%	15.9%
Live with someone who abuses prescription medication	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.1%	1.7%	2.0%
Live with someone who uses other illegal drugs	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.6%	1.0%	1.3%
<b>Ease of Access (sort of easy, very easy)</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Beer, wine, or hard liquor	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	58.9%	52.9%	63.6%	56.7%
Cigarettes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	38.3%	29.8%	39.9%	31.8%
Electronic vapor products	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	44.9%	59.8%	53.3%
Marijuana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	64.7%	46.5%	55.3%	47.6%
Prescription drugs to use to get high	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	21.4%	14.4%	15.3%	15.4%
Other illegal drugs	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	6.7%	6.7%	7.7%
<b>Ease of Obtaining Alcohol</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Liquor store, bar, or restaurant	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	21.2%	19.4%	19.2%	16.1%	15.9%	N/A	N/A	N/A
Home	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	46.5%	48.1%	49.2%	52.0%	51.7%	N/A	N/A	N/A
Adult 21 years of age or older	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	57.2%	56.3%	49.0%	46.3%	41.9%	N/A	N/A	N/A
Someone less than 21 years of age	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	54.5%	50.1%	48.9%	51.7%	48.2%	N/A	N/A	N/A
<b>Perceived Harm (moderate risk, great risk)</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Taking one or two drinks nearly every day	N/A	N/A	N/A	N/A	N/A	N/A	N/A	68.4%	68.5%	58.8%	60.8%	58.4%	59.9%	60.7%	N/A	59.7%	58.9%
Having five or more drinks once or twice each weekend	N/A	N/A	N/A	N/A	N/A	N/A	N/A	76.7%	73.1%	71.9%	75.2%	70.9%	73.4%	73.0%	N/A	71.8%	71.4%
Smoking one or more packs of cigarettes per day	N/A	N/A	N/A	N/A	N/A	N/A	N/A	87.9%	84.6%	85.1%	86.5%	83.2%	83.2%	84.7%	N/A	85.7%	84.1%
Using an electronic vapor product regularly	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	53.9%	N/A	79.7%	81.8%
Using marijuana regularly	N/A	N/A	N/A	N/A	N/A	N/A	N/A	73.9%	70.2%	65.6%	62.9%	53.3%	55.0%	49.7%	N/A	51.1%	60.3%
Using prescription drugs not prescribed to them	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	84.1%	85.8%	87.7%	N/A	88.0%	87.3%
<b>Perception of Parent/Guardian/Caregiver Response (wrong, very wrong)</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Drink beer, wine, or hard liquor regularly	N/A	N/A	N/A	N/A	N/A	N/A	N/A	72.2%	70.0%	70.4%	72.8%	69.1%	66.4%	68.9%	N/A	66.7%	68.8%
Smoke cigarettes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	90.8%	90.1%	91.2%	93.7%	93.4%	93.2%	92.8%	N/A	93.7%	91.1%
Use electronic vapor products	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	92.1%	91.8%
Use marijuana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	86.1%	82.5%	80.3%	82.7%	78.9%	77.0%	76.1%	N/A	75.5%	78.6%
Use prescription drugs not prescribed to them	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	94.5%	93.7%	94.4%	N/A	94.6%	93.6%
Use illegal drugs other than marijuana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	95.7%	93.9%	96.5%	97.0%	96.2%	95.1%	95.5%	N/A	96.6%	87.6%

	High School Trend Data																
<b>Perception of Close Friend Response (wrong, very wrong)</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Drink beer, wine, or hard liquor regularly	N/A	N/A	N/A	N/A	N/A	N/A	N/A	34.7%	33.3%	33.4%	31.0%	32.5%	35.7%	37.9%	N/A	43.4%	51.0%
Smoke cigarettes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	66.7%	67.1%	67.8%	71.2%	69.1%	75.4%	77.9%	N/A	73.6%	73.7%
Use electronic vapor products	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	58.1%	65.6%
Use marijuana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	48.5%	46.1%	41.2%	40.3%	34.0%	38.8%	36.1%	N/A	44.7%	53.9%
Use prescription drugs not prescribed to them	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	80.1%	78.7%	82.5%	N/A	86.2%	86.4%
Use illegal drugs other than marijuana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	81.1%	76.9%	84.4%	84.9%	79.3%	77.1%	79.5%	N/A	84.0%	88.2%
<b>Decisions About Marijuana Use</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
What parents would think	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	61.1%	63.0%	52.1%	55.3%	56.9%	N/A	N/A	N/A
What friends would think	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	40.9%	41.6%	35.5%	37.1%	38.6%	N/A	N/A	N/A
Potential legal penalties	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	64.5%	66.0%	60.3%	63.4%	66.1%	N/A	N/A	N/A
Potential school penalties	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	67.1%	66.9%	62.7%	64.1%	64.6%	N/A	N/A	N/A
How it might affect health	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	68.7%	71.1%	65.4%	69.4%	70.7%	N/A	N/A	N/A
<b>VIOLENCE-RELATED EXPERIENCES</b>																	
<b>Weapons &amp; Law Involvement (past 12 months)</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Carried a weapon to school such as a gun, knife, or stick	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.5%	N/A	N/A	N/A
Carried a weapon in neighborhood	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.8%	N/A	N/A	N/A
Arrested	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.5%	N/A	N/A	N/A
<b>Sexual Violence Experiences (past 12 months)</b>																	
Forced sexual activity (ever)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	13.3%	10.3%	9.7%	8.7%	9.1%	11.1%	10.5%	N/A	15.1%	9.2%
Forced sexual activity (12 months)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.4%	5.8%	2.9%
Forced or tricked to have sex (ever)	8.5%	7.6%	N/A	7.8%	N/A	N/A	5.1%	7.0%	5.8%	4.0%	4.6%	3.5%	3.3%	4.3%	N/A	N/A	N/A
Had rude sexual comments directed at them	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	18.1%	N/A	N/A	N/A
Were touched, pinched, grabbed, or patted in a sexual way against their will	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	10.5%	5.4%	N/A	N/A
Experienced sexual harassment by a student	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	9.2%	6.8%
Experienced sexual harassment by school staff	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.5%	0.9%
<b>Reactions to Experienced Sexual Harassment</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
I did not report it	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	75.6%	61.4%
I reported it to a teacher, counselor, or another adult at school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	12.5%	14.1%
I reported it through Speakfully	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.0%	4.9%
I reported it to someone else	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	11.4%	6.8%
<b>Dating Violence Experiences (past 12 months)</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Verbally or emotionally abused by person you were dating	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	7.5%	6.0%	6.0%	6.8%	5.7%	N/A	4.3%	9.5%
Experienced physical dating violence	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.9%	2.0%
Experienced sexual dating violence	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4.3%	4.8%
<b>Physical Fight (past 12 months)</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
In a physical fight (not including fights with family)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4.2%	N/A	N/A	N/A
In a physical fight when in school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.6%	6.1%	7.0%	3.4%	3.8%	1.7%	3.0%	N/A	N/A	N/A
In a physical fight when NOT in school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
<b>Threatening Behavior (past 12 months)</b>	<b>1992</b>	<b>1994</b>	<b>1996</b>	<b>1998</b>	<b>2000</b>	<b>2002</b>	<b>2004</b>	<b>2006</b>	<b>2008</b>	<b>2010</b>	<b>2012</b>	<b>2014</b>	<b>2016</b>	<b>2018</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Threatened with a knife or gun - outside of school	N/A	10.0%	8.4%	8.9%	7.1%	4.8%	3.6%	4.6%	4.6%	5.2%	4.1%	3.1%	3.4%	3.6%	N/A	N/A	N/A
Threatened with a knife or gun - in school	N/A	3.1%	2.6%	3.4%	1.7%	1.2%	1.2%	0.6%	1.4%	1.1%	1.0%	1.3%	0.9%	1.5%	N/A	N/A	N/A

	High School Trend Data																
Other Violence-Related Experiences (past 12 months)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Witnessed violence in family	N/A	N/A	8.6%	8.8%	6.1%	6.5%	7.5	7.9%	9.6%	9.6%	7.9%	6.5%	6.5%	6.6%	N/A	N/A	N/A
Witnessed violence in neighborhood	N/A	N/A	N/A	N/A	N/A	N/A	23.8%	26.4%	24.4%	20.3%	12.4%	11.1%	10.3%	9.5%	N/A	N/A	N/A
Beaten or physically hurt by an adult in your home (ever)	5.4%	3.9%	5.0%	5.1%	4.5%	3.6%	3.9%	3.5%	3.9%	3.6%	3.6%	2.7%	4.3%	4.2%	N/A	N/A	5.7%
Beaten or physically hurt (not by a family member or date)	4.5%	3.9%	4.9%	4.7%	3.7%	2.9%	2.7%	2.7%	3.6%	2.4%	2.0%	1.7%	2.2%	2.3%	N/A	N/A	N/A
Verbally or emotionally abused by someone in your family (ever)	16.5%	17.7%	19.9%	21.3%	18.2%	15.3%	15.5%	15.2%	15.4%	15.3%	14.6%	14.5%	14.7%	16.5%	N/A	N/A	12.8%
Were a member of a gang	N/A	8.6%	7.0%	6.8%	4.5%	2.0%	4.3%	5.1%	3.9%	2.6%	1.5%	1.6%	1.2%	1.3%	N/A	N/A	N/A
Property stolen or deliberately damaged on school property	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	28.6%	29.2%	27.5%	16.6%	15.8%	14.2%	N/A	7.8%	8.2%
SAFETY																	
Safety (past 30 days)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Stayed home from school due to fear for safety	N/A	N/A	N/A	N/A	N/A	N/A	8.2%	7.0%	9.6%	6.3%	5.0%	7.2%	9.5%	9.5%	N/A	11.9%	7.7%
Drove after drinking	3.7%	4.0%	3.6%	5.3%	3.6%	2.9%	3.2%	3.7%	3.4%	2.8%	1.7%	1.7%	1.6%	1.4%	N/A	1.3%	1.6%
Rode with drinking driver	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	12.9%	11.7%	9.1%	9.2%	7.5%	N/A	10.3%	6.5%
Drove after using marijuana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.2%	2.6%
Rode with driver who had used marijuana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	11.1%	9.1%
Internet Safety	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Ever spoke on phone with adult stranger met online	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	13.1%	14.1%	N/A	18.6%	20.0%
Ever met in person with adult stranger met online	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	7.5%	6.7%	N/A	4.5%	8.4%
Ever texted an adult stranger met online?	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	27.8%
Ever connected with an adult stranger met online through social media or a gaming platform	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	36.6%
SEXUAL BEHAVIOR																	
General	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Ever had consensual sexual activity**	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	28.0%	28.6%
Ever had consensual sexual intercourse**	49.4%	47.7%	43.7%	42.8%	39.6%	37.4%	42.3%	49.5%	44.2%	37.6%	34.9%	31.2%	32.6%	27.7%	20.4%	21.9%	21.7%
Had conversation with parents about sex (12 months)	N/A	N/A	N/A	32.7%	38.7%	34.2%	30.5%	33.5%	34.8%	35.7%	38.0%	34.0%	36.6%	33.6%	N/A	37.1%	32.9%
Condom/protective barrier at last intercourse	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	59.1%	66.2%	55.3%	52.9%
Alcohol/drugs at last intercourse	13.5%	13.9%	17.9%	23.8%	22.1%	14.8%	12.8%	15.3%	16.7%	19.7%	21.7%	22.7%	19.5%	20.8%	15.8%	14.3%	18.5%
Ever been/gotten someone pregnant	7.0%	6.8%	6.4%	6.5%	5.1%	3.7%	4.0%	4.9%	3.5%	3.4%	2.4%	1.7%	0.5%	1.2%	N/A	N/A	N/A
More careful about sexual behavior due to health class	N/A	N/A	N/A	N/A	67.0%	62.3%	68.6%	74.6%	72.0%	70.1%	70.5%	66.5%	66.7%	66.3%	N/A	76.3%	N/A
Ever tested for HIV	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	12.8%	11.0%	10.4%	10.0%	N/A	N/A	N/A
Ever tested for other STIs	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	13.1%	11.2%	12.8%	13.1%	N/A	N/A	N/A
Ever told by doctor/nurse you have HIV or any other STI	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.6%	1.9%	1.0%	1.3%	N/A	0.8%	0.9%

\*\*\*"Consensual" was added in 2021.

	High School Trend Data																
PHYSICAL ACTIVITY & NUTRITION																	
Weight	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Describe self as slightly/very overweight	N/A	N/A	N/A	N/A	N/A	N/A	26.6%	35.4%	23.1%	23.2%	26.7%	25.5%	25.1%	27.0%	N/A	N/A	N/A
Trying to lose weight	38.7%	37.7%	N/A	N/A	N/A	N/A	41.7%	40.3%	40.9%	40.4%	41.9%	39.8%	39.5%	42.9%	N/A	N/A	N/A
Weight Loss or Maintenance Activities (past 30 days)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Exercise	N/A	N/A	N/A	N/A	N/A	66.6%	65.3%	69.5%	65.8%	71.6%	69.9%	68.0%	68.4%	69.3%	N/A	N/A	N/A
Take diet pills, powders, or liquids	N/A	N/A	N/A	N/A	N/A	4.1%	3.2%	3.1%	2.9%	5.2%	4.1%	4.4%	5.3%	4.5%	N/A	N/A	N/A
Go without eating for 24 hours or more (fasting)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4.9%	5.9%	6.1%	6.1%	6.0%	8.0%	7.4%	N/A	N/A	N/A
Eat less food, fewer calories, or avoid foods that you think are bad for you	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	46.2%	N/A	N/A	N/A
Avoided eating when hungry even if food were available	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	25.8%
Counted calories of all food eaten	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	18.5%
Vomited or had to urge to vomit after eating	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	9.0%
Went on eating binges feeling unable to stop	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	15.2%
Exercised more than 60 minutes per day	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	30.5%
Used laxatives, water pills, or diet pills	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.9%
Physical Activity	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Participated in physical activity for at least 60 minutes at least one day in the past 7 days	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	78.7%	78.0%	75.2%	77.6%	78.7%	84.5%	91.4%	86.7%
Participated in physical activity for at least 60 minutes on 5 or more days in the past 7 days	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	41.3%	42.7%	40.3%	42.8%	40.2%	27.8%	40.0%	52.0%
Participated in physical activity for at least 60 minutes on all 7 days in the past 7 days	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	19.0%	17.1%	17.9%	17.1%	12.7%	N/A	14.8%	24.1%
Exercised to strengthen or tone muscles at least one day in the past 7 days	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	68.6%	68.0%	N/A	67.5%	N/A
Taught in school how to follow a personal fitness plan	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	50.2%	52.6%	N/A	53.5%	N/A
Sports Injury	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Experienced symptoms of a concussion following a blow to the head [Athletes Only]																11.0%	8.9%
Nutrition (ate or drank yesterday)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Ate fruit	N/A	N/A	N/A	62.3%	65.2%	59.8%	60.9%	65.3%	72.7%	74.6%	75.7%	77.1%	80.1%	77.8%	75.0%	78.7%	81.8%
Ate green salad or raw vegetables	N/A	N/A	N/A	52.3%	53.3%	50.0%	47.9%	54.5%	58.2%	59.9%	61.3%	62.3%	63.1%	64.6%	64.3%	59.3%	57.7%
Ate cooked vegetables	N/A	N/A	N/A	51.9%	49.6%	47.5%	45.9%	50.7%	59.6%	60.1%	61.0%	62.3%	63.2%	63.8%	66.8%	65.6%	62.4%
Drank 100% fruit juice	N/A	N/A	N/A	N/A	N/A	N/A	63.4%	63.8%	66.8%	67.0%	58.3%	54.7%	48.0%	38.4%	34.9%	33.5%	41.4%
Drank regular soda (not diet)	N/A	N/A	N/A	N/A	N/A	N/A	57.1%	54.0%	49.1%	53.9%	45.2%	41.7%	33.6%	32.9%	22.3%	23.5%	26.5%
Drank sweetened drinks	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	54.6%	46.6%	45.4%	31.6%	38.4%	40.8%
Drank caffeine	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	51.3%	47.3%	46.7%	42.3%	41.8%	42.8%
Drank energy drinks	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	9.0%	11.1%	8.6%	6.7%	10.8%	12.2%
Drank sports drinks	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	16.9%	21.5%	23.4%
Drank plain (not flavored) bottled water	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	67.7%	49.8%	61.6%	57.1%	51.3%	54.8%	58.7%
Drank tap water	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	69.0%	76.4%	76.3%	82.2%	70.7%	76.1%	74.1%
Other Nutrition	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Hungry in because there was not enough money at home to buy food (12 months)	5.7%	6.3%	7.0%	9.5%	8.3%	8.0%	8.7%	9.2%	10.1%	10.6%	9.0%	8.5%	9.0%	10.4%	1.40%	1.6%	N/A
Went to bed hungry because not enough food in home (sometimes, most of the time, always) (30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	6.9%
Eat breakfast 6-7 days a week	40.7%	36.8%	38.9%	34.9%	34.3%	31.0%	33.5%	38.3%	37.8%	39.4%	42.7%	42.8%	45.5%	44.5%	N/A	42.8%	43.5%
Taught in school how to eat healthy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	69.5%	68.8%	N/A	68.5%	N/A



	High School Trend Data																
SOCIAL DETERMINANTS OF HEALTH																	
Access to Healthcare	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Saw a doctor or nurse (12 months)	59.8%	65.0%	70.4%	79.5%	79.8%	78.1%	81.0%	81.6%	80.7%	84.9%	85.8%	86.8%	87.3%	86.7%	N/A	N/A	N/A
Saw a dentist (12 months)	N/A	N/A	N/A	65.4%	69.9%	68.4%	68.9%	73.7%	75.7%	77.5%	80.4%	79.7%	82.6%	83.5%	N/A	N/A	N/A
Family has health insurance	72.7%	68.6%	68.9%	77.3%	81.7%	82.0%	79.8%	84.2%	84.2%	84.6%	85.8%	86.9%	85.3%	84.1%	N/A	N/A	N/A
Receipt of Public Assistance	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Family received any public assistance (TANF, SSI, SNAP)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	14.8%	15.6%
Personal Experiences (past 12 months)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Divorce or separation in family	13.9%	10.5%	10.1%	10.2%	11.1%	10.3%	8.2%	9.7%	9.8%	7.7%	8.6%	7.9%	7.4%	6.9%	N/A	5.0%	21.7%^
Ran away from home	6.8%	6.1%	5.4%	4.8%	5.1%	4.3%	5.1%	3.6%	4.5%	5.7%	4.2%	2.6%	3.2%	2.8%	N/A	N/A	N/A
Had serious financial problem	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	10.1%	7.5%	N/A
Your family moved	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	11.7%	N/A	10.5%
Family moved because of financial problems	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.2%	N/A	N/A
Lived with an adult with a mental illness (ever)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	10.2%
Family member had a serious illness	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	17.8%	22.6%	N/A
Family member or close friend died	26.3%	30.5%	33.2%	40.0%	35.3%	34.3%	35.3%	34.9%	42.9%	35.3%	41.5%	34.4%	34.8%	36.1%	22.5%	24.5%	N/A
Family member died (ever)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4.7%
Caregiver in jail or prison (ever)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.6%
Home Computer Access	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Have internet access at home	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	92.3%	91.7%	93.4%	N/A	N/A	N/A
Place they Usually Sleep at Night (past 12 months)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
In a parent's/guardian's/caregiver's home	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	97.0%
With friends, family or other people because we lost our home or cannot afford housing	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.3%
In a shelter or emergency housing	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.4%
In a hotel / motel, car, park, campground, or other public place	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.5%
In a foster home or residential placement	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.4%
I move from place to place	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.4%
Somewhere else	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.0%
Additional Support	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Have an Individualized Education Plan (IEP)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	11.9%	13.2%	17.2%
HABITS & ACTIVITIES																	
Traveling to School (past 30 days)	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024		
Walk	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	27.0%	22.9%	
Bike, skateboard, or scooter	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	16.0%	14.4%	
School bus	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.7%	4.7%	
Rode in a vehicle with only members of my family	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	23.8%	22.5%	
Rode in a vehicle with children or adults from other families (carpool)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.3%	2.9%	
Public transit (city bus, subway, other public transportation)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	27.3%	29.8%	
Other way	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.1%	2.9%	
Experiences Riding a Bike (ever)	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024		
I have never ridden a bike	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	18.9%	13.8%	
I fell off my bike while biking on a road	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	49.1%	27.3%	
I was in a bike crash with a car or other vehicle	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	8.8%	7.1%	
I was in a bike crash with another bike	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	12.1%	8.1%	
I was in a bike crash with a pedestrian	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	7.3%	5.4%	

^Question asked about experiences ever. Comparisons to other years should be made with caution.

	High School Trend Data																
Scholastic Issues (past 12 months)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Received mostly A's or B's in school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	74.1%	77.4%	80.7%	83.3%	84.0%	N/A	N/A	N/A
Had one or more failing grades on a report card	42.6%	40.2%	43.9%	43.5%	38.0%	32.0%	36.4%	24.0%	24.9%	27.5%	22.3%	21.9%	19.7%	20.6%	N/A	N/A	N/A
Skipped or cut school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	35.3%	N/A	N/A	N/A
Suspended from school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.4%	N/A	N/A	N/A
Sleep	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Usually get 8 or more hours of sleep on a regular school night	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	34.2%	30.9%	29.2%	38.6%	25.4%	25.9%	8.5%	8.2%	33.7%
Personal Habits	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Gambled (12 months)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	8.1%	N/A	N/A	N/A
Spend 2 or more hours on an average school day studying or completing homework outside of school hours	N/A	N/A	N/A	N/A	N/A	N/A	53.4%	51.5%	53.1%	54.7%	56.3%	61.9%	60.0%	58.0%	N/A	N/A	N/A
Keep phone on at night or check phone after getting into bed to go to sleep (regular school night)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	69.5%	61.8%	54.6%
Use phone more than 2 hours after getting into bed to go to sleep (regular school night)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	22.7%	10.1%	16.8%
Leisure/Family Activities	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Read (not required for school)	N/A	N/A	69.4%	72.5%	68.7%	70.1%	68.6%	70.4%	64.9%	65.1%	64.4%	66.4%	67.8%	57.4%	N/A	N/A	N/A
Took care of family responsibilities or chores	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	87.3%	N/A	78.3%	73.2%
Took care of younger siblings or health of someone at home	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	40.3%	N/A	29.4%	28.9%
Participated in after-school, youth, church, or teen center programs	N/A	N/A	N/A	N/A	N/A	N/A	46.5%	48.8%	49.1%	47.5%	46.6%	45.0%	47.8%	50.9%	67.4%	N/A	N/A
Worked for money	N/A	N/A	53.0%	61.7%	58.5%	52.3%	47.6%	52.6%	50.2%	43.2%	41.8%	41.5%	43.3%	39.3%	37.9%	37.6%	35.2%
School & Community Activities (this school year)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
Academic groups, clubs, or student government	N/A	N/A	N/A	47.8%	47.6%	41.4%	41.0%	45.5%	50.5%	53.7%	52.3%	50.8%	51.1%	57.0%	N/A	N/A	N/A
Academic groups, clubs, tutoring	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	27.1%	32.3%	38.0%
Student government	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.4%	4.0%	3.8%
Music, band, choir, arts, theatre, or dance	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	37.0%	16.0%	21.4%	19.9%
Visual arts, painting, drawing	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	8.1%	13.8%	10.8%
Digital media, graphic design, photography, film	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	6.7%	7.7%	7.5%
Community service, in or out of school	N/A	N/A	N/A	44.7%	38.7%	36.5%	38.2%	43.5%	49.6%	46.1%	48.1%	51.5%	53.6%	53.2%	16.9%	29.1%	29.8%
School organized or interscholastic sports	N/A	N/A	N/A	N/A	N/A	N/A	44.4%	50.9%	52.7%	55.5%	56.7%	53.3%	54.0%	52.7%	33.9%	46.3%	47.9%
Community organized youth sports	N/A	N/A	N/A	N/A	N/A	N/A	25.0%	29.2%	29.6%	27.7%	27.6%	25.8%	26.1%	27.5%	11.5%	21.1%	13.2%
Leadership development, youth empowerment or advocacy groups	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.0%	11.4%	10.5%
Internship	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	12.8%
Faith-based activities	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	6.0%	7.0%	9.8%
Barriers to Participating School & Community Activities (this school year)	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2021	2022	2024
No barriers	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	47.7%	39.1%	46.2%
I did not know of or about them	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	18.7%	20.1%	12.7%
They were full	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4.1%	7.1%	6.5%
They were too expensive	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.5%	5.0%	4.8%
They were hard to get to	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.2%	6.3%	6.4%
They were hard to sign up for	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.2%	7.2%	4.4%
I had too much homework	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	33.6%	30.3%	21.7%
The time conflicted with my job (paid work)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	10.9%	6.8%
I was needed at home	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.8%	7.0%	5.5%
My family was against me participating in them	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.4%	2.5%	2.2%
I lacked self-confidence, motivation, or felt burnt out	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	15.2%



[illegible]

## **Upper Grades Data Tables**

	Upper Grades Trend Data														
MENTAL HEALTH															
Worrying (fairly often, most of the time) (past 12 months)	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
School issues (grades, homework, tests, etc.) (30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	31.0%	35.5%	46.3%
Social issues (friendship, dating, teasing, etc.) (30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	19.9%	28.3%	28.9%
Appearance issues (30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	25.4%	31.4%	29.7%
Health issues (30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	10.6%	10.0%	11.9%
Family issues (30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	12.9%	15.1%	15.8%
Social justice issues (30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	24.7%	16.2%	13.8%
Violence in neighborhood (30 days)	N/A	N/A	N/A	N/A	10.4%	11.7%	10.5%	6.9%	7.3%	6.0%	4.2%	4.6%	4.0%	6.1%	5.5%
Physical health problems	N/A	N/A	N/A	N/A	9.0%	9.7%	8.7%	6.5%	8.6%	11.5%	9.1%	10.8%	N/A	N/A	N/A
Weight problems (too heavy or thin)	N/A	N/A	N/A	N/A	19.2%	17.8%	20.5%	19.5%	21.8%	22.8%	19.1%	23.6%	N/A	N/A	N/A
Sexually transmitted infection (STI), including HIV/AIDS	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.1%	N/A	N/A	N/A
Sexual abuse	N/A	N/A	N/A	N/A	2.8%	3.2%	1.8%	2.1%	2.0%	2.3%	1.0%	2.7%	N/A	N/A	N/A
Becoming or getting someone pregnant	N/A	N/A	N/A	N/A	2.8%	3.5%	2.4%	2.4%	2.9%	1.4%	1.0%	1.6%	N/A	N/A	N/A
Gender identity	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.0%	N/A	N/A	N/A
School failure or poor grades	N/A	N/A	N/A	N/A	20.3%	21.2%	24.8%	22.5%	29.3%	33.3%	28.4%	32.2%	N/A	N/A	N/A
MCAS/PARCC	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	23.4%	25.8%	30.8%	N/A	N/A	N/A
Social status (popularity)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	13.6%	16.3%	N/A	N/A	N/A
How others perceive you on social media	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	9.8%	9.5%	N/A	N/A	N/A
Drug or alcohol use in family	N/A	N/A	N/A	N/A	4.5%	5.5%	5.3%	4.9%	3.1%	4.7%	5.2%	5.0%	N/A	N/A	N/A
Own drug or alcohol use	N/A	N/A	N/A	N/A	2.6%	3.1%	1.5%	1.6%	2.0%	1.7%	1.0%	N/A	N/A	N/A	N/A
Arguing at home	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	16.3%	16.8%	15.4%	17.5%	N/A	N/A	N/A
Physical fights at home	N/A	N/A	N/A	N/A	3.7%	4.7%	4.2%	3.3%	3.0%	4.4%	3.4%	4.3%	N/A	N/A	N/A
Physical fights at school	N/A	N/A	N/A	N/A	5.9%	5.9%	4.5%	3.3%	4.5%	4.0%	3.6%	4.6%	N/A	N/A	N/A
Being treated unfairly because of race/ethnicity	N/A	N/A	N/A	N/A	8.2%	9.1%	4.8%	4.8%	4.5%	8.1%	8.7%	9.0%	N/A	N/A	N/A
Sexual orientation	N/A	N/A	N/A	N/A	3.6%	3.7%	2.6%	1.5%	2.5%	2.9%	3.9%	7.3%	N/A	N/A	N/A
Drugs in neighborhood	N/A	N/A	N/A	N/A	8.8%	7.5%	8.7%	6.6%	7.5%	4.8%	3.9%	5.0%	N/A	N/A	N/A
Drugs in school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4.0%	1.0%	N/A	N/A	N/A	N/A
Your family not having enough money	N/A	N/A	N/A	N/A	N/A	6.7%	9.3%	6.7%	6.6%	9.3%	10.2%	11.7%	N/A	N/A	N/A
Your family not having a place to live	N/A	N/A	N/A	N/A	N/A	3.7%	3.4%	1.9%	2.5%	3.1%	2.7%	2.9%	N/A	N/A	N/A
Your immigration status or the status of your immediate family	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.6%	3.3%	N/A	N/A	N/A
Depression, Self-Harm, & Suicide (past 12 months)	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Tense, nervous, worried every day for 2 or more weeks in a row (30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	18.6%	27.0%	31.1%*	34.0%*	31.6%
Experienced depression	N/A	N/A	N/A	N/A	N/A	N/A	N/A	20.1%	22.4%	20.9%	17.0%	23.5%	26.6%	22.3%	21.2%
Engaged in self-harm	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	18.3%	10.3%	11.9%	2.4%
Seriously considered suicide	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	11.2%	11.1%	14.1%	14.1%
Made a suicide plan	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	8.7%	41.9%	5.4%	6.5%
Attempted suicide	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.6%	12.5%	2.2%	2.4%
PROTECTIVE FACTORS															
Counseling & Medication (past 12 months)	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Met with a school counselor for mental health/behavioral issue	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	14.4%	16.1%	19.8%	9.2%	13.6%	15.2%
Met with therapist with or without family present	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	15.3%	14.8%	17.7%	14.0%	14.6%	14.9%
Took medication for a mental health or behavioral issue	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	8.7%	10.1%	10.1%	4.5%	6.2%	4.8%

\*Question asked about experienced anxiety in the past 12 months. Comparisons with other years should be made with caution.

[illegible]

	Upper Grades Trend Data														
<b>BULLYING</b>															
<b>Bullying (past 12 months)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Bullied in school (victim)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	35.7%	38.6%	32.5%	32.4%	N/A	21.4%	23.0%
Bullied when not in school (victim)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	16.8%	17.0%	18.2%	16.1%	N/A	9.0%	10.4%
Bullied electronically (victim)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	11.3%	13.8%	12.3%	12.0%	12.8%	12.4%	11.6%
Bullied, threatened, or pushed other kids around in school (perpetrator)	17.6%	16.4%	12.2%	13.4%	13.6%	13.1%	10.1%	7.6%	4.8%	5.3%	3.9%	4.8%	N/A	N/A	N/A
Received mean or threatening e-mail, texts, or chats	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	9.8%	N/A	N/A	N/A	N/A
Intentionally used social media to hurt someone else's feelings	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.4%	3.7%	N/A	N/A	N/A
<b>SUBSTANCE USE</b>															
<b>Lifetime use</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Alcohol	N/A	N/A	N/A	N/A	N/A	22.0%	21.1%	20.3%	19.9%	14.3%	15.6%	15.3%	N/A	9.2%	13.7%
Cigarettes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	10.5%	6.2%	5.3%	3.2%	4.5%	N/A	2.1%	4.0%
Electronic cigarettes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4.0%	3.7%	10.7%	N/A	3.5%	6.8%
Marijuana	N/A	N/A	N/A	N/A	N/A	4.8%	4.7%	6.2%	6.1%	4.6%	3.2%	5.5%	N/A	2.8%	3.0%
Cocaine	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	12.3%	1.4%
Ecstasy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	12.8%	0.6%
Heroin	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	11.7%	0.6%
Methamphetamines	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.1%
Prescription drugs (w/o a doctor's prescription)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.7%	2.8%	2.7%	N/A	N/A	N/A
Pain medication	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.9%	4.6%
Anti-anxiety or depressant medication	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.5%	1.6%
Stimulants	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.0%	1.4%
Other Illegal Drugs (e.g., cocaine, crack, LSD, speed, heroin, downers)	N/A	N/A	N/A	N/A	N/A	1.3%	0.7%	1.2%	1.4%	0.6%	0.7%	1.0%	N/A	N/A	N/A
<b>Current use (past 30 days)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Alcohol	25.2%	19.2%	17.0%	17.9%	18.6%	9.7%	8.2%	4.3%	6.3%	3.6%	4.2%	4.1%	1.4%	3.9%	4.0%
Binge Alcohol - 5 or more drinks in a row	9.2%	5.6%	5.6%	6.6%	6.6%	3.4%	3.3%	1.4%	1.8%	0.7%	1.0%	0.6%	N/A	1.6%	0.9%
Cigarettes	8.3%	4.9%	3.4%	3.9%	3.8%	1.4%	1.9%	1.9%	1.9%	0.7%	0.3%	0.9%	0.2%	0.8%	0.7%
Electronic cigarettes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.5%	0.6%	2.8%	1.2%	2.2%	2.0%
Marijuana	8.5%	5.6%	5.9%	6.7%	6.5%	3.1%	2.4%	3.2%	3.9%	1.8%	1.1%	2.5%	0.6%	1.7%	1.4%
Inhalants	5.0%	4.1%	3.3%	4.7%	5.8%	2.3%	2.3%	3.1%	4.8%	2.9%	2.3%	4.3%	N/A	2.8%	1.0%
Cocaine	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.3%	N/A
Ecstasy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.1%	N/A
Heroin	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.8%	N/A
Prescription drugs (w/o a doctor's prescription)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.3%	0.4%	0.5%	0.4%	N/A	N/A
Pain medication	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.1%	1.8%
Anti-anxiety or depressant medication	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.8%	0.6%
Stimulants	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.4%	0.6%
Over-the-Counter Medication (to try to get high)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.7%	1.0%	1.0%	N/A	N/A	1.3%
Other Illegal Drugs (e.g., cocaine, crack, LSD, speed, heroin, meth, steroids, or synthetic drugs)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.0%	N/A	N/A

	Upper Grades Trend Data														
<b>Alcohol and Other Drug-Related Issues</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Talked with parents/guardians about alcohol or other drugs (12 months)	52.8%	57.5%	57.2%	50.8%	49.0%	45.6%	42.5%	40.3%	37.5%	39.4%	33.9%	42.1%	N/A	44.9%	N/A
Influence of parents on decisions about whether or not to use alcohol or other drugs (fairly/very important)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	85.2%	83.3%	82.5%	N/A	83.8%	88.0%
Had a problem with alcohol or drugs (12 months)	4.4%	3.2%	2.7%	3.4%	2.8%	2.5%	1.9%	1.7%	1.6%	1.8%	0.8%	1.2%	N/A	N/A	N/A
Family member had a problem with alcohol or drugs (12 months)	11.6%	9.9%	9.5%	9.8%	10.4%	10.5%	9.7%	8.7%	7.9%	7.7%	7.5%	7.4%	N/A	N/A	N/A
Attended class within 1 hour of using alcohol, or drugs (30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.0%	0.8%	0.7%	2.4%	N/A	0.9%	N/A
Offered, sold, or given drugs on school property (12 months)	N/A	N/A	N/A	6.6%	4.9%	3.6%	3.9%	4.7%	3.5%	4.3%	3.1%	4.5%	N/A	2.8%	3.5%
<b>Use in Household</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Live with someone who drinks alcohol	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	30.8%	45.9%	62.0%
Live with a cigarette smoker	34.9%	31.0%	29.4%	30.1%	28.4%	26.8%	N/A	N/A	22.0%	19.6%	16.7%	15.8%	8.0%	8.0%	9.4%
Live with someone who uses electronic vapor products	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.9%	6.4%	8.2%
Live with someone who uses marijuana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.9%	7.9%	7.2%
Live with someone who abuses prescription medication	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.0%	8.7%	2.5%
Live with someone who uses other illegal drugs	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.0%	0.7%	0.6%
<b>Perceived Ease of Obtaining Alcohol</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
From a liquor store, bar, or restaurant	N/A	N/A	N/A	N/A	N/A	N/A	7.0%	7.4%	12.4%	9.9%	8.8%	10.1%	N/A	N/A	N/A
From home	N/A	N/A	N/A	N/A	N/A	N/A	37.2%	35.7%	34.4%	34.9%	34.4%	35.8%	N/A	N/A	N/A
From an adult 21 years of age or older	N/A	N/A	N/A	N/A	N/A	N/A	17.1%	17.6%	18.0%	18.8%	15.6%	15.4%	N/A	N/A	N/A
From someone less than 21 years of age	N/A	N/A	N/A	N/A	N/A	N/A	27.3%	26.5%	26.9%	22.8%	22.3%	24.4%	N/A	N/A	N/A
<b>Ease of Access (sort of easy, very easy)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Beer, wine, or hard liquor	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	22.9%	35.7%	36.9%
Cigarettes	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	10.8%	19.2%	16.2%
Electronic vapor products	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	13.5%	24.1%	22.6%
Marijuana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	8.9%	13.8%	12.7%
Prescription drugs to use to get high	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	11.4%	14.3%	15.2%
Other illegal drugs	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.4%	4.6%	3.8%
<b>Perception of Risk of Harm (moderate risk, great risk)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Taking one or two drinks of alcohol nearly every day	N/A	N/A	N/A	N/A	N/A	61.7%	64.0%	65.8%	46.6%	51.2%	46.2%	50.0%	N/A	52.5%	61.7%
Having five or more drinks of alcohol once or twice each weekend	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	72.6%	72.9%	71.1%	71.0%	N/A	68.8%	76.8%
Smoking one or more packs of cigarettes per day	N/A	N/A	N/A	N/A	N/A	78.3%	81.5%	80.7%	83.9%	85.6%	84.8%	84.6%	N/A	77.2%	82.5%
Using an electronic vapor product regularly	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	71.7%	N/A	73.5%	81.9%
Using marijuana regularly	N/A	N/A	N/A	N/A	N/A	79.6%	80.8%	79.5%	77.2%	80.1%	75.6%	74.7%	N/A	69.2%	77.0%
Using prescription drugs not prescribed to them	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	87.2%	88.5%	86.7%	N/A	80.2%	84.9%
<b>Perception of Parent/Guardian/Caregiver Response (wrong, very wrong)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Drink beer, wine, or hard liquor regularly	N/A	N/A	N/A	N/A	N/A	89.6%	93.0%	93.8%	90.8%	93.6%	93.9%	92.9%	N/A	83.6%	83.3%
Smoke cigarettes	N/A	N/A	N/A	N/A	N/A	93.6%	95.8%	96.3%	95.1%	96.6%	96.9%	95.9%	N/A	92.8%	93.5%
Use electronic vapor products	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	94.8%	N/A	92.7%	94.2%
Use marijuana	N/A	N/A	N/A	N/A	N/A	93.9%	95.7%	95.9%	94.3%	96.6%	96.3%	94.2%	N/A	91.5%	93.1%
Use prescription drugs not prescribed to them	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	96.0%	96.8%	95.6%	N/A	93.1%	91.9%
Use illegal drugs other than marijuana	N/A	N/A	N/A	N/A	N/A	94.8%	96.6%	96.3%	95.9%	97.2%	97.5%	96.2%	N/A	95.6%	95.6%

	Upper Grades Trend Data														
<b>Perception of Close Friend Response (wrong, very wrong)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Drink beer, wine, or hard liquor regularly	N/A	N/A	N/A	N/A	N/A	74.6%	81.9%	80.6%	80.2%	85.6%	85.1%	81.5%	N/A	81.5%	83.8%
Smoke cigarettes	N/A	N/A	N/A	N/A	N/A	83.4%	88.8%	87.8%	88.8%	91.9%	91.8%	90.9%	N/A	91.9%	92.3%
Use an electronic vapor product	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	77.3%	N/A	87.4%	88.9%
Use marijuana	N/A	N/A	N/A	N/A	N/A	84.0%	88.4%	85.6%	83.2%	86.8%	87.8%	84.4%	N/A	87.9%	90.8%
Use prescription drugs not prescribed to you	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	91.3%	92.7%	91.4%	N/A	90.6%	90.2%
Use illegal drugs other than marijuana	N/A	N/A	N/A	N/A	N/A	88.2%	92.6%	93.0%	93.1%	94.6%	93.9%	93.2%	N/A	94.4%	94.7%
<b>VIOLENCE-RELATED EXPERIENCES</b>															
<b>Weapons Carrying (past 12 months)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Carried a weapon to school	9.3%	5.4%	3.9%	4.5%	4.7%	3.1%	2.4%	1.8%	1.3%	1.9%	1.4%	1.7%	N/A	N/A	N/A
Carried a weapon in your neighborhood	N/A	N/A	N/A	9.4%	8.2%	7.2%	5.5%	3.1%	3.2%	2.8%	2.9%	2.3%	N/A	N/A	N/A
<b>Sexual Violence Experiences (past 12 months)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Experienced sexual violence (ever)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	6.6%	3.6%
Experienced sexual violence	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.9%	2.9%	1.2%
Forced, tricked, or pressured to have unwanted sex	N/A	N/A	N/A	N/A	2.1%	1.9%	1.6%	1.4%	1.0%	1.0%	0.6%	0.7%	N/A	N/A	N/A
Forced, tricked, or pressured someone into having sex with you	2.1%	2.0%	1.7%	2.0%	1.6%	1.3%	0.2%	0.5%	0.6%	0.6%	0.3%	0.7%	N/A	N/A	N/A
Received rude sexual comments in school	N/A	N/A	N/A	N/A	N/A	11.1%	10.6%	9.9%	12.8%	12.7%	9.5%	13.9%	N/A	N/A	N/A
Touched, pinched, grabbed, or patted in a sexual way against will in school	N/A	N/A	N/A	N/A	N/A	8.2%	8.2%	8.2%	9.5%	7.5%	6.9%	7.4%	N/A	N/A	N/A
Experienced sexual harassment by a student	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.7%	5.8%
Experienced sexual harassment by school staff	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.2%	0.7%
<b>Reactions to Experienced Sexual Harassment</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
I did not report it	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	24.1%	50.4%
I reported it to a teacher, counselor, or another adult at school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	13.1%	14.2%
I reported it through Speakfully	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.1%	3.9%
I reported it to someone else	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	7.9%	11.8%
<b>Dating Violence Experiences (past 12 months)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Experienced physical or sexual dating violence	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.1%	N/A	N/A
Experience sexual dating violence	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.2%	1.7%
Experienced physical dating violence	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.3%	0.8%	1.4%	1.2%	1.0%	N/A	0.9%	1.2%
Experienced emotional dating violence or control	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.2%	N/A	N/A	1.4%	3.2%
<b>Fighting (past 12 months)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
In a physical fight - any location	25.4%	21.7%	15.3%	18.7%	16.8%	16.3%	13.3%	7.7%	10.6%	8.8%	7.8%	10.1%	N/A	N/A	N/A
In a physical fight when in school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
In a physical fight when NOT in school	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
<b>Threatening Behavior (past 12 months)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Were threatened with a knife or gun - any location	5.6%	5.3%	4.3%	4.6%	4.5%	5.3%	4.9%	1.5%	2.7%	1.8%	2.2%	2.8%	N/A	N/A	N/A
<b>Other Violence-Related Experiences (past 12 months)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Witnessed violence in family	10.1%	6.3%	7.5%	6.5%	8.6%	8.3%	7.8%	6.7%	8.7%	6.7%	6.2%	8.2%	N/A	N/A	N/A
Witnessed violence in neighborhood	N/A	N/A	N/A	19.9%	21.1%	18.0%	17.0%	14.7%	15.8%	12.9%	9.8%	11.8%	N/A	N/A	N/A
Beaten or physically hurt by someone in your family or home	6.4%	4.5%	6.2%	5.3%	4.9%	4.2%	4.3%	4.7%	5.3%	5.3%	4.8%	5.5%	N/A	N/A	5.4%^
Beaten or physically hurt by someone not a family member	4.8%	3.1%	4.1%	2.8%	4.0%	3.6%	3.3%	2.8%	3.8%	4.1%	3.8%	3.7%	N/A	N/A	N/A
Verbally or emotionally abused by someone in your family	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	7.2%	11.0%	N/A	N/A	10.0%^
Property stolen or deliberately damaged while on school property	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	22.6%	21.9%	24.8%	22.3%	N/A	14.2%	15.9%

	Upper Grades Trend Data														
SAFETY															
Safety (30 days)	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Stayed home from school due to fear for safety	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	8.4%	9.5%	N/A	12.4%	10.0%
Rode with a drinking driver	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4.9%	4.8%	3.6%	5.4%	3.9%	N/A	7.2%	7.1%
Rode with a driver who had used marijuana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.6%	4.0%
Internet Safety	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Ever spoke on phone with adult stranger met online	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	9.5%	8.4%
Ever met in person with adult stranger met online	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.4%	3.0%
Ever texted an adult stranger met online?	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	12.0%
Ever connected with an adult stranger met online through social media or a gaming platform	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	23.3%
SEXUAL BEHAVIOR															
General	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Ever had consensual sexual intercourse*	9.7%	8.9%	7.4%	11.1%	12.5%	8.2%	6.8%	5.8%	5.9%	3.2%	3.2%	2.6%	1.2%	0.8%	2.0%
Condom/protective barrier at last intercourse	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.0%	28.6%	N/A
Alcohol/drugs at last intercourse	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	18.2%	25.0%	N/A
Had conversation with parents about sex (past 12 months)	34.3%	30.6%	32.9%	31.8%	33.4%	28.5%	32.2%	31.9%	28.2%	27.6%	25.0%	26.2%	N/A	34.0%	31.6%
Had conversation with parents about sexuality or gender identity	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	16.4%	20.3%	NA	34.2%	15.7%
PHYSICAL ACTIVITY & NUTRITION															
Weight	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Describe self as slightly/very overweight	N/A	N/A	N/A	27.0%	27.2%	26.5%	27.8%	27.2%	24.9%	26.4%	22.8%	23.6%	N/A	N/A	N/A
Trying to lose weight	N/A	N/A	N/A	N/A	42.0%	42.4%	37.4%	38.8%	37.6%	41.0%	37.4%	39.2%	N/A	N/A	N/A
Weight Loss or Maintenance of Activities (past 30 days)	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Exercised to lose/maintain weight	N/A	N/A	N/A	N/A	N/A	57.5%	69.5%	72.1%	73.0%	76.4%	74.2%	73.0%	N/A	N/A	N/A
Diet pills/powders/liquids to lose/maintain weight	N/A	N/A	N/A	N/A	N/A	2.5%	2.1%	2.4%	3.4%	2.5%	3.5%	2.4%	N/A	N/A	N/A
Ate less food, calories, or "bad" foods to lose/maintain weight	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	39.3%	N/A	N/A	N/A
Went without eating for 24 hours or more (fasting) to lose/maintain weight	N/A	N/A	N/A	N/A	N/A	5.4%	6.4%	5.8%	7.6%	8.3%	6.9%	6.9%	N/A	N/A	N/A
Vomited or took laxatives to lose/maintain weight	N/A	N/A	N/A	N/A	N/A	2.3%	2.0%	2.0%	2.2%	2.7%	2.4%	1.4%	N/A	N/A	N/A
Avoided eating when hungry even if food were available	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	24.7%
Counted calories of all food eaten	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	15.8%
Vomited or had to urge to vomit after eating	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	6.8%
Went on eating binges feeling unable to stop	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	11.5%
Exercised more than 60 minutes per day	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	29.5%
Used laxatives, water pills, or diet pills	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.2%
Physical Activity (past 7 days)	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Did not participate in at least 60 minutes of physical activity on any day	N/A	N/A	N/A	N/A	N/A	N/A	N/A	22.4%	18.2%	15.9%	21.7%	19.0%	11.8%	15.5%	7.6%
Physically active at least 60 minutes per day on 5 or more days	N/A	N/A	N/A	N/A	N/A	N/A	N/A	29.2%	29.0%	34.2%	27.5%	29.2%	32.5%	35.8%	55.6%
Physically active at least 60 minutes per day on all 7 days	N/A	N/A	N/A	N/A	N/A	N/A	N/A	14.5%	14.1%	16.6%	12.2%	11.0%	N/A	17.8%	27.1%
Physically active at least 30 minutes per day on 5 or more days	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	44.9%	47.8%	N/A	54.4%	N/A
Participated in muscle strengthening activities on 3 or more days	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	43.6%	42.2%	37.0%	36.4%	N/A	40.2%	N/A
Taught in school how to follow a personal fitness plan	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	43.1%	38.4%	N/A	39.3%	N/A
Sports Injury	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Experienced symptoms of a concussion following a blow to the head [Athletes Only]	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	14.1%	N/A	N/A	15.3%	6.1%

\*\*\*"Consensual" was added in 2021.



	Upper Grades Trend Data														
<b>Nutrition (ate or drank yesterday)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Ate green salad or raw vegetables	N/A	N/A	N/A	51.6%	50.0%	54.9%	54.7%	59.7%	56.6%	57.7%	61.8%	62.1%	62.4%	63.6%	67.4%
Ate cooked vegetables	N/A	N/A	N/A	47.7%	52.5%	55.0%	56.9%	60.5%	59.9%	57.4%	61.4%	59.2%	63.5%	60.9%	68.0%
Ate fruit	N/A	N/A	N/A	72.2%	71.1%	79.5%	80.9%	82.8%	81.3%	82.2%	85.7%	84.1%	82.1%	81.6%	87.5%
Drank tap water	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	66.9%	69.9%	73.4%	80.3%	69.5%	77.9%	76.4%
Drank plain (not flavored) water	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	66.4%	65.9%	59.9%	60.9%	87.5%	55.9%	64.5%
Drank 100% fruit juice	N/A	N/A	N/A	71.6%	68.7%	71.2%	69.0%	68.4%	63.0%	58.6%	47.1%	47.6%	39.5%	40.0%	50.5%
Drank sweetened drinks	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	42.3%	38.5%	36.5%	38.7%
Drank sports drinks (Gatorade, Powerade)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	25.8%	24.0%	22.0%	29.6%
Drank regular soda (not diet)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	37.5%	36.2%	33.1%	29.9%	27.5%	25.3%	25.6%	29.0%
Drank diet soda	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	8.6%	N/A	N/A	22.5%
Drank caffeine (coffee, tea, soda)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	33.8%	31.5%	30.6%	30.4%	31.0%	34.1%
Drank energy drinks (Amp, Red Bull, Full Throttle)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	7.6%	5.3%	5.6%	7.4%	7.9%	10.1%
<b>Other Nutrition</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Hungry because there was not enough money at home to buy food (12 months)	4.5%	5.1%	4.6%	4.3%	5.3%	5.3%	4.9%	4.2%	5.6%	6.1%	5.3%	5.7%	1.5%	N/A	N/A
Went to bed hungry because not enough food in home (sometimes, most of the time, always) (30 days)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	6.9%
Eat breakfast 6-7 days a week	51.7%	50.2%	50.6%	50.3%	51.9%	55.8%	52.3%	54.3%	54.8%	57.2%	59.8%	56.7%	N/A	55.7%	56.6%
Taught in school how to eat healthy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	81.9%	N/A	N/A	69.6%	N/A
SOCIAL DETERMINANTS OF HEALTH															
<b>Access to Healthcare</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Saw a doctor or nurse (12 months)	63.7%	63.4%	62.0%	62.6%	63.3%	68.0%	74.8%	76.3%	78.9%	76.6%	78.1%	79.6%	N/A	N/A	N/A
Saw a dentist (12 months)	70.6%	70.6%	69.4%	70.0%	70.6%	74.0%	76.2%	77.1%	77.2%	79.3%	80.2%	83.0%	N/A	N/A	N/A
<b>Receipt of Public Assistance</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Family received any public assistance (TANF, SSI, SNAP)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	9.0%	12.7%
<b>Personal Experiences (past 12 months)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Divorce or separation in family	11.0%	10.7%	12.2%	10.6%	13.4%	11.2%	9.3%	10.9%	10.0%	9.8%	9.7%	9.7%	N/A	4.0%	18.6%^
Ran away from home	3.7%	3.0%	3.1%	3.0%	4.2%	2.7%	2.9%	2.8%	3.9%	2.0%	2.2%	2.7%	N/A	N/A	N/A
Family had a serious financial problem	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.1%	N/A	N/A
Family moved	17.1%	14.5%	14.8%	12.8%	15.7%	18.7%	13.1%	11.8%	13.4%	13.3%	13.8%	15.5%	N/A	9.5%	N/A
Family moved because of financial problems	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.2%	N/A	N/A
Lived with an adult with a mental illness (ever)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	7.2%
Family member had a serious illness	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	13.8%	N/A	N/A
Family members or close friend died	40.9%	41.9%	41.3%	39.0%	38.6%	41.7%	40.3%	39.6%	41.0%	39.4%	31.5%	33.7%	22.1%	19.5%	N/A
Caregiver died (ever)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.5%
Caregiver in jail or prison (ever)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.5%
<b>Internet/Phone Access</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Family can send email or access Internet from home	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	94.0%	94.7%	94.0%	N/A	N/A	N/A
Has own cell phone or smartphone	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	84.0%	84.5%	85.2%	N/A	N/A	N/A
Has Internet access on cell phone or smartphone	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	71.8%	77.8%	79.4%	N/A	N/A	N/A

^Question asked about experiences ever. Comparisons to other years should be made with caution.

	Upper Grades Trend Data														
Place they Usually Sleep at Night (past 12 months)	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
In a parent's/guardian's/caregiver's home	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	87.4%	86.3%	96.8%
With friends, family or other people because we lost our home or cannot afford housing	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.8%
In a shelter or emergency housing	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.8%
In a hotel / motel, car, park, campground, or other public place	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.1%
In a foster home or residential placement	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.1%
I move from place to place	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.2%
Somewhere else	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.1%	2.2%	1.3%
Additional Support	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Have an Individualized Education Plan (IEP)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	10.4%	9.7%	12.7%
HABITS & ACTIVITIES															
Traveling to School (past 30 days)	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Walk	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	38.1%	39.3%
Bike, skateboard, or scooter	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.2%	3.7%
School bus	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	31.7%	35.3%
Rode in a vehicle with only members of my family	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	20.0%	15.5%
Rode in a vehicle with children or adults from other families (carpool)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.5%	0.4%
Public transit (city bus, subway, other public transportation)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.7%	1.9%
Other way	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	0.9%	3.0%
Experiences Riding a Bike (ever)	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
I have never ridden a bike	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	18.4%	11.8%
I fell off my bike while biking on a road	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	43.3%	23.1%
I was in a bike crash with a car or other vehicle	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.7%	2.7%
I was in a bike crash with another bike	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	13.6%	9.0%
I was in a bike crash with a pedestrian	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	6.5%	3.7%
Scholastic Issues	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Received mostly A's or B's in school (12 months)	N/A	N/A	N/A	N/A	73.5%	73.8%	71.7%	73.1%	73.0%	73.4%	79.3%	80.4%	N/A	N/A	N/A
Had one or more failing grades on a report card (12 months)	30.6%	28.4%	27.3%	26.9%	24.0%	21.5%	25.5%	21.6%	25.4%	26.6%	26.5%	24.8%	N/A	N/A	N/A
Skipped or cut school	14.3%	12.6%	11.1%	12.0%	7.9%	7.9%	6.5%	6.0%	6.0%	5.4%	5.5%	7.8%	N/A	N/A	N/A
Suspended from school	11.9%	10.0%	10.7%	11.7%	12.2%	14.9%	10.7%	10.4%	8.6%	7.7%	5.3%	6.1%	N/A	N/A	N/A
Sleep	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Usually get 8 or more hours of sleep during a regular school night	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	66.4%	63.6%	29.6%	N/A	61.1%
Personal Habits	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2022	2024
Spend 2 or more hours on an average school day studying or completing homework outside of school hours	N/A	N/A	N/A	N/A	N/A	N/A	N/A	44.3%	38.8%	48.8%	40.1%	32.6%	N/A	N/A	N/A
Participate in extracurricular activities outside of school at least 3 days a week during a typical week	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	61.7%	61.4%	29.2%	38.4%	51.5%
Parents limit amount of screen time per day	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	55.6%	59.3%	N/A	54.7%	60.9%

	Upper Grades Trend Data														
<b>Leisure/Family Activities (past 7 days)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Read (not required for school)	73.5%	68.0%	69.0%	69.2%	72.1%	74.0%	79.5%	79.1%	77.8%	73.8%	76.1%	69.9%	N/A	N/A	N/A
Took care of family responsibilities or chores	82.2%	79.4%	80.6%	78.6%	81.5%	84.4%	82.1%	84.8%	82.5%	85.6%	89.2%	86.1%	N/A	N/A	N/A
Took care of younger siblings or the health of someone in the home	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	41.9%	38.9%	N/A	N/A	N/A
Participated in after-school, youth, church, or teen center programs	N/A	N/A	N/A	N/A	52.2%	55.7%	51.9%	56.2%	59.8%	53.1%	62.9%	54.2%	67.3%	N/A	N/A
Engaged in enjoyable activities/interests during own time	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	93.4%	92.9%	91.7%	N/A	N/A	N/A
Ate dinner with family (5 or more days a week)	N/A	N/A	N/A	N/A	N/A	69.9%	59.8%	66.9%	64.9%	67.8%	67.0%	64.5%	N/A	N/A	N/A
<b>School &amp; Community Activities (school year)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Academic groups, tutoring, clubs, or student government at school	N/A	N/A	N/A	N/A	42.2%	36.0%	42.0%	40.9%	50.8%	48.7%	51.6%	50.4%	N/A	N/A	N/A
Academic groups, clubs, tutoring	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	25.2%	22.6%	32.8%
Student government	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.9%	8.1%	7.1%
Music, band, choir, arts, or theatre	N/A	N/A	N/A	N/A	44.7%	47.2%	54.7%	61.4%	56.3%	57.8%	65.6%	70.7%	18.0%	25.9%	26.3%
Visual arts, painting, drawing	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	10.8%	15.1%	11.7%
Digital media, graphic design, photography, film	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4.8%	5.7%	4.11%
Community service, in or out of school	N/A	N/A	N/A	N/A	24.1%	27.9%	31.4%	35.2%	27.5%	26.3%	28.3%	35.7%	3.0%	4.8%	7.7%
School organized or intramural sports	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	42.5%	48.3%	42.6%	42.1%	4.2%	34.9%	38.5%
Community organized youth sports	N/A	N/A	N/A	N/A	N/A	41.7%	40.4%	39.9%	51.8%	46.1%	43.7%	41.6%	21.4%	26.5%	31.3%
Leadership development, youth empowerment or advocacy groups	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.6%	3.4	3.1%
Internship	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.7%
Faith-based activities	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4.6%	4.6%	5.4%
<b>Barriers to Participating School &amp; Community Activities (this school year)</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
No barriers	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	62.1%	57.0%	50.8%
I did not know of or about them	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	14.4%	7.4%	8.0%
They were full	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4.3%	6.2%	7.5%
They were too expensive	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.6%	3.3%	3.2%
They were hard to get to	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.0%	3.3%	4.0%
They were hard to sign up for	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.1%	1.9%	2.5%
I had too much homework	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	7.5%	5.5%	10.7%
The time conflicted with my job (paid work)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	15.0%	0.7%	0.4%
I was needed at home	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3.7%	5.1%	4.2%
My family was against me participating in them	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.6%	2.2%	2.0%
I lacked self-confidence, motivation, or felt burnt out	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	10.3%
My friends did not participate in them	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	5.3%	7.8%	10.8%
The participant demographics didn't reflect my own	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1.3%
I didn't feel comfortable or safe	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2.6%
<b>Theft</b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>	<b>2022</b>	<b>2024</b>
Stole or shoplifted from a store	N/A	22.7%	17.6%	14.1%	14.0%	9.9%	11.9%	7.9%	6.4%	7.3%	7.5%	8.7%	N/A	N/A	N/A