

## **New COVID-19 Booster Recommended for Children age 5 and Older**

A **new updated COVID-19 booster** is available that protects against Omicron variants and is very good at preventing serious illness. The new booster is now approved for children age 5 and older. Children (and adults!) can get this booster if it has been at least 2 months since their last COVID-19 vaccine dose (initial vaccines or booster).

The new booster is called a bivalent booster because it protects against several strains of COVID-19. The bivalent booster was made to protect against the COVID strains that are predicted to circulate heavily this fall and winter. The best thing you can do to protect yourself and your family from illness caused by COVID-19 is to get the bivalent booster.

The Cambridge Public Health Department is hosting COVID-19 and Flu Vaccine Clinics in many locations across the city.

Appointments are encouraged. Walk-ins are also welcome. To sign up for an appointment, go to <https://home.color.com/vaccine/register/cambridge>. You can also scan this QR code using your cell phone camera:



COVID boosters and flu shots are also available at most local pharmacies (CVS, Walgreens, Osco and Inman Pharmacy). Although appointments for the bivalent booster for children age 5 - 11 may be limited at pharmacies at this time, the boosters are expected to be widely available soon. You can also search for locations at <https://vaxfinder.mass.gov>.



## COVID-19 and Flu Vaccine Clinic Calendar

The Cambridge Public Health Department is hosting free flu and COVID-19 vaccine clinics for the Cambridge community. Seasonal flu vaccines and COVID-19 vaccines, including the bivalent booster, will be available. People are encouraged to register for appointments at <https://home.color.com/vaccine/register/cambridge>. Walk-ins are also welcome.

### **October 19, 2022**

4 p.m.–7 p.m.

Reservoir Church

170 Rindge Avenue

*VaxAbilities Clinic ([bit.ly/VaxAbilities](https://bit.ly/VaxAbilities))*

### **November 16, 2022**

4 p.m.–7 p.m.

Reservoir Church

170 Rindge Avenue

*VaxAbilities ([bit.ly/VaxAbilities](https://bit.ly/VaxAbilities))*

### **October 20, 2022**

4 p.m.–7 p.m.

Pisani Center

131 Washington Street

### **November 17, 2022**

4 p.m.–7 p.m.

Pisani Center

131 Washington Street

### **October 21, 2022**

1 p.m.–4 p.m.

Cambridge Community Center

5 Callender Street

### **November 18, 2022**

1 p.m.–4 p.m.

Cambridge Community Center

5 Callender Street

### **November 15, 2022**

4 p.m.–7 p.m.

King Open School

850 Cambridge Street

COVID-19 vaccines and boosters and flu vaccines are safe, effective, and free. You do not need a social security number, an ID, or health insurance to get vaccinated. To learn more, go to [www.cambridgepublichealth.org](http://www.cambridgepublichealth.org).