

Make Your Own Chef Hat!

Follow the steps below to make a paper chef hat and decorate it with your favorite foods!

Materials:

- White poster board or paper
- White tissue paper
- Tape and gluesticks
- Paper clips



How to Make Your Chef Hat:

1. Cut a band of white poster board (or thick white paper) that is about 26 inches long and 3-4 inches high. **This is the band that will go around the child's head.**
2. Fold 3 pieces of tissue paper in half lengthwise. **The tissue paper will be the tall, center part of the hat.**
3. Gather the 3 pieces of tissue paper and tape the shorter ends along the poster board, overlapping the tissues by about an inch. The tissue paper should be attached all along the end of the poster board.
4. Curl the band (tape side out) and place it around the child's head to measure where to seal the ends. Paper clip the ends together and make a mark where to seal it together when everything is done.
5. Gather the tissue paper at the top and form a poofy top to the hat. Tape the tissues tightly to the other side of the poster board.
6. Cut off any extra tissue paper that hangs below the poster board band, remove the paper clips and turn the hat right side out.
7. Tape the band in place (where you marked it earlier) and puff up the tissue paper portion so it stands tall.
8. Get creative: on the band (not the tissue paper), draw your favorite foods or cut food images from magazines, seed catalogs, grocery store flyers, etc., and tape or glue them onto the band!