

# Gid Resous pou Manje nan Cambridge

## Bank alimantè yo

Orè ak enfòmasyon sou kote yo ka chanje, e pwogram yo ka gen restriksyon sou kalifikasyon. Nou sijere w konfime tout detay ak pwogram yo dirèkteman.

<b>Cambridge Economic Opportunity Committee (CEOC)</b> 11 Inman St., 617-868-2900 Madi 12-2p; Jedi 11am-1pm	<b>Cambridge Economic Opportunity Committee (CEOC) Komite Opòtinite Ekonomik Cambridge (CEOC)</b> 266B Rindge Ave., 617-686-2900 Lendi & Mèkredi, 2-6pm
<b>St. James Episcopal Church/Helping Hand Food Pantry</b> 1991 Mass Ave, 617-547-4070 2 <sup>yèm</sup> & 4 <sup>yèm</sup> Samdi nan mwa a, 9-11am	<b>Mass Ave Baptist Church/Project Manna</b> 146 Hampshire St., 617-868-4853 3 <sup>yèm</sup> Samdi nan mwa a, 8am (jiskaske pwovizyon yo fini)
<b>East End House</b> 105 Spring St., 617-876-4444 Madi & Vandredi, 1pm	<b>St. Paul Parish</b> 29 Mt. Auburn St., 617-491-8400 Samdi, 10am-12pm
<b>Cambridge Community Center</b> 5 Callender St., 617-547-6811 Madi jiska Vandredi, 1-3pm	<b>St. Paul AME Church/Elnora Yard Food Pantry</b> 85 Bishop Allen Dr., 617-661-1110 Mèkredi 3-5pm; Jedi 12-2pm
<b>Margaret Fuller Neighborhood House</b> 71 Cherry St., 617-547-4680 Mèkredi 4-6:30pm; Jedi 2-5pm; Vandredi 9am-12pm; Samdi 10am-1pm	<b>Salvation Army</b> 402 Mass Ave., 617-547-3400 Lendi, Mèkredi, Vandredi 11am-1pm (Disponib tou Lendi-Vandredi sou randevou)

## Pwogram Livrezon Lakay Food For Free Healthy Eats

Pwogram livrezon Lakay Food For Free Healthy Eats pote bwat pwovizyon pou rezidan Cambridge ki kalifye, ki pa gen anpil revni, ki pa kapab jwenn aksè nan gadmanje manje tradisyonèl yo akòz maladi oswa andikap epi ki pa gen fanmi oswa moun k ap okipe yo ki kapab ede yo ak pwovizyon. Aplikan ki gen mwens ke 80 ane dwe bay yon referans medikal ki eksplike andikap oswa pwoblèm ki anpeche yo gen aksè nan gadmanje lokal la ak moun ki pou ale pran manje sou non yon . Patisipan yo p ap enskri san yon nòt medikal. Pou w aplike, tanpri rele 617-273-0817 oswa vizite [bit.ly/2UBoGSx](http://bit.ly/2UBoGSx)

## SNAP, WIC & Plis toujou

Pou plis enfòmasyon sou **SNAP, WIC oswa lòt resous asistans manje**, tanpri kontakte Project Bread nan 800-645-8333, oswa Cambridge Economic Opportunity Committee (CEOC) nan 617-868-2900.

Pou w aprann plis enfòmasyon sou kijan pou w itilize **SNAP, SNAP Match, oswa HIP nan mache fèmye Cambridge**, tanpri vizite: [bit.ly/SNAPMatch](http://bit.ly/SNAPMatch)

Pou plis enfòmasyon sou **magazen ki aksepte SNAP oswa WIC nan Cambridge**, tanpri vizite: [bit.ly/CambSNAPstores](http://bit.ly/CambSNAPstores)

Si ou bezwen chanje enfòmasyon ki sou anons sa a, tanpri voye yon imèl pou [cambridgeinmotion@challiance.org](mailto:cambridgeinmotion@challiance.org)  
Pou w wè feyè sa a sou entènèt, tanpri vizite: [bit.ly/cambfoodguide](http://bit.ly/cambfoodguide)



# Gid Resous pou Manje nan Cambridge

## Manje Kominotè

Orè ak enfòmasyon sou kote yo ka chanje, e pwogram yo ka gen restriksyon sou kalifikasyon. Nou sijere w konfime tout detay ak pwogram yo dirèkteman. Tanpri remake manje a anpòte yo pral ranplase manje chita yo nan pi fò plas yo jiskasko yo bay yon lòt avi. **Tout repa yo gratis sòf si yo te note otreman.**

<b>Faith Lutheran Church/Faith Kitchen</b> 311 Broadway, 617-354-0414 2 <sup>yèm</sup> & dènye Madi nan mwa a, 6:30pm	<b>Food Not Bombs</b> 1 Central Sq. (Carl Barron Plaza) Samdi, 12-4pm
<b>Salvation Army</b> 402 Mass Ave., 617-547-3400 Chak jou, 11:30am & 12:00pm	<b>First Korean Church/Loaves &amp; Fishes Meal Program</b> 35 Magazine St., 617-491-1474 Samdi, 5:30pm
<b>Harvard Square Churches Meal Program</b> 0 Garden St., 617-966-6217 Jedi, 4-5:30pm	<b>Material Aid &amp; Advocacy Program (MAAP)*Pwogram èd ak defans materyèl (MAAP)</b> 5 Longfellow Park Madi & Jedi, 9am-3pm
<b>Mass Ave Baptist Church/Project Manna</b> 146 Hampshire St., 617-868-4853 Lendi, 1:30-2:30pm	<b>First Church Cambridge/The Friday Café</b> 11 Garden St., 617-547-2724 Vandredi: 12-3pm; Mèkredi: 4-6:30pm
<b>Solutions At Work</b> 1 Central Sq. (Carl Barron Plaza), 617-401-5335 Lendi-Vandredi, 4-5pm	<b>Legliz ki fèt deyò a</b> Dyò nan Porter Sq. Estasyon T Dimanch (apre sèvis), 9-10:30am
<b>Hope Fellowship Church*</b> 16 Beech St., 617-868-3261 Madi ak Dimanch, 5-6pm	<b>Repa Jedi nan First Parish</b> 3 Church St., 617-876-7772 Madi, 4-6:30pm
<b>Citywide Senior Center</b> 806 Mass Ave, 617-349-6042 Lendi-Jedi, 11:30am-12:15 Yo dwe fè rezèvasyon pa telefòn avan 11am jou avan an Don yo sijere se \$3	<b>St. Peter's Church/CommonCare</b> 13 Sellers St., 617-547-7788 2 <sup>yèm</sup> & 4 <sup>yèm</sup> Samdi nan mwa (Septanm-Jen sèlman), 4:30-5:30pm (dat yo varye okazyonèlman)

\* Pou moun ki aktyèlman pa gen kote pou yo rete

Somerville-Cambridge Elder Services (SCES) bay yon varyete sèvis nitrisyon ak manje, tankou **congregate meals** and **Meals on Wheels** home delivery pou adilt ki nan laj 60+. Pou plis enfòmasyon, tanpri vizite [bit.ly/2Qs3kVB](https://bit.ly/2Qs3kVB) oswa rele 617-628-2601.

Si w gen enfòmasyon ajou pou w bay pou gid sa a, tanpri imèl: [cambridgeinmotion@challiance.org](mailto:cambridgeinmotion@challiance.org)  
Pou w wè feyè sa a sou entènèt, tanpri vizite: [bit.ly/cambfoodguide](https://bit.ly/cambfoodguide)

