## **Stretch Your Dollar at Farmers Markets**

### Ask the Market Manager about these benefits!

## **Use SNAP at Farmers Markets**

Use SNAP to buy healthy items, such as milk, bread, eggs, meat, fish, fruits and vegetables. You can buy fruit and vegetable seeds and plants too!

## **SNAP Match Up to \$15 Per Visit**

Spend \$15 with SNAP and get an extra \$15 for free to use at the market on SNAP eligible items. Available only at the Central Square, Harvard University, and Kendall Square farmers markets. P-EBT Match is also available at the Kendall Sq. farmers market.

## Use HIP For an Extra \$40-\$80 Per Month

Use your SNAP/EBT card to purchase an additional \$40-\$80 per month (depending on family size) of fruits and vegetables at farmers markets. If you have SNAP, you are already enrolled in HIP (Healthy Incentives Program), and this money is automatically added to your card each month.

## **WIC and Senior Coupons**

The Farmers Market Nutrition Program provides coupons to families that receive WIC and eligible seniors to be redeemed at participating farmers markets. For more information, please call:

- Cambridge WIC office: 617-665-3750
- Somerville-Cambridge Elder Services: 617-628-2601

## **Find a Cambridge Farmers Market**

#### **Central Square Farmers Market**

76 Bishop Allen Drive Mondays, 12-6 pm May 15, 2023 through Nov. 20, 2023 SNAP, SNAP Match, HIP, WIC & Senior coupons

## Charles River Farmers Market at the Charles Hotel

1 Bennett Street Fridays, 12-6 pm; Sundays, 10 am-3 pm Open year round (indoors December-April) SNAP, HIP, WIC & Senior coupons

## Charles River Farmers Market at the Morse School

40 Granite Street Saturdays, 10 am-2 pm June 4, 2023 through November 20, 2023 SNAP, HIP, WIC & Senior coupons

#### Harvard University Farmers Market

Science Center Plaza Tuesdays, 11:30 am-5:30 pm June 20, 2023 through October 31, 2023 SNAP, SNAP Match, HIP, WIC & Senior coupons

#### Kendall Square Farmers Market 350 Kendall St., Canal District

Thursdays, 12 pm-6 pm May 11, 2023 through November 16, 2023 SNAP, SNAP and P-EBT Match, HIP, WIC & Senior coupons

# **To learn more about SNAP, or for assistance enrolling**, contact the Cambridge Economic Opportunity Committee (CEOC) at 617-868-2900, or visit ceoccambridge.org/contact

For the most up to date information about farmers markets in Cambridge, please visit: <u>bit.ly/30b1j5R</u>



Updated June 2023