

What is Cambridge doing for everyone's health?

A Healthy City
for All

Cambridge's Community Health Improvement Plan works on three top priorities:

- 1 Helping neighbors bounce back from setbacks – together
- 2 Healthy eating and active living
- 3 Everyday mental health

What we're doing



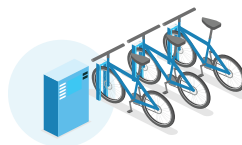
Food Access

Helped more than 1,000 people buy \$30 of fresh food for \$15 at farmers markets.



Community Projects

Funded 19 community projects on mental health, healthy eating, and physical activity.



Reduced-Price BlueBikes

Funded bike share (BlueBike) membership costs for low income residents – over 50% off!



Block Parties

Made it easier for residents to hold block parties and get up to \$200 for party costs.



Making Connection

Helped teens to connect with adults they trust.



Art Projects

Got funding for art projects to create shade in the community.



Networking Events

Supported connections among Cambridge social workers through a networking event.

You can help!

Connect with us at
CambridgeCHIP@
challiance.org or
617-665-3800.



Want to help **make Cambridge better?**

Learn more about the **CHIP**

Our efforts are part of Cambridge's Community Health Improvement Plan, which is often referred to as a CHIP. A CHIP is a type of public plan that brings together many kinds of people and organizations to improve public health. Partners across the Cambridge community are using the Cambridge CHIP, which is a five-year plan, to set public health priorities and to help with decisions about health and wellbeing.

The **CHIP's** priorities

After hearing from people across Cambridge, the City set three main priorities:



Community and social resilience

Being able to bounce back from a community-wide crisis.



Healthy eating and active living

Nutritious food that people can afford. Safe, fun ways for everyone to stay active.



Everyday mental health

How we feel as we go through the day, and how we feel about our lives.

You can be part of it!



Cambridge
Public Health
Department



A Healthy City **for All**

Be part of the CHIP

As someone living or working in Cambridge, you know a lot about the community. That knowledge can really help the CHIP. Join the work on any priority that you care about, and help Cambridge stay healthy and get healthier!

Let us know what interests you at bit.ly/chip-interest or connect with us at CambridgeCHIP@challiance.org or 617-665-3800.

To learn more about the CHIP, visit bit.ly/healthycambridge.