Cambridge Public Health Department
Mini-Grants 2022

Application for Youth Mental Wellness Projects Funding


*Cambridge Substance Use Prevention Programs* is pleased to sponsor **six mini-grants for $2000** to promote youth mental health and wellness initiatives in the city.

**Deadline for Proposal Submission – April 8th, 2022**

Organization Name:

Address:

Project Title:

Contact Person:

Contact Phone:

E-mail:

**Note: The contact person listed will serve as a liaison to the mini-grant staff. This individual will be responsible for planning and implementing the proposed project, sending updates and photos, and submitting an end-of-project summary.**
**Note: The decision to fund or not fund your application will not be impacted by other CPHD mini grants you have applied for.**

**Organization/Program Information**

1. In a few sentences describe your organization or program.

2. Who is your organization’s target population? In your response, please include any relevant demographic information and statistics.

3. In a few sentences describe how you currently work or provide outreach to this population.

**Project/Funding Information**

1. Briefly describe your proposed project. Please include your project aims and specific objectives. *(No more than 300 words)*

2. Please describe relevant project logistics including a timeline, dates/locations (as applicable), technical assistance that may be needed, and required staffing. *(No more than 300 words)*
3. Do you anticipate any challenges in successfully implementing your project? If so, please explain these challenges and how you plan to overcome them. (No more than 300 words)

4. If you plan to collaborate or involve other agencies to support your project, please list them here with a brief description about their involvement.

   Partner Organization Name(s):
   
   Role(s)/contribution:

   Note: If collaboration is essential for your proposal, you must include a letter of support from your partner(s) as an appendix.

5. What specific ages do you want to serve and how many do you expect to reach? (No more than 300 words)

6. How will this project increase the capacity of your organization to include mental health and wellness activities? (No more than 300 words)
7. How sustainable is your proposed project (i.e., will you be able continue all or part of
the project beyond 2022 without this grant funding)? How will your proposed project
or activity be integrated into your organization’s programs for future community
engagement in mental health and wellness? (*No more than 300 words*)

8. If you have any additional comments, please include them in the space below. (*No more
than 300 words*)
Project Budget

Provide an **itemized** budget for your program, using the table below. You must include the line item costs and a brief description for each line item. *Note: Text in italics are examples, feel free to delete them.*

<table>
<thead>
<tr>
<th>Item</th>
<th>Amount Requested</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Staff</strong></td>
<td></td>
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<tr>
<td><em>For example: 1 coach @ $20/hr x 5 hrs = $100.</em></td>
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<tr>
<td><strong>Supplies</strong></td>
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<tr>
<td><em>For example: 100 Widgets, $50.</em></td>
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<tr>
<td><strong>Equipment</strong></td>
<td></td>
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<tr>
<td><em>For example, 20 yoga mats, $300.</em></td>
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<tr>
<td><strong>Other Expenses (list and explain)</strong></td>
<td></td>
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<tr>
<td><em>For example, Refreshments at training, $50.</em></td>
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<tr>
<td><strong>Total (must add up to $1000)</strong></td>
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</tbody>
</table>