

# Gid Resous pou Manje nan Cambridge

## Bank alimantè yo

*Orè ak adrès yo gen dwa chanje, epi pwogram yo ka gen restriksyon sou kalifikasyon. Nou ankouraje w konfime tout detay yo dirèkteman ak pwogram yo.*

Cambridge Economic Opportunity Committee (CEOC)  
11 Inman St., 617-868-2900

madi, 12pm pou 2pm;  
jedi, 11am pou 1pm

East End House  
105 Spring St., 617-876-4444

madi ak vandredi  
1pm

Margaret Fuller Neighborhood House  
71 Cherry St., 617-547-4680

mèkredi, 4pm pou 6:30pm; jedi, 2pm pou 5pm  
vandredi, 9am pou midi; samdi, 10am pou 1pm

Project Manna  
146 Hampshire St., 617-868-4853

3<sup>yèm</sup> samdi nan mwa a  
8am (jiskaske pa gen anyen ankò)

St. Paul Parish  
29 Mt. Auburn St., 617-491-8400

samdi  
10am pou 12pm

Cambridge Community Center  
5 Callender St., 617-547-6811

soti madi pou rive vandredi  
1pm pou 3pm

Helping Hand Food Pantry  
364 Rindge Ave., 617-547-4070

2<sup>yèm</sup> samdi nan mwa a  
11am pou 1pm

St. Paul AME Church  
85 Bishop Allen Dr., 617-661-1110

mèkredi, 3pm pou 5pm;  
jedi 12pm pou 2pm

Salvation Army  
402 Mass Ave., 617-547-3400

soti lendi pou rive vandredi, ou dwe pran randevou  
(ou dwe yon rezidan nan Cambridge, Somerville oswa Arlington)

## Pwogram livrezon manje lakay gratis

Pami moun yo ki kalifye pou pwogram sa a gen rezidan Cambridge ki gen plis pase laj 60 an, oswa ki gen sistèm iminitè frajil, oswa ki gen yon andikap e yo pa gen ni zanmi ni fanmi ki kapab ale nan yon bank alimantè pou yo. Pou fè demann enskripsyon, tanpri rele 617-684-1854 oswa ale sou [bit.ly/2UBoGSx](http://bit.ly/2UBoGSx).

## Repa lekòl gratis

Cambridge Public Schools ap ofri dejene ak manje midi gratis nan sache pou tout timoun ki gen laj jiska 18 an kèlkeswa estati yo nan Manje Midi Gratis/ak Rabè a. Vin chèche ant 12pm ak 1pm, depi nan lendi rive nan vandredi (eksepte nan jou ferye). Repa yo disponib nan tout lokal Cambridge Public School yo, plis nan kafou 30 Cambridge Park Drive ak 362-364 Rindge Ave (devan apatman Fresh Pond yo). Pou enfòmasyon pou konplè ak pi ajou yo, tanpri ale sou: [bit.ly/CPSDremoteschoolmeals](http://bit.ly/CPSDremoteschoolmeals)

**Pou plis enfòmasyon sou SNAP, WIC oswa lòt resous èd alimantè**, tanpri kontakte Project Bread nan 800-645-8333, oswa Cambridge Economic Opportunity Committee (CEOC) nan 617-868-2900.



# Gid Resous pou Manje nan Cambridge

## Repa kominotè gratis

Orè ak adrès yo gen dwa chanje, epi pwogram yo ka gen restriksyon sou kalifikasyon. Nou ankouraje w konfime tout detay yo dirèkteman ak pwogram yo. Note sa tanpri: pifò kote, ou pa kapab ret chita pou manje ankò men y ap ba w manje pou w pote lakay ou.

Faith Kitchen 311 Broadway, 617-354-0414	2 <sup>yèm</sup> ak dènye madi nan mwa a 6:30pm
St. Peter's Church Common Care 13 Sellers St., 617-547-7788	2 <sup>yèm</sup> ak 4 <sup>yèm</sup> samdi nan mwa a 4:30pm pou 5:30pm
Salvation Army 402 Mass Ave., 617-547-3400	chak jou 11:30am ak midi
Pwogram Repa Loaves & Fishes 35 Magazine St., 617-491-1474	samdi 5:30pm
Pwogram Repa Legliz Harvard Sq. Churches 0 Garden St., 617-966-6217	jedi 4pm pou 5:30pm
The Friday Café 11 Garden St., 617-547-2724	vandredi, 1:00pm pou 3:00pm lendi, madi, mèkredi, samdi 5:00 pou 7:00pm
Material Aid & Advocacy Program (MAAP) 5 Longfellow Park (ap gen manje pou moun k ap dòmi nan lari)	madi ak jedi 9am pou 3pm
Hope Fellowship Church 16 Beech St., 617-868-3261 (gen manje disponib pou moun k ap dòmi nan lari)	madi, 4:30 pou 5:30pm dimanch, 4pm pou 5:30pm
Project Manna 146 Hampshire St., 617-868-4853	lendi 1:30pm (toutotan genyen)
Project Uplift 874 Main St., 617-864-6600	jedi 5pm pou 6pm
Cambridge Warming Center (gen manje disponib pou moun k ap dòmi nan lari) 806 Mass Ave., 857-292-1870	chak jou Dejene, 8am pou 10am; Manje midi, 12pm; Dine 4pm
The Outdoor Church Outdoors at Porter Sq. T Station	dimanch (apre lamès) 9am pou 10:30am

Somerville-Cambridge Elder Services (SCES) ofri yon varyete sèvis nitrisyon ak manje, sa gen ladan livrezon lakay **Meals on Wheels** pou granmoun ki gen laj omwen 60 an. Pou plis enfòmasyon, tanpri ale sou [bit.ly/2Qs3kVB](https://bit.ly/2Qs3kVB) or call 617-628-2601.

Si ou bezwen chanje enfòmasyon ki sou anons sa a, tanpri voye yon imèl pou [cambridgeinmotion@challiance.org](mailto:cambridgeinmotion@challiance.org)  
Pou w konsilte enfòmasyon sa yo sou entènèt, tanpri ale sou sit wèb [bit.ly/3bjPg8x](https://bit.ly/3bjPg8x)

