The Cambridge Public Health Department will be providing frequent updates to the community on coronavirus disease 2019 (COVID-19). We continue to receive queries from residents and employers expressing understandable concern about the disease, as well as potential disruptions to work, school, and our everyday lives. For the most current state and national information and guidance, please visit the [CDC](https://www.cdc.gov) and [Massachusetts Department of Public Health (MDPH)](https://www.mass.gov) COVID-19 websites.

**Risk in Cambridge, as of March 10:**
At this time, the risk of COVID-19 infection to most people in Cambridge is low. There is elevated risk for people who have, within the past 14 days:

- **Recently traveled to any of the “high risk” countries** identified by the CDC. These countries currently include China, Iran, Italy, Japan, and South Korea.
- **Recently traveled to areas of the U.S.** where there is ongoing community spread of the virus. For the most current information on U.S. cases, see [https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html](https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html).
- **Worked in a health care** setting caring for COVID-19 patients.
- **Had close contact** with people with COVID-19.

**Massachusetts Update, as of March 10**

- On March 10, Governor Charlie Baker declared a State of Emergency in Massachusetts to support the Commonwealth’s response to the outbreak of COVID-19. The Governor also announced new guidance for the state’s 42,000 executive branch employees to prevent and mitigate the spread of COVID-19, including:
  - Discontinuing all out-of-state work-related travel.
  - Canceling or virtually holding conferences, seminars, and other discretionary gatherings.
  - Informing employees not to attend external work-related conferences, seminars, or events.
  - Reminding employees feeling sick with fever or flu symptoms to not come into work.
  - Encouraging high-risk employees to talk with their supervisors to review possible alternative work assignments.
- The state health department is providing [daily updates](https://www.mass.gov) on Massachusetts residents who test positive (presumptive and confirmed) for COVID-19. People who receive a positive test result from a Massachusetts laboratory are considered “presumptive positive” pending CDC confirmatory testing.
- 92 Massachusetts residents had tested positive (91 presumptive positive; 1 confirmed) for COVID-19, as of March 10.
- Of the presumptive positive cases, 70 cases are associated with the Biogen management meeting held February 26-27 at a Boston hotel at which roughly 175 employees were present.
Cambridge Update, as of March 10 at 5 p.m.

- There are currently no positive cases (presumptive or confirmed) among Cambridge residents.
- The Cambridge Public Health Department’s nursing team, in partnership with the state health department, is currently monitoring 15 Cambridge residents who are either (a) connected to the Biogen meeting in Boston or (b) have recently traveled from mainland China or Iran.
- **Please note:** The number of people being monitored by CPHD nurses fluctuates on a daily basis as (a) monitored individuals complete their 14-day self-quarantine period and (b) the state health department identifies new individuals for local health department monitoring.
- **School Closures:** No school closures have been announced in Cambridge at this time.
- **City Event Cancellations:** Staff are assessing “non-essential” and discretionary citywide events following the March 10 State of Emergency declaration by Governor Baker.

This update and other information is available on the Cambridge Public Health Department’s Coronavirus (COVID-19) website.