

The Cambridge Public Health Department  
is Celebrating National Public Health Week!  
April 2–8, 2018

National Public Health Week Events

Public Health Poster Gallery

April 2-12

A poster gallery will be on display at Cambridge City Hall (795 Massachusetts Ave.) from April 2–12. The exhibit showcases Cambridge's progress in addressing the city's four health priorities: healthy eating and active living; substance abuse and mental health; violence; and healthy, safe, and affordable housing.

15<sup>th</sup> Annual Real World Public Health

April 4

A professional development symposium for graduate students in public health, sponsored by the Cambridge Public Health Department. Real World Public Health will be held at the CHA Windsor Street Care Center (119 Windsor Street) on Wednesday, April 4 from 8 a.m. to 2:40 p.m. This year's keynote speaker is Robert P. Marlin, MD, PhD, MPH, Director of Community Health Engagement and the Refugee Health Assessment Program, Cambridge Health Alliance. Open to public health graduate students and medical residents.



State House Visit

April 5

Members of the Massachusetts Substance Abuse Prevention Collaborative (SAPC) and youth from Arlington, Cambridge, Everett, and Somerville will meet with state legislators from these communities on April 5. The youth will share a position paper they developed on reducing underage drinking and discuss how youth alcohol use is impacting their communities, what they and other teens are doing to address it, and how legislators can support these efforts.

Mending Cambridge

April 5

Mending Cambridge is a men's leadership group that engages men in challenging stereotypes around masculinity and becoming active allies in working to end gender-based violence. The group will meet on Thursday, April 5 to plan its agenda for the next fiscal year. Mending Cambridge is a partnership between the city's Domestic and Gender-Based Violence Prevention Initiative and the Cambridge Public Health Department. For more information, contact Albert Pless at [apless@challiance.org](mailto:apless@challiance.org).

Youth Mental Health First Aid

April 6 and April 9

The Cambridge Public Health Department is hosting a free eight-hour training on Youth Mental Health First Aid, which teaches adults how to help adolescents experiencing mental health or addiction challenges. The training will take place on Friday, April 6 from 12:30 p.m. to 4:30 p.m. and Monday, April 9 from 9:30 a.m. to 1:30 p.m. at the CHA Windsor Street Care Center, 119 Windsor Street. For more information, contact Nancy Rihan-Porter at [mhfa@challiance.org](mailto:mhfa@challiance.org).

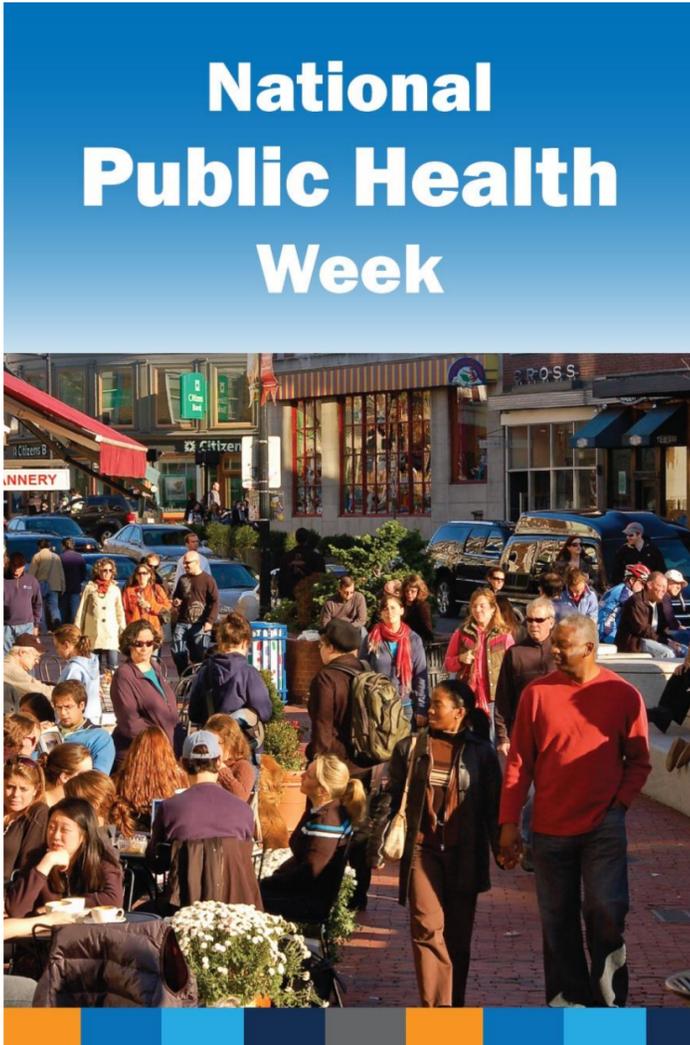
Mini-Grant Application Deadline

April 9

The Cambridge Public Health Department will award seven \$500 mini-grants and three \$1,000 mini-grants to support community projects that promote healthy eating and physical activity. Organizations eligible for mini-grants include community organizations, businesses, schools, garden and farm programs, and government agencies that serve Cambridge. To apply or learn more, visit [www.cambridgepublichealth.org](http://www.cambridgepublichealth.org).

About National Public Health Week

National Public Health Week is observed during the first full week of April, and has been celebrated by communities across the United States since 1995. Organized by the American Public Health Association (APHA), National Public Health Week is an opportunity to recognize the contributions of public health and highlight issues that are important to improving the nation's health. To learn more about National Public Health Week, visit [www.nphw.org](http://www.nphw.org).



This year's National Public Health Week theme is "Healthiest Nation 2030"

Other Cambridge Events

American Muslim Health Professionals Conference

March 31

The American Muslim Health Professionals, in collaboration with the Cambridge Public Health Department, held its annual conference on March 31 at MIT. This year's theme was "Innovation in Action: Solution to Public Health Challenges."

Minding Your Mind: Mental Health Education

April 23 and April 26

The Cambridge Public Health Department and Cambridge Public Schools are sponsoring a series of mental health presentations to CRLS students, school staff, and parents on April 23 and April 26. Led by the Mending Your Mind organization, these interactive presentations educate adults and youth how to recognize signs of stress, anxiety, and depression.

Prescription Drug Take-Back Day

April 28



The Cambridge Police Department and Cambridge Public Health Department are hosting a medication take-back day on Saturday, April 28 from 10 a.m. to 2 p.m. at the Cambridge Police Department, 125 Sixth Street in Cambridge. Personnel will be available to accept unwanted prescriptions, vitamins, and over-the-counter medications. If you cannot attend the event, unused medications may be deposited anonymously 24 hours a day, 7 days a week in the drop box in the first floor lobby of the police station.

Public Health Accreditation Board Site Visit

June 13–14

The Cambridge Public Health Department is hosting a site visit from the Public Health Accreditation Board (PHAB) on June 13-14, a major milestone in the department's four-year journey to become a nationally accredited health department. The PHAB team will evaluate whether CPHD meets rigorous national standards for U.S. health departments, based on interviews with staff, Cambridge Health Alliance Board of Trustees, and city and community partners, as well as the department's extensive written documentation. A final decision is expected later this year.

25<sup>th</sup> Annual Hoops 'N' Health

June 16



The 25<sup>th</sup> annual Hoops 'N' Health basketball tournament and health fair will take place on Saturday, June 16 from 10 a.m. to 6 p.m. at Hoyt Field in Cambridge. The event will feature men's basketball & other sports tournaments, health screenings, a free healthy lunch, kids' activities, live entertainment, prizes, and more! For more information, contact Richard Harding at 617-665-3769 or [rharding@challiance.org](mailto:rharding@challiance.org). The health fair will take place from 12 p.m. to 4 p.m. Rain date: June 23.